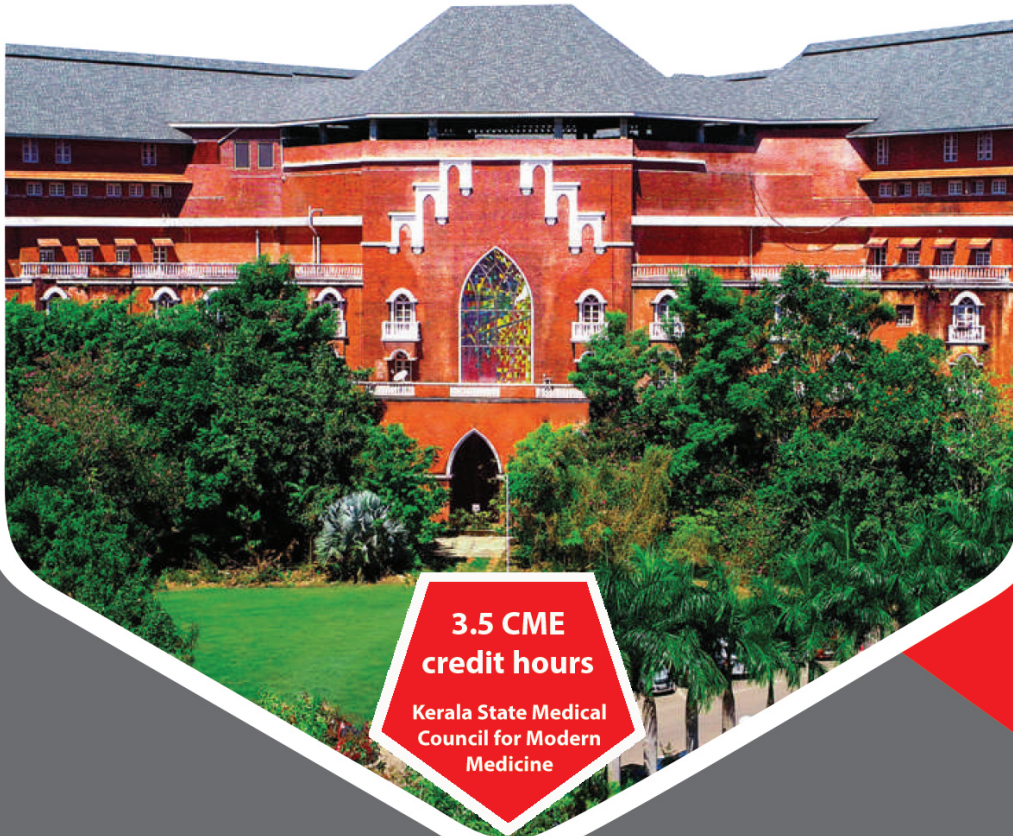




Believers Church
Medical College Hospital



ISSH



**3.5 CME
credit hours**

Kerala State Medical
Council for Modern
Medicine

80th

ISSH Basic Course in Hand Surgery in association with CTOS

(Central travancore orthopedic society)

**2024
DEC**

28

29

**Believers Church
Medical College Hospital**

The Indian Society for Surgery of the Hand (ISSH) is a professional organization focused on advancing hand surgery in India. Founded to enhance the education and training of hand surgeons, ISSH plays a vital role in organizing workshops, conferences, and training programs. The society emphasizes research and the sharing of knowledge on hand surgery techniques, rehabilitation, and the treatment of hand injuries and conditions. By promoting collaboration among professionals, ISSH aims to improve patient outcomes and raise awareness about hand health across the country.

Faculty



Prof. Dr. Bhaskaranand Kumar
Udupi
ISSH Basic Hand Course Convener



Prof. Dr. Anil K Bhat
Manipal
ISSH Basic Hand Course Director



Dr. Praveen Bhardwaj
Coimbatore



Dr. Sreekanth Raveendran
Vellore



Dr. Madhusudhan N C
Bangalore



Dr. Sheeja Rajan
Calicut



Dr. Jayachandran
Kottayam



Dr. Manoj Haridas
Trivandrum



Dr. Gopalakrishnan M.L
Calicut



Dr. Deepak Aravind
Thiruvalla



Dr. Binoy P.S
Cochin



Dr. Ajeesh Sankaran
Perinthalmanna



Dr. Arun Ravindran
Cochin

National

Kerala

28/12/2024

Day I: Registration and Breakfast: 8.30 AM to 9.00 AM

Capsule 1

Sl. No	Topic	Time	Speaker
1.	Introduction to the course	9.00 - 9.10 AM	Dr Bhaskarananda Kumar
2.	First Aid in hand injuries	9.10 - 9.30 AM	Dr Ajeesh
3.	Clinical evaluation of hand injuries	9.30 - 9.50 AM	Dr Anil K.Bhat
Discussion: 9.50 - 10.00 AM			

Capsule 2

Sl. No	Topic	Time	Speaker
1.	Radiology in hand injuries	10.00 - 10.15 AM	Dr Bhaskarananda Kumar
2	Anesthesia in hand injuries (Video) : Blocks in hand/wrist/WALANT	10.15 - 10.30 AM	Dr Madhusudhan
3	Hand injury Debridement (Video)	10.30 - 10.50 AM	Dr Praveen Bharadwaj
Discussion: 10.50 - 11.00 AM			

Tea break: 11.00 – 11.30 AM (15 minutes to be used for a brief inauguration of only lamp lighting and minimal speeches)

Capsule 3

Sl.No	Topic	Time	Speaker
1.	Basic consideration in tendon injuries	11.30 – 11.45 PM	Dr Binoy
2.	Acute flexor tendon injury (Video of tendon repair)	11.45 - 12.00 PM	Dr Jayachandran
3.	Acute extensor tendon injury (Video of tendon repair)	12.00 - 12.15 PM	Dr Sheeja Rajan
Discussion: 12.15 -12.30 PM			

Capsule 4

Sl.No	Topic	Time	Speaker
1.	Basic consideration in peripheral nerve injuries	12.30 - 12.45 PM	Dr Manoj Haridas
2.	Electro diagnosis (only interpretation of CTS or nerve injury demo of NCV report)	12.45 – 1.00 PM	Dr Anil K.Bhat
3.	Management of peripheral nerve injuries (Video of nerve repair)	1.00 – 1.15 PM	Dr Praveen Bhardwaj
Discussion: 1.15 – 1.30 PM			

Lunch Break: 1.30 - 2.00 PM

Capsule 5

Sl.No	Topic	Time	Speaker
1.	Middle & proximal phalanx fractures (Video of K wire fixation)	2.00 – 2.15 PM	Dr Madhusudhan
2.	Metacarpal fractures (excluding thumb) (Video of K wire fixation)	2.15 – 2.30 PM	Dr Sreekanth Ravindran
3.	Fractures and soft tissue injuries of thumb (Video of Bennett fracture fixation)	2.30 – 2.45 PM	Dr Thomas Angelo
Discussion: 2.45– 3.00 PM.			

Capsule 6 : Video session

Sl.No	Topic	Time	Speaker
1.	How to decompress carpal tunnel syndrome (Video)	3.00 – 3.15 PM	Dr Gopalakrishnan
2.	How to release 1 st extensor compartment of de Quervain's tenosynovitis (Video)	3.15 – 3.30 PM	Dr Jayachandran
3.	How to release a trigger finger (Video)	3.30 – 3.45 PM	Dr Deepak Aravind
Discussion: 3.45 – 4. 00 PM			

Day 2

29/12/2024

Capsule 7

Sl.No	Topic	Time	Speaker
1.	Acute Scaphoid fractures	8.30 - 8.50 AM	Dr Ajeesh
2.	How not to miss carpal instability	8.50 -9.10 AM	Dr Anil K.Bhat
Discussion: 9.10-9.15 AM			

Capsule 8

Sl.No	Topic	Time	Speaker
2.	Fracture lower end of radius (closed & external fixator treatment including videos)	9.15 - 9.30 AM	Dr Gopala Krishnan
3.	Internal fixation of distal radius fracture (exposure and Plating video)	9.30 - 9.45 AM	Dr Anil K.Bhat
Discussion: 9.45 – 10.00 AM			

Capsule 9

Sl.No	Topic	Time	Speaker
1.	Acute paronychia & Pulp space infection (techniques of drainage)	10.00 -10.10 AM	Dr Binoy
2.	Flexor tendon sheath and palmar space infection (techniques of drainage)	10.10-10.20 AM	Dr Deepak Aravind
3.	Acute compartment syndrome (Video of fasciotomy)	10. 20-10.30AM	Dr Sheeja Rajan
Discussion: 10.30 - 10.45 AM			

Tea break – 10.45 - 11.00 AM

Capsule 10

Sl.No	Topic	Time	Speaker
1.	Distal phalanx: Mallet injury and Nail bed injury (Video of nail bed repair & Acute Mallet injury fixation)	11.00 - 11.20 AM	Dr Sreekanth Ravindran
2.	Fingertip injury : VY/cross finger /Moberg flap videos)	11.20 - 11.40 AM	Dr Arun Raveendran
3.	Post operative dressing, slab, and casts (Video of slab/cast application)	11.40 – 12.00 noon	Dr Manoj Haridas
4.	Postoperative mobilization, splinting and hand therapy	12.00 – 12.15 PM	Dr Anil K.Bhat
5	Interaction and feedback about the course	12.15 – 12.30 PM	All Faculty

Lunch: 12.30 PM onwards

WORKSHOPS

Tendon Repair

ETHICON
Johnson & Johnson SURGICAL TECHNOLOGIES

Distal Radius & Hand
(saw bone)

Miraculus
Implanting LIFE

Suture Anchor

Arthrex

Registration

INR 1,500 (for consultants)
INR 1,000 (for Post Graduates)

For Queries:

Please contact: **9048 012 033**
E-mail: **hasthabcmch@gmail.com**



Prof. Dr. Vinoo Mathew Cherian
Organising Chairman



Dr. Thomas Angelo Skariah
Organising Secretary



Prof. Dr. Samson Samuel
President, CTOS



Dr. Georgy Kuruville
Secretary, CTOS



Dr. Jerry George
Treasurer, CTOS

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