

Indian Society for Surgery of the Hand

# Newsletter

January 1, 2021

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Please do not forget to read these

# ISSH Executive Council 2021 President, ISSH

President	From	To
Ravi Mahajan	1 <sup>st</sup> Jan 2019	31st Dec 2021
Secretary & Treasurer	1 <sup>st</sup> Jan 2019	31st Dec 2022
Pankaj Ahire		
Vice President	1 <sup>st</sup> Jan 2019	31st Dec 2021
Mukund Thatte		
Immediate Past President	1 <sup>st</sup> Jan 2019	31st Dec 2021
Ravi Gupta		
Managing Trustee		
G. Balakrishnan		
Trustees		
Bhaskaranand Kumar		
S. Raja Sabapathy		
EC Members		
Nilesh G. Satbhai	1 <sup>st</sup> Jan 2019	31st Dec 2021
Manoj Haridas	1 <sup>st</sup> Jan 2019	31st Dec 2021
Amit Varade	1 <sup>st</sup> Jan 2020	31st Dec 2022
Sanjay Kumar Giri	1 <sup>st</sup> Jan 2020	31st Dec 2022
Ajeet Tiwari	1 <sup>st</sup> Jan 2020	31st Dec 2022
Editor		
Praveen Bhardwaj	1 <sup>st</sup> Jan 2020	31st Dec 2024
Historian		
Vikas Gupta	1 <sup>st</sup> Jan 2020	31st Dec 2024
Webmaster		
Pankaj Ahire	1 <sup>st</sup> Jan 2020	31st Dec 2024

# Dr. Ravi Mahajan President



#### **Dear ISSH members**

I am writing to you at a juncture when we are passing through difficult COVID times and serving our patients under highly challenging circumstances. I hope and wish that every one of you and your family are keeping good health and staying safe.

As you are all aware, year 2020 had been declared zero year for the society as far as physical CMEs, ISSH annual conference and elections were concerned. However we did not want this to go down as zero year as far as academic activities of the society are concerned. Keeping this in mind, a very successful virtual Mid-term CME was organized in April 2020 by Dr. Parag Lad and his organising team from Mumbai and Thane. There was a record number of attendance on both the days of the CME and it was highly appreciated by one and all. Chennai team led by Dr. G. Karthikeyan had been very enthusiastically preparing to host ISSHCON 2020 at Mahabalipuram along with British Society of Hand Surgery as our guest society. Unfortunately, in view of the COVID situation, the meeting had to be postponed to next year. I am sure the organising team of now ISSHCON 2021 will be able to host a wonderful conference this year.

However in order to compensate for the loss of academics in view of cancellation of our annual conference this year, we have started ISSH webinar series in collaboration with The MediTube. We had our first opening webinar on 1st September 2020 by Dr. Amit Gupta from USA on "The Grasping Hand -structural and functional anatomy of the hand ". It was a wonderful exposition of structural and functional anatomy of the hand with never seen before photographs of the cadaveric dissection of hand. I must congratulate Dr. Nilesh Satbhai, co-ordinator of the ISSH webinar series, for organizing talks by eminent national and international experts every fort night on regular basis. I must also congratulate our dynamic secretary Dr. Pankaj Ahire for taking a great initiative of starting official ISSH video channel for ISSH members, which has started hoisting various hand surgery videos. I am sure this will give a great boost to educational activities of the ISSH for its members. Editorial team of ISSH under the leadership of Dr. Praveen Bhardwaj is also doing a wonderful job. The team has been given the responsibility to conduct virtual Mid-term CME this year in collaboration with British Society Surgery of Hand and we look forward to have an excellent programme.

ISSH had been invited as guest society for American Society of Hand Surgery annual conference to be held in October 2020 at San Antonio. However in view of COVID situation the meeting was held as virtual meeting and it was attended by a large contingent of Indian delegates with some of the wonderful talks given by Indian faculty.

I must congratulate Dr. S. Raja Sabapathy, international face of Indian hand and microvascular surgery, for taking over as president of APFSSH in March 2020 at Melbourne and also for holding the position of secretary general elect of IFSSH at the same time. I wish him, on behalf of ISSH, a wonderful tenure for both the prestigious posts. He has also been awarded honorary fellowship of American College of surgeons, which is a rare honour bestowed only on one Indian Plastic Surgeon (Dr. N. H. Antia), three other Indians surgeons and only 11 Plastic surgeons before him from all over the world since its inception in 1913. Indian society of Hand Surgery is extremely proud of this great achievement on the part of our illustrious member.

Handholding program of ISSH has been very close to my heart but unfortunately it could not be started in year 2020 but I am quite sure that we will be able to extend the benefits of this program to young surgeons in the year 2021

Wish you all a very happy new year and look forward to see you in person at ISSHCON 2021.

Stay safe. Stay healthy.

Ravi Mahajan

# Dr. Pankaj Ahire Secretary & Treasurer



Dear ISSH fellow members,

Just when everything seemed perfect, a tiny particle created ripples that refuse to settle. I hope and pray for good health of all of you and your near & dear ones.

We have had a few things to be proud of during this year.

ISSH was well represented at the APFSSH meeting in Melbourne in March 2020. Dr S Raja Sabapathy took over charge as the President of APFSSH. This was followed by an online Midterm CME of ISSH. The recorded version of this CME has registered a viewership of 6500. There were 82 full registrations at the ASSH 2020 Focus with Dr S. Raja Sabapathy delivering the presidential guest lecture.

It is a matter of pride that ISSH will be the International Guest Society at ASSH 2021 too.

We will see more online academic activities in days to come. Our conferences will look different. ISSH needs support of its members like never before.

With easy digital connectivity comes the ease of detachment too! We need to remain connected with our national Society and through it, with our international affiliations. ISSH office Executive council is making every effort to engage with members at regular intervals. As normalcy resumes, we hope to carry on the positives brought by online academic activities. We hope to have a full conference at Chennai in August 2021 under able leadership of Prof G Karthikeyan. February will bring us ISSH – BSSH combined CME which will be held on digital platform.

ISSH website will soon have a fully functional payment gateway to facilitate transactions related to ISSH activities. ISSH is offering subscription of Asia Pacific Journal of Hand Surgery to all its members at a discounted price of Rs 2500/- for the year 2021. The remaining cost will be borne by ISSH Trust in line with its commitment to propagating knowledge in the field of Surgery of the hand.

If ISSH is to sustain such activities and more in future, it needs to have sustained financial support from its members. The current avenues of funds for ISSH will fall short in achieving tall goals of the future. I sincerely appeal to all the members to donate to ISSH trust. The donations will be suitably recognized in the records of ISSH.

The constitution of ISSH is being rewritten. It is a laborious task and we are in the process of completing it soon. The draft will be placed before the members in the upcoming AGM for approval.

ISSH is instituting new awards and fellowships, the details of which are found in this newsletter.

ISSH membership is steadily growing and stand at 775 as on 31/12/2020. I appeal to you to help ISSH achieve the important milestone of 1000 members, after all our strength lies in numbers.

Lastly I wish to sincerely thank members of ISSH for supporting the proposal of marking 2020 as a null year, where by this year will not be counted in of the tenures or in the calendar of events.

Pankaj Ahire

# Dr. Mukund Thatte Vice President



Dear Members,

I thank you for choosing me as President 2022. We have more or less completed our Constitution amendment exercise to which I alluded last year. You will soon have it in your inboxes for consideration from our hon secretary. Covid19 has created havoc with our lives and our schedules. I hope sincerely that 2021 will be a safer year.

As the president for 2022 I look forward to welcoming you for ISSHCON 2022 which I am sure Dr Amit Vyas and his colleagues in Jaipur will conduct with great care to fulfil all expectations.

I am putting out my vision for 2022 12 months in advance so that all the members have time to implement my request. The vision is 'Measure the Indian normative data'. For too long we have depended on western data for our baseline measurements. We as a people are different from the people in Western countries, not only that within India we have significant differences in body size and shape. It is my request that at least a dozen centres start working on a dozen projects to measure normal anatomical and or physiological values in our population.

Prof. Dr MV Reddy has already made a start and so has Prof Anil Bhat, on two different projects. Dr MV Reddy has agreed to help coordinate efforts of others so that there is no duplication of effort. I request all members to put up proposals of their respective projects and send me an email on <a href="mailto:mthatte@gmail.com">mthatte@gmail.com</a> so that I can help coordinate this effort. In slightly over a year a lot of these projects will be complete, and we can dedicate one session in ISSHCON 2022 for it. Together we can do a lot. Let us all put our shoulders to this project and take it ahead to completion by end 2022.

I wish everyone good health in these difficult times. Stay safe and healthy.

Warm Regards,

Mukund Thatte

# Dr. Ravi Gupta Immediate Past President



As I write this message, we are bidding farewell to the tough year 2020 and entering the hopefully pleasant 2021. Although, tough, but it taught us lots of lessons and new ideas. The use of telemedicine, the preparedness for a pandemic, the virtual meetings and conferences and the role of non-interventional methods of treatment – all will go a long way in our practice. In our Covid hospitals, the faculty from all the specialities including Hand Surgery were called in to work in the care of the Covid patients.

Although the year was restrictive in terms of patient care and gatherings, but the academics of hand surgery as well as the routine activities of ISSH went unhindered. In fact, they became more punctual and well attended without any tiredness of travelling/staying and eating outside. Our dynamic secretary deserves a virtual applause for this.

As a responsible organization, now we should start developing some skills amongst our young members like the routine use of telemedicine, enhancing non-operative skills of treatment (wherever possible) and most importantly keeping abreast with the basic life support skills. Even when this pandemic ends, we must seriously think about continuing virtual meetings – at least some of them.

As we learnt about the sketching skills of our secretary in our most recent chat, in fact, the participation in non-academic literary and art activities have been well documented in the medical literature to enhance the personality traits of medical students. So I will propose that in our newsletter as well as during our conferences, there may be some section kept for such activities of our members.

Regarding the activities at the national level, now as the ISSH has attained the adulthood, it is high time to develop our regional/ zonal/ state chapters so that the hand surgery is popularized all over the country in a more effective manner.

In the end, I wish a very happy, prosperous, healthy, safe and marvellous new year 2021 to all our members particularly and to whole of the humanity in general.

#### Ravi Gupta

# Prof. G. Balakrishnan Managing Trustee



Dear Colleagues,

I am very happy to invite you all to the online Executive Committee meeting of the Indian Society for Surgery of the Hand ISSH 2020. I am pleased to present the Trustees report on behalf of the Trustees with details of Fixed Deposits Rs.1,05,80,000/- as shown in the Power Point for your perusal. In 2019 we have created one more deposit in the name of "Holding Hands" by the kind contribution of our President. The details of this programme will be elaborated by our President.

Now I am pleased to present the Trustees report on behalf of the Trustees with details of Fixed Deposits Rs.1,05,80,000/- as shown in the Power Point for your perusal. In 2019 we have created one more deposit in the name of "Holding Hands" by the kind contribution of our President. The details of this programme will be elaborated by our President.

#### **INCOME:**

During the Financial year 2019-2020 we had total receipts of Rs.24,38,933.00/- as shown in the slide. Rs.41,620/- from Acland book sale income, Rs.6,00,000/- from contribution ISSHCON-2019 , Rs.36,258/- received from SB A/c savings interest, Rs.8,00,000.00/- as contribution ISSHCON-2018 Coimbatore, Rs2,00,000 from ISSH-Amritsar contribution for Holding Hands from Dr. Ravikumar Mahajan & from Dr. Ruchi Gupta & Interest received from ISSH-B.B. Joshi Oration Fund Rs.17,717/-, Interest received from ISSH-Prof R.V. Oration Fund Rs.19,991/-, Interest received from ISSH-International Dues Fund Rs.1,15,451/-, ISSH National Travelling Fund Rs.36,919/-, ISSH-Acland and Overseas Travelling Fellowship Rs.95,738/-, ISSH-Corpus Fund Interest of Rs.1,64,651/- ISSH-APFSSH Fund Rs.32,283/-, ISSH-Holding Hands Fund Rs.9,246/-and Rs.1,23,018/- from ISSH.

#### **EXPENDITURE:**

Bank Charge & Forex conversion charges of Rs. 2,313.14/-, Courier & Postal expenses of Rs.15,348/-, Auditor's fees paid for Rs.35,400/-, Admin Expenses of Rs.32,000/-, Prizes and Medals of Rs.33,600/-, IFSSH Membership fee of Rs.93,626/-, Acland International Fellowship to Dr. Anand Sinha of Rs.1,00,000/-, National Travelling Fellowship contribution to Dr. Sanjay & Dr. Rohan Ashok of Rs.40,000.00/-, & BB Joshi Oration FUND a/c No.38441575181 New Deposit Rs.50,000/-, ISSH-Prof R.V. Oration Fund a/c No.38441575307(New Deposit) Rs.50,000/-, Acland Overseas Travelling Fellowship-3844157548 Rs.49,223/-,ISSH-International Dues Fund a/c No.38441480288 Rs.5,00,000/-, ISSH Corpus Fund a/c No.38441574777 Rs.5,00,000/-,National Travelling Fund a/c No.38441574007 Rs.2,00,000/-, APFSSH Fund a/c No.38441573819 Rs.30,000/-

ISSH-Holding Hands Fund a/c No.38441574959 Rs.2,00,000/-, The overall expenditure is Rs. 19,31,510.14 p.

We had a bank balance of Rs. 20,39,377.73 as on 31st March 2020.

ISSHCON 2019, a well conducted conference at Puri has contributed Rs. 6,00,000 towards the journal funding for 136 members of our society to Asian Pacific federation of Societies for surgery of the hand. I have already transferred USD 7752 to Singapore on 12/5 / 2020.

#### Allocation of Trust Fund for Journal contribution:

At this juncture I would like to make a point that we should pass a resolution for the yearly contribution towards APFSSH (Hard copy) and the Journal of Hand Surgery, American Volume (Soft copy) in the years to come for those ISSH members who attend the Yearly ISSHCON meetings which will motivate more members to attend.

As far as the funding for the above journals, part of it will come from the organizers of the ISSHCON of the respective years and the remaining balance is to be augmented from the interest out of a new Corpus Fund to be named as "Journal Fund". If you all agree we can contribute Rs. 14,00,000 towards this.

These contributions will not be adequate to fund the journals. Hence, I request the executive committee to pass a resolution so that voluntary Contribution from ISSH member to equate the deficient money to pay for the Journals. The voluntary contribution is to be decided by the Executive Committee and later ratified by General Body.

#### **Projected Expenditure For 2020-21:**

You are now looking at the projected expenditure as Rs.3,75,400

As the interest rates have been reduced the following two funds needs augmentation from the reserve fund as shown

1.ACLAND INTERNATIONAL FELLOWSHIP	Rs 1,00,000.00
2.NATIONAL TRAVELLING FELLOWSHIP	Rs 1,00,000.00

So we need Rs.5,75,400 to pay out for regular fellowships and oration medallions in 2020-21. We have now a bank balance of Rs 20,39,377.73. Out of this we need Rs. 5,75,400 towards next financial year expenses.

At the end of 2021 we will have Rs.14,63,977.73 Out of this we will utilize Rs.14,000,00 as Journal Fund and keep the remaining fund Rs. 63,977.73 as the soft fund for any other contributions.

#### **Nomination of New Trustees:**

As per the Trust Deed we need to change the Trustee who has been in the post for more than 6 years and make way for senior ex-presidents to hold office for another 3 years of

two terms. Prof. Bhaskaranand Kumar served as a Trustee for more than 6 years. So his position falls vacant. We have to elect a new Trustee in the place of Prof. Bhaskaranand Kumar

I would like the members of Executive Committee to help me to sort out this fund allocation issue and also to get the General Body approval.

On behalf of the Organizing Committee ISSHCON 2020, I welcome you all to Chennai.

Prof. G. Balakrishnan Managing Trustee

#### Dr. S. Raja Sabapathy Trustee



#### 'Men, Member Nations and Federations .......'

Nilesh asked me to write a piece for the ISSH Newsletter as Trustee of ISSH, and as an officer on the Asian Pacific and International Hand Society Federations on 'the developments that is happening in ISSH, APFSSH, IFSSH' and the way forward. He unfortunately did not specify the number of words. So, I am taking the liberty of putting into words, my flow of thoughts. In a digital world, it does not matter since the reader can just skip if the matter is not interesting. The onus lies on the writer to maintain the interest of the reader to keep going forward.

I think I am fortunate to have a ring side view, when constitutions are being rewritten in all the three organizations that matter to us — ISSH, APFSSH, IFSSH. The first lesson that comes out is, whatever be the size of the organizations ultimately people matter. Propelling the organization mainly rests with the time and effort that the Secretary, President, and the officers are willing to put in and the statesmanship they exhibit at the time of making decisions.

Writing the constitution, I am convinced needs a deep understanding of the field of Hand Surgery, the needs, and aspirations of all the stake holders and the ability to be fair and balanced when dealing with issues with conflicts. The US constitution was written in 1787, ratified in 1788 and in 1791 the Bill of Rights was also ratified with 10 amendments. Since 1791, only 17 amendments have been added. Indian constitution adopted in 1950 has been amended 104 times. Getting a unique blend of rigidity and flexibility to enable growth with the passage of time is a challenge and it must be done only with a clear purpose for the change.

#### International Federation of Societies for Surgery of the Hand (IFSSH)

IFSSH is now registered as a not for Profit organization under the laws of the State of Illinois, USA. At the Berlin Congress, at the EC meeting it was decided that major changes will be made in the constitution to achieve the following aims.

 To increase the avenues for more participation in the affairs of the IFSSH by the member nations. With 60 member societies, it was felt that the current strength of the Ex Co was small. Currently the Ex-co consists of President, President-Elect, Secretary-General, Secretary-General Elect, One member-at-large and a Historian. With the congress held once in 3 years the number of spots where in people could enter in is exceedingly small. It has now been decided that we will have 5 member-at-large positions

- It was felt that the scope of work of the post of Historian has become less in the digital world and to increase the scope the post will be renamed as Communications Director enlarging the responsibilities to include the role of managing the social media.
- 3. To reduce the time of the Presidential line it has been decided to do away with the posts of Secretary-General Elect and President-Elect so that the timeline for the leadership is short. All the three changes will take effect from the next congress in London scheduled to be held in 2022.
- 4. Another important suggestion of the EC was to make the triennial meeting to biennial meeting from the Washington meeting of 2025.

These major points and many other minor points were discussed in the delegates council and voted upon. By a majority the new bye-laws were accepted. During the discussion a some delegates still preferred the Triennial rotation of the congress. A vote was later held specifically for this purpose and the majority supported to retain the triennial rotation of the IFSSH congresses. This leads to the challenge of having the congress once in three years with the officers rotating over 2 years. The Ex Co is involved in finding the best system to carry this forward.

The committee is dynamic, forward looking and rearing to make changes for easier reach of the goals of the Federation. These and so many of these changes show that the future is exiting.

One personal lesson learnt was the professionalism with which it was done enlisting the services of lawyers experienced in writing the constitution of big organizations. Perhaps that would be a good idea to follow for us too so that not only the constitution that is written reflects the purpose of the society but also stands legal scrutiny.

IFSSH strongly stands for supporting educational activities and I strongly suggest that our members visit the website and go through the educational resources and IFSSH E zine. Many articles of the E Zine are relevant for any time. E Zine could be a model for us to improve the scope of the content of our newsletters. Please visit the website www.ifssh.info

# Asian Pacific Federation for Societies for Surgery of the Hand

APFSSH also has moved forward. Some major accomplishments are as follows

1. Now we have set up a permanent office for the APFSSH at Singapore. I think this is a great achievement in the annals of the APFSSH. We have achieved it since the first meeting was held at Perth in 1997. This proposal to have the permanent office in Singapore was ratified during the APFSSH meet at Cebu, Philippines. I was happy that I was the Secretary-General of the APFSSH at that time and gratified at the clear thinking shown by the delegates in coming to a decision. The matter could be well appreciated when we consider that many national

- professional organizations find it difficult to come to a conclusion on the choice of the headquarters city.
- A bank account has been started now, and this will enable us to raise funds, collect yearly subscriptions and set up good educational initiatives. Hong Kong society was kind enough to send US \$ 20000 which they were safe keeping since they organized the APFSSH congress in 2008.
- 3. To enable us register as a not-for-profit society in Singapore we had to pass stringent requirements, and to adhere to Singapore laws a new constitution was made and a bank account was set up with the help of our Singapore colleagues Alphonsus Chong and Sandeep Sebastin.
- 4. In the APFSSH also we have made structural changes to make member participation more inclusive. Had it not been for the Covid we would have initiated more of these schemes. In the APFSSH also we have introduced to have Members-at-large positions. Five positions have been created and three were nominated in the Melbourne meeting and two to be filled up in the coming years.
- 5. In addition to the eponymous Tajima Lecture, another lecture titled, Presidential Guest Lecture to be conducted annually was instituted at Melbourne. I had the privilege to deliver the inaugural lecture on the topic, 'Building Institutions and Beyond'. Rapid changes were effective since the ex co started meeting yearly since the Cebu meeting in the Philippines. More focussed discussions yielded results.
- The Journal of Hand Surgery of the Asia Pacific region is getting more popular.
   Four issues are published every year and from 2022, six issues will be published every year.
- 7. As President of the APFSSH, I see more active participation of Indian Surgeons in the APFSSH and growth in the organization. My presidential theme is "Providing Quality Hand Surgery care to the Millions who are less privileged'. Hope the Covid scenario will pass on and we are able to carry out our plans
- 8. Please visit the website www.apfssh.net

#### American Society for Surgery of the Hand

India had the great honour of being invited as the Guest nation, the first time in the 75 year history of the ASSH. The great moment and the joy of being in person at San Antonio was lost due to the Covid and the meeting becoming virtual. A record number of 82 Indian surgeons registered for the virtual ASSH meeting. There was active participation of Indian surgeons in symposia, panel discussion and I had the honour of delivering the Presidential Guest Lecture.

As a goodwill gesture, the outgoing President Martin Boyer and the incoming President Kevin Chung once again offered the Guest nation status to India for the 2021 ASSH

conference to be held in San Francisco (Sept 30 - Oct 2, 2021). India will be the guest nation along with British Society for Surgery of the Hand which was the original plan

## **British Society for Surgery of the Hand**

The ISSH conference at Chennai in 2020 was supposed to be a joint ISSH-BSSH meeting. Since we declared 2020 as a zero year we pushed the conference to 2021. We are happy that once again it will be a ISSH-BSSH conference and it is to the credit of the leadership of both societies to sustain the interest even though both the societies will also be the Guest nations at the ASSH at San Francisco. A mid-term educational initiative is also being planned and details of both the events will be shared with you by Dr G Karthikeyan, the organizer of the 2021 conference and Dr Praveen Bhardwaj our academic secretary.

Finally, we all need to cross over this COVID period safely. It is a stress on everyone and we should bear it well. Even when the country opens up things may never be the same, and as a society we need to constantly think as to what best we can do to deliver better care to our patients and individually how to come out stronger.

S. Raja Sabapathy

#### Dr. Bhaskaranand Kumar Trustee



#### Dear friends

2020 had been a tough year in which COVID19 Took a big toll on all of us. It had taken the world mentally, physically, financially and you name it, in every was way we have suffered. We, in the scientific field, could not conduct conferences, CMEs, workshops and many such academic activities.

In spite of this, I am happy to note that many could attend a lot of webinars to satisfy our academic hunger. The negative aspect has been that we could not meet our friends personally.

During the next new year 2021, I wish we will be able to meet each other and attend many academic activities.

Wishing you all a happy 2021.

Looking forward, Dr. Bhaskaranand Kumar

#### Dr. Nilesh Satbhai EC Member at large



Dear friends, Warm Greetings!

We are passing through a difficult and unique phase. The COVID-19 pandemic had paralyzed the entire world (only for some time...). But all of us are already getting adjusted to the 'new normal'!

#### Zero Year?.....not really!

On the association and academic front, we did declare 2020 as a 'Zero Year'... This was mainly because of our inability to meet in person and hold conferences and meetings. I believe that webinars and online meetings are poor substitutes for physical meetings, but nonetheless, virtual meetings are here to stay.

ISSH started its online webinar series since 1<sup>st</sup> September 2020. This has been a fortnightly activity and has been tremendously successful. We have to extremely lucky to rope in the world leaders and illustrious masters across the globe to share their knowledge and expertise on the most basic and fundamental topics and concepts. At a personal level, it has been very enriching experience in coordinating these webinars for the benefit of all our members.

Our activities pertaining to the website and app upgradation, social media initiatives continue to progress as scheduled. The work on the ISSH merchandise is on hold currently, due to the slowdown of industries and service providers. I plan to resume it soon. It is a promise and commitment on my part to deliver these items at the earliest.

I sincerely believe the lockdown has done more good to all of us. We have all realized the importance and benefits of slowing down and introspecting. We have all explored the other (equally essential) side of life. Each of us has have found solace in some or other mindful pursuits.... family time, art, music, craft, cooking, fitness and exercise...

It is a matter of immense satisfaction and gratitude, that our team at Global Hospitals, Mumbai performed the first successful bilateral Hand Transplantation of Western India, on 28<sup>th</sup> August 2020. Our team which comprised of several ISSH members across the country (Prof. Amresh Baliarsing, Akshay Deshpande, Vispi Driver, Mohit Sharma, Selva Seetharaman).

The post-covid era is surely going to pose new challenges. The pattern and practice of Hand Surgery will change as well. But I am sure we will come out of this with improved strength, vigour and a stronger mind...!

Life isn't about waiting for the storm to pass...
It's about learning to dance in the rain...!

Wishing a very Happy and Prosperous New Year 2021 to all of you.

Warm regards, Nilesh G. Satbhai

#### Dr. Manoj Haridas EC Member at large



#### THE EQUILATERAL TRIANGLE CONCEPT OF HAND SURGERY

One of the questions a hand surgeon gets asked frequently is "doctor will I be able to use my hand as before and if so, how long it will take? To answer this rather innocuous but perplexing question, I use the "equilateral triangle concept".



After drawing and showing this diagram to the patient, I explain that, for achieving optimal outcome after a surgery on the hand, equal contributions are absolutely required from the "3" important players involved in the game.

The first player here is the surgeon, who with knowledge, skill, dedication and technique contribute 33% ( or 1/3 rd) to the goal of achieving perfection. The next 33% is contributed by you, the patient by carefully understanding the problem explained by me and by participating whole heartedly in the rehabilitation programme. The hand therapist with his/her skill and proficiency contributes the remaining 33%. The final 1% is contributed by God as a reward for the close co-operation showed by the 3 players!!!.

The arrow mark on the sides of the triangle shows the close collaboration and discussion between the 3 players during the course of the treatment.

So, to summarise, whenever a patient gets optimum—function after a complex hand surgical procedure, it can be presumed that all the 3 players involved have contributed equally to the sides of the triangle, making it an 'equilateral one'.

Manoj Haridas

# Dr. Sanjay Kumar Giri EC Member at large

It is a matter of great happiness and pride for me to write the message. First of all, I am thankful to General Body and ISSH members for selecting me as EC member of ISSH. I have been fortunate to work under dynamic secretary Dr Pankaj Ahire and President Dr Ravi Mahajan and all honourable senior office bearers. I will contribute for betterment of the society by sincerely working as per instructions given by office bearers. I was very glad being a part of Indian delegate to attend 12<sup>th</sup> APFSSH in Melbourne from 11<sup>th</sup> to 14<sup>th</sup> March.

I belong to Odisha state, where concept of Hand surgery practice is not there and will put an effort to make awareness of hand surgery among our medical fraternity and Public. To make more Hand surgeons, encourage young plastic surgeons and orthopaedics of our state, both the societies of our state are combinedly planning for starting a fellowship to send one surgeon from our state every year to a reputed Hand hospital for a month to take training on hand surgery alternately from orthopaedics and plastic surgery. I promise to work in close association and guidance of other office bearers to accelerate pace of growth of society.

Sanjay Giri

# Dr. Ajeet Tiwari EC Member at large



Honorable members of ISSH,

Very Warm Greetings of New Year 2021

As we all are passing through tough time and whole world is fighting this notorious COVID 19 bugs, our activities are not affected grossly. We are moving forward with same energy and enthusiasm. We hope for better year from 2021.

I would love to quote famous statement of American author **Robert Heinlein** "A generation which ignores history has no past and no future".

Glad to share you that we are working hard to curate archives of history of ISSH so that we can present contributory work of giants on whom shoulders we are riding, to the honorable members. We are trying to collect all possible old photographs, mementos and souvenirs to keep them in ISSH archives because they are priceless treasures.

We are also working on membership drive though it was COVID period still many new members have joined our family. We welcome them. We are still away from mark of 1000 members but very soon we will touch that mark.

Many other projects are on track about that members will be updated time to time.

You all please take very best care of yours and your family members

Stay Safe, Stay Healthy

Regards Ajeet Tiwari

# Dr. Amit Varade EC Member at large



Dear all members of ISSH,

We all are going through a very difficult time of COVID 19 pandemic. Hoping that it will be controlled soon.

I strongly believe that if you see problem as opportunity rather than seeing as a problem then we can find new ways.

As physical meetings and conferences are not possible, we all found out online platform as a new way for learning and interacting with giants in the field of hand surgery.

ISSH has successfully conducted Midterm CME online in April 2020 organized by Dr Parag Lad and also conducting ISSH webinar series in which Stalwarts in the field of hand surgery across the world are sharing their knowledge and experience.

Under able guidance of President Dr Ravi Mahajan, dynamic Hon Secretary Dr Pankaj Ahire and senior members of executive committee, lot of work is going on to provide maximum benefit in the form of academic activities, journals and videos of surgical procedure to all ISSH members.

I would like to appeal all the respected members of the society to encourage plastic and orthopaedic surgeons in your city, region, state to become member of ISSH to avail all these benefits. It will help to grow our society and our patients will also be benefited.

Wishing all of you a very happy and safe new year.

Amit Varade

# Dr. Praveen Bhardwaj Editor, ISSH

# T T

#### ISSH Editors Group Activity-2020:

ISSH Editor: Dr Praveen Bhardwaj 1st Jan 2020 – 31st December 2024

I am so proud to represent this team of talented and enthusiastic members of the 'ISSH Editors Group'. The group comprises of,

The ongoing academic activities- Article of the month; Picture of the month and Sunday







Ashwath Acharya



Vimalendu Brajesh



Subashini



Ajeesh Sankaran



Jayakrishnan

and our super active ISSH secretary general, Dr. Pankaj Ahire.

Reads- Weekly articles of great interest, were continued during this year. We posted nine scientific articles written by our members, eight elegant pictures and 50 interesting articles during this year. The involvement of the members has been encouraging and we have got lot of feedbacks. The feedbacks were mostly positive and encouraging and other helped us to improve. I would like to mention two senior members who have been providing feedback to almost every article and picture posted- Dr. Ravin L Thatte and Dr. Sudhir Warrier. Encouragement by the seniors and colleagues have kept our group vibrant! In excitement, we added two more activities towards the end of this year, namely-ISSH Members Practice Survey and ISSH Surgical videos. The first survey of the ISSH Members practice was about the treatment options for trigger finger. We had 110 responses and the interesting results of the survey were shared with all the members. It was greatly appreciated, and we expect that the future surveys would attract more participation. We started the ISSH Surgical Videos, on the auspicious occasion of Diwali, with the Flexor Tendon Repair video by our teacher-par-excellence, Dr. S. Raja Sabapathy. This video was greatly appreciated, and this activity was very welcomed by all members especially the younger ones. I am sure they will be greatly helped. We have also received many videos for the publications, and they are being reviewed by our editorial team. We will be uploading one video every month on the ISSH website. The intimation would be sent to

The excitement of this group would be further visible in the new academic activities planned for 2021! We plan to modify the weekly 'Sunday Reads' article to "Infographics". This would provide a quick and easily understandable information about the article in an appealing manner. On the last Friday of every month, we will have an "Educational Friday"

the members and they can login the ISSH website and watch these videos.

– an 'ISSH Journal Club' where we will discuss the articles sent during that month. So, there is lot of exciting stuff coming up in 2021!

I request all the members to actively participate in the academic activities and make best use of the hard work being done by the office bearers and the editors group. Let us together take ISSH to greater heights...

# Dr. Vikas Gupta Historian, ISSH



Historian's Report:

ISSH Historian: Dr Vikas Gupta 1st Jan 2020 – 31st December 2024

Historian Team Members;







Parag Lad

Ajeet Tiwari

Akram Jawed

As historians we aim to archive events of ISSH and experiences of office bearers.

Phase 1 - we have collected data about the past Presidents and Secretaries of ISSH. Annual meetings of ISSH - venue, Organizing Secretary, Organizing Chairman and Orators.

Phase 2a - interview with the past presidents of ISSH.

Phase 2b - collection of photographs and other artifacts related to ISSH activities and members and same accessible to members, something like eMuseum

# Dr. Pankaj Ahire Webmaster, ISSH

ISSH Webmaster: Dr Pankaj Ahire 1st Jan 2020 – 31st December 2024

Webmaster Team







Pankaj Ahire

Ravi Mahajan

Nilesh Satbhai

'Digital', 'Online' were the buzz words all through the past year. ISSH was no exception. ISSH held its Midterm CME online with OrthoTV, EC meetings on Zoom & Jio Platforms, Webinar Series on The MediTube, Sunday Reads on Email, Monthly Academic Article, Drawing of the month, scientific surveys......it was a busy year online!

I am proud to say ISSH is ready for this new reality.

ISSH now has a responsive website, a functional app, online payment gateway, its own video channel.

Find a hand Surgeon facility is functional on the website.

We will soon have an official WhatsApp group of ISSH, only for its members.

Sunday Reads Season 3 will start from first Sunday of 2021 in its new form – Infographics. Last Friday of every month will be an Educational Friday with online Journal Club.

A joint CME with British Society for Surgery of the Hand will be held online in February.

The webmaster team promises a strong online presence of ISSH.

Keep online

# Report of 6<sup>th</sup> Mid Term CME of ISSH (Webinar)

The 6<sup>th</sup> Mid Term CME of ISSH was conducted as a live webinar.

The physical meeting was scheduled on 11<sup>th</sup> and 12<sup>th</sup> April, 2020 at Thane. But due to wide spread Covid-19 infection, the meeting was deferred.

Finally, with due permission from ISSH EC, the meeting was conducted in the form of a live webinar on 24<sup>th</sup>,25<sup>th</sup>& 26<sup>th</sup>April, 2020 through OrthoTV channel. The course convener was Dr. Parag Lad.

Live sessions were conducted for three hours (4 pm to 7 pm), on each day, and included all sub-specialties of hand & reconstructive microsurgery.

The following sessions were conducted on each day:

Day 1: Hand fractures, crush injuries of hand & peripheral nerve injuries.

**Day 2**: Wrist fractures, carpal injuries, tendon injuries, infections in hand & wrist, usage of Splints

**Day 3**: Surgical tips on common hand problems, congenital hand differences, management of common catastrophes in hand injury or surgery.

There were 48 talks from 31 dedicated national faculty who are members of ISSH for the webinar. This was the first time that an ISSH CME was held as a webinar.

This webinar was free for orthopaedic surgeons, plastic surgeons, physiotherapists & occupational therapists across the world. The event was viewed live by more than 3500 delegates across the world on each day & till date we have around 6500 viewers who have watched this CME online. The academic content and time management was really appreciated by viewers as per the feedback received.

Though the social gathering of the 6<sup>th</sup> Mid Term CME was missed, this webinar proved to be beneficial for large numbers of viewers who could gain academic knowledge in the field of hand surgery.

# Report of ISSH Basic Hand Course and Cadaveric Hand workshop 21-23 February 2020

The Indian Society for Surgeons of Hand conducted a three day long academic fest at MIMER Medical College. The conference included a one day cadaveric hands-on training workshop and Basic Hand Course for two days. This was conducted under the aegis of the PCOA and the POA. It formed a part of the year-long Silver Jubilee celebrations at MIMER Medical College, Talegaon (D).

On 21st February 2020, the day started with 21 young and budding orthpods converging at the Dissection hall. The Doyens of Hand surgery endeavoured to teach the delegates the basics of hand surgery thoroughly. Demonstrations and lectures from Dr. Bhaskaranand Kumar, Dr. Anil Bhat, Dr. Abhijeet Wahegaonkar, Dr. S. Prashant and Dr. Ajeet Tiwari made the day a memorable one. All the delegates got the opportunity to perform the procedures on the cadavers independently.

As the appetites for knowledge were stoked, the days of 22nd and 23rd February included meaningful discussions on a variety of topics. The aforementioned experts were joined by their esteemed colleagues from all over the country. Every Topic was dissected, reviewed and debated from all theoretical points of view. The delegates provided an enthusiastic feedback and participation. A host of queries and doubts were cleared, and a lot of tough questions answered at the end of the day. Delegates indeed left the venue enlightened, having received the nectar of knowledge at the hand of the masters.

Enthusiastic faculty, eager delegates and a befitting venue made the three day programme an astounding and memorable success.



# **Executive Council Meetings:**

Unprecedented situations need unprecedented response.

ISSH Executive council held 3 meetings this year. Though we could not meet in person, we could streamline a lot of issues through these online meetings. Here are the minute of these three meetings



Minutes of meeting of the Executive council of ISSH held on 17/5/2020 from 1100 hrs. to 1330 hrs., online on Zoom Meeting platform (Due to nationwide lockdown in response to Covid-19 pandemic)

#### Attendees:

Dr Ravi Mahajan President, ISSH
Dr Mukund Thatte Vice President, ISSH

Dr Pankaj Ahire Secretary & Treasurer, ISSH Prof G Balakrishnan Executive Trustee, ISSH trust

Dr S Raja Sabapathy

Dr Nilesh Satbhai

Dr Manoj Haridas

Dr Ajeet Kumar Tiwari

Dr Amit Varade

Dr Sanjay Kumar Giri

Trustee, ISSH

EC Member

EC Member

EC Member

**Special Invitees:** 

Prof G Karthikeyan Organising Chairman, ISSHCON 2020

Dr Praveen Bhardwaj Dr Vikas Gupta Editor, ISSH Historian, ISSH

#### Agenda:

- 1. Welcome by Hon Secretary
- 2. President's address
- 3. Secretary's Report
- 4. Trustee's Report
- 5. Inspect and accept MOM
  - o EC meeting 2020 at Puri
  - o AGM 2020 at Puri
  - o 2<sup>nd</sup> EC Meeting at Puri
- 6. Review of various projects by EC members
  - Patient Education Material
  - o ISSH Recommended Splint & Instruments
- 7. Review of draft the Constitution of ISSH
- 8. Review Fellowship Proposals, Overseas Meetings, ISSH awards
- 9. Inputs from the special invitees: The Editor, The Historian & The organizing Chairman of ISSHCON 2020
- 10. Any other matter with the permission of the chair: to be conveyed in writing to the Hon Secretary on or before 14/05/2020.

- Dr Pankaj Ahire, Hon Secretary & Treasurer, ISSH, welcomed all the attendees and invited the President to assume the Chair.
- ISSH President, Dr Ravi Mahajan addressed the meeting. He enquired about the safely of all in the Covid 19 pandemic wished for everyone's good health.
- Dr Pankaj Ahire presented the secretary's report.

Hon. Secretary's report – Online Meeting, 17/05/2020

1. I welcome all of you to this first ever online meeting of ISSH EC.

This pandemic has made it apparent that the associations which are fully digitized are functioning with remarkable efficiency. We must take this opportunity to fully digitize ISSH.

The midterm CME may be made mandatorily online.

The basic course should be converted to an online module.

This year's AGM and elections should be held ONLINE.

We must have a dedicated vendor to handle our digitized content. It is a time intensive job. Occasionally the members of EC may be able to fill in. but we need to make these processes independent of the technical know-how of the elected members.

The only way members will see value in their membership is, if the content on the digital platform is in standardized format and is of the highest scientific level. This will be a process & not an event.... I seek your approval to move in this direction.

2. The society membership has grown by 21 since the ISSHCON 2019. All application except one have been online through the website. The physical application is pending with me with an expired cheque.

Perhaps we need to do away with physical applications.

3. The balance in Bank of Baroda account as on today is Rs 4,39,196.73 Statements for FY 2019-20 are attached.

Interest certificate for FY 2019-20 is attached

4. There are no details of ISSH Society registration in the office of the Registrar of Societies. We need to revive the old registration with fresh constitution, audited account, PAN, TAN.

This work is currently stalled.

- 5. I congratulate Dr Arulkumar Choudhury, Dr Subrat Jena, Dr Biswajit Sahu, Dr Biswajit Mishra, Dr Sanjay Kumar Giri for a successful ISSHCON 2019 & Dr Parag Lad & his team for well-organized 6<sup>th</sup> Midterm Online CME. He has submitted the bills for reimbursement.LINK
- 6. Accounts from the ISSHCON 2019 team are not received.

ISSHCON 2019 team has transferred Rs 6,00,000/- to the ISSH Trust account held in SBI, Chennai

- 7. We need to decide on the JHS American subscription for ISSH Members.
- I request Dr S Raja Sabapathy to throw light on this proposal.
- I request Prof G Balakrishnan to share with us if there is any possibility of ISSH trust funding this.
- 8. ISSH website has an appeal for donations. We need to sincerely explore this possibility.
- 9. Find a hand Surgeon link is active.
- 10. The monthly academic activity has been derailed largely due to actions pending at my end. All pending work will be adequately covered
- 11. Constitution drafting is almost done. The draft is presented to you for comments
- 12. As per agreement in last 3 consecutive AGMs, we need to effectively implement annual subscription. Nothing that is progressive can be equally acceptable to all. We must move decisively on this front.
- 13. Projects that will be implemented in the coming year ID card, Uploading of ISSHCONS. The Patient Education Material remains pending. The 'ISSH Recommended splints and Instruments' is pending.

A standardized list of surgeries in the upper limb with grading endorsed by the ISSH for the purpose of various insurance schemes is needed. The preliminary list with grading is ready and will be shared for approval & refinement by the EC. This will ensure elimination of ambiguity of grading of various surgeries by insurance companies. With uniformity we present a unified voice and are more likely to be heard. With honest and uniform grading, we also will increase the credibility of hand surgeons in the eyes of the insurance providers. This will also pave way for a unified demand for approval of day care surgeries in upper limb, which are currently none!

14. Ground work for Holding Hands is over. First proposal was received from the Dept Of Plastic Surgery, PGIMER, Chandigarh as the mentee and Dr Mukund Thatte as the mentor. This got stalled due Covid 19 Pandemic.

We will need to rethink about the method of mentorship in next couple of years, as safety of travel & stay at a distant place will be an issue.

Let's take ISSH to new heights in a new avatar.

Pankaj Ahire

PS: I propose that 15<sup>th</sup> August be celebrated as the foundation day of ISSH

Following discussion took place on this report.

#### Foundation day -

Dr S Raja Sabapathy – Upheld the idea of ISSH foundation day but suggested that it needed to be different form 15<sup>th</sup> August, else it will not create any impact among the celebrations of the Independence Day

Dr Ravi Mahajan – keep it separate from the Independence Day.

Prof G Balakrishnan – we could keep it as second week end of August

Dr S Raja Sabapathy – it must be a fixed day

Dr Mukund Thatte - !6th August.

Dr Ravi Mahajan – call it a Hand Surgery day instead of Foundation day

Dr Pankaj Ahire – will suggest 4-5 options for the Hand Surgery Day.

# Resolved that Dr Pankaj Ahire will suggest 4-5 options for the Hand Surgery Day.

Proposed by Dr Ravi Mahajan Seconded by Dr S Raja Sabapathy

#### **Online Membership**

Dr Mukund Thatte – we cannot make it compulsorily online

Dr Ravi Mahajan – people must have an option to pay by cheque. Online should be one of the options.

Dr S Raja Sabapathy – agreed that cheque option should be there.

Dr Pankaj Ahire – Narrated the hassles of handling physical applications and cheque deposition in absence of a dedicated office staff for ISSH related work. Dr S Raja Sabapathy – Keep both options and charge Rs 250/- extra for cheque payments

Dr Pankaj Ahire – all secretaries may not be able visit the banks

Dr Mukund Thatte – the applying member can deposit the cheque in the account of ISSH at his place.

Dr Ravi Mahajan – we should encourage online payments but keep the option of cheque payments.

Dr Pankaj Ahire – further details of online process will be an ongoing discussion among the EC on WhatsApp group.

Resolved that the online application process should be encouraged along with online payments. Cheque payment will be accepted if deposited by the applicant in the bank account of ISSH

Proposed by Dr Pankaj Ahire Seconded by Dr Mukund Thatte

# Online AGM & Elections:

Dr Ravi Mahajan – Does current constitution allow it? Since it does not, we cannot hold these online.

Prof G Balakrishnan – this should be proposed as AGM Resolution during the next AGM. Till then AGM must be in person.

Due to pandemic we may postpone or cancel the AGM.

Dr Pankaj Ahire – Constitution allows an AGM to be held at least once in consecutive 30 months.

Prof G Balakrishnan – Online lections cannot be held now. This can only be decided in the next AGM

Dr S Raja Sabapathy – Next AGM we will propose online AGM and Online elections

Dr Mukund Thatte – EC should meet again in near future to discuss these. Until then these should stand deferred.

Resolved that the AGM and Election for the year 2020 cannot be held online due to lack of provision in the constitution. If these cannot be conducted due to the Covid 19 pandemic, these will have to be deferred or cancelled. Resolution for online AGM and online elections should be tabled in the next AGM held as per provisions of the constitution

Proposed by Prof G Balakrishnan Seconded by Dr Ravi Mahajan

#### **Constitution:**

Dr Mukund Thatte – We should hold a separate meeting for the constitution. Dr Pankaj Ahire – will share the draft with the EC in two days. The EC should meet again 2 months before the AGM. General body should be sent the draft of new constitution 6 weeks in advance.

Resolved that a separate meeting will be convened for amendment and restating of the constitution

Proposed by Dr Mukund Thatte Seconded by Dr Nilesh Satbhai

# **Annual Subscription for ISSH Membership:**

Dr Mukund Thatte – Can be implemented only after current constitutional amendment

Dr Pankaj Ahire – this need not wait for the new constitution as the old constitution provides for annual subscription.

Prof G Balakrishnan – new constitution should propose a figure for the amount of annual subscription.

#### The issue remains unresolved

Dr Pankaj Ahire – thanked everyone for the detailed discussion on Secretary's report.

#### • Trustee's Report

Dr Pankaj Ahire Invited Prof G Balakrishnan to present the Trustee's report

Prof G Balakrishnan – Trustee's report

INDIAN SOCIETY FOR SURGERY OF THE HAND TRUST TRUSTEES REPORT-2020 Mumbai — 17<sup>th</sup> MAY' 2020

Prof. G. Balakrishnan, Managing Trustee, Indian Society for Surgery of the Hand Dear Colleagues,

I am very happy to invite you all to the online Executive Committee meeting of the Indian Society for Surgery of the Hand ISSH 2020. I am pleased to present the Trustees report on behalf of the Trustees with details of Fixed Deposits Rs.1,03,80,000/- as shown in the Power Point for your perusal. In 2019 we have created one more deposit in the name of "Holding Hands" by the kind contribution of our President. The details of this programme will be elaborated by our President.

Now I am pleased to present the Trustees report on behalf of the Trustees with details of Fixed Deposits Rs.1,03,80,000/- as shown in the Power Point for your perusal. In 2019 we have created one more deposit in the name of "Holding Hands" by the kind contribution of our President. The details of this programme will be elaborated by our President.

#### **INCOME:**

During the Financial year 2019-2020 we had total receipts of Rs. 24,38,933.00/- as shown in the slide. Rs.41,620/- from Acland book sale income, Rs.6,00,000/- from contribution ISSHCON-2019, Rs.36,258/- received from SB A/c savings interest, Rs.8,00,000.00/- as contribution ISSHCON-2018 Coimbatore, Rs2,00,000 from ISSH-Amritsar contribution for Holding Hands from Dr. Ravikumar Mahajan & from Dr. Ruchi Gupta & Interest received from ISSH-B.B. Joshi Oration Fund Rs.17,717/-, Interest received from ISSH-Prof R.V. Oration Fund Rs.19,991/-, Interest received from ISSH-International Dues Fund Rs.1,15,451/-, ISSH National Travelling Fund Rs.36,919/-, ISSH-Acland and Overseas Travelling Fellowship Rs.95,738/-, ISSH-Corpus Fund Interest of Rs.1,64,651/- ISSH-APFSSH Fund Rs.32,283/-, ISSH-Holding Hands Fund Rs.9,246/-and Rs.1,23,018/- from ISSH.

#### **EXPENDITURE**:

Bank Charge & Forex conversion charges of Rs. 2,313.14/-,Courier & Postal exp of Rs.15,348/-, Auditor's fees paid for Rs.35,400/-, Admin Expenses of Rs.32,000/-, Prizes and Medals of Rs.33,600/-, IFSSH Membership fee of Rs.93,626/-, Acland International Fellowship to Dr.Anant Sinha of

Rs.1,00,000/-, National Travelling Fellowship contribution to Dr.Sanjay & Dr.Rohan Ashok of Rs.40,000.00/-, & BB Joshi Oration FUND a/c No.38441575181 New Deposit Rs.50,000/-, ISSH-Prof R.V. Oration Fund a/c No.38441575307(New Deposit) Rs.50,000/-, Acland Overseas Travelling Fellowship-3844157548 Rs.49,223/-,ISSH-International Dues Fund a/c No.38441480288 Rs.5,00,000/-, ISSH Corpus Fund a/c No.38441574777 Rs.5,00,000/-, National Travelling Fund a/c No.38441574007 Rs.2,00,000/-, APFSSH Fund a/c No.38441573819 Rs.30,000/- ISSH-Holding Hands Fund a/c No.38441574959 Rs.2,00,000/-, The overall expenditure is Rs. 19,31,510.14p.

ISSHCON 2019, a well conducted conference at Puri has contributed Rs 6,00,000 towards the journal funding for 136 members of our society to Asian Pacific federation of Societies for surgery of the hand. I have already transferred USD 7752 to Singapore on 12/5 / 2020.

#### Allocation of Trust Fund for Journal contribution:

We had a bank balance of Rs. 20,39,377.73 as on 31st March 2020.

At this juncture I would like to make a point that we should pass a resolution for the yearly contribution towards APFSSH(Hard copy) and the Journal of Hand Surgery, American Volume (Soft copy) in the years to come for those ISSH members who attend the Yearly ISSHCON meetings which will motivate more members to attend.

As far as the funding for the above journals, part of it will come from the organizers of the ISSHCON of the respective years and the remaining balance is to be augmented from the interest out of a new Corpus Fund to be named as "Journal Fund". If you all agree we can contribute Rs 14,00,000 towards this.

These contributions will not be adequate to fund the journals. Hence I request the executive committee to pass a resolution so that voluntary Contribution from ISSH member to equate the deficient money to pay for the Journals. The voluntary contribution is to be decided by the Executive Committee and later ratified by General Body.

#### Projected Expenditure For 2020-21:

You are now looking at the projected expenditure as Rs.3,75,400

As the interest rates have been reduced the following two funds needs augmentation from the reserve fund as shown

1.ACLAND INTERNATIONAL FELLOWSHIP

Rs 1,00,000.00

2.NATIONAL TRAVELLING FELLOWSHIP

Rs 1,00,000.00

So we need Rs.5,75,400 to pay out for regular fellowships and oration medallions in 2020-21. We have now a bank balance of Rs 20,39,377.73. Out of this we need Rs.5,75,400 towards next financial year expenses.

At the end of 2021 we will have Rs.14,63,977.73 Out of this we will utilize Rs.14,000,00 as Journal Fund and keep the remaining fund Rs. 63,977.73 as the soft fund for any other contributions.

#### Nomination of New Trustees:

As per the Trust Deed we need to change the Trustee who has been in the post for more than 6 years and make way for senior ex-presidents to hold office for another 3 years of two terms. Prof. Bhaskaranand Kumar served as a Trustee for more than 6 years. So his position falls vacant. We have to elect a new Trustee in the place of Prof. Bhaskaranand Kumar.

I would like the members of Executive Committee to help me to sort out this fund allocation issue and also to get the General Body approval.

On behalf of the Organizing Committee ISSHCON 2020, I welcome you all to Chennai to be conducted in Sep 2020

Prof. G. Balakrishnan Managing Trustee

Following Discussion took place on the trustee's report

# **Expenditure:**

Dr Mukund Thatte – Rs 20,000/- postage needs clarification

Prof G Balakrishnan – this amount is spent of mailing the Journals to the members from Ganga Hospital. Ganga Hospital, being the central office of ISSH receives the Journals in bulk from Singapore and then repacks and mails it to members. This saves a large sum on account of international mailing charges.

#### Journal Fund:

Dr Mukund Thatte – Members should be asked to pay a certain amount for journal subscription when they register for the conference.

Prof G Balakrishnan – the allocation for IFSSH Member Contribution needs to be increased.

Dr S Raja Sabapathy – we must add value to ISSH membership.

For genuine reasons if members cannot attend the conference they should not be denied the opportunity of subscribing the journal

Prof G Balakrishnan – agreed to the above. There should be two options.

1. Pay for conference and journal

#### 2. Pay for journal only

Prof G Balakrishnan – ISSH trust can give Rs 14,00,000/- (Rupees fourteen Lakhs) for the journal fund. Which can be increased to Rs 20,00,000/- (Rupees Twenty lakhs). This should be used for creating a corpus for the journal find.

Resolved that a separate Journal Fund will be created by the ISSH trust with a contribution of Rs 14,00,000/-. Interest of this corpus added to the contribution by the members' contribution will be used for subscription of AP Journal of Hand Surgery currently and in addition any suitable journal in future.

Proposed by Prof G Balakrishnan Seconded by Dr S Raja Sabapathy

# **Trustee's Tenure**

Prof G Balakrishnan – Prof Bhaskaranand Kumar has finished 6 years as a trustee. The tenure of trustee is 3 years. New trustee should be nominated.

Dr S Raja Sabapathy – Prof G Balakrishnan's tenure should be extended.

The entire EC upheld this suggestion.

Dr S Raja Sabapathy –Dr Ravi Mahajan should be the Trustee once he finishes his tenure as the President of ISSH.

Resolved that Dr Ravi Mahajan, upon completion of his tenure as the President, will take over as trustee from Prof Bhaskaranand Kumar.

Proposed by Dr S Raja Sabapathy Seconded by Dr Pankaj Ahire

Dr Pankaj Ahire thanked Prof G Balakrishnan for his report and the EC for the discussion on trustee's report.

#### • Financial Health of ISSH

Dr Ravi Mahajan – Can ISSH sustain its operations on the interest on the corpus in view of dwindling interest rates on FDs?

Prof G Balakrishnan – If interest alone is not sufficient to meet the expenses, corpus fund may be used keeping aside a minimum of Rs 20,00,000/- (Rupees Twenty lakhs) as a fixed corpus.

Prof G Balakrishnan – Dr Pankaj Ahire should transfer funds from Bank of Baroda account into the SBI account from time to time.

Dr Pankaj Ahire – due to change of credentials from previous signatory to the new one, which is taking unprecedented time due to delay from the bank superadded by the lockdown during Covid 19 pandemic, almost all the payments are pending.

#### These include

- Payment for ISSH promotional activities to be routed through, EC member Dr Nilesh Satbhai
- 2. Reimbursement of expense of online CME of ISSH to be routed through, the Organising Secretary Dr Parag Lad
- 3. Refund of a security deposit paid by the awardee for the ASSH traveling fellowship
- 4. Refund of security deposit paid by the applicants for the APFSSH grant application

As soon as the bank procedure is completed, these payments will be cleared & remaining amount will be transferred to the ISSH trust account.

Dr Pankaj Ahire – we should look at ways beyond FD for earning. e.g. MF We need to enhance the current avenues like sale of Acland's manual, by facilitation of online payments.

We have to start working on ISSH Donations. Even cash rich organisations depend on donations. Once we have ongoing donations we will depend less on the interest on FDs. Also, this will unlock large sums of money which are stagnating and losing value stagnant in FDs.

Prof G Balakrishnan – money received from companies during conferences is also a form of donation. Individual donations are not popular in India.

Dr S Raja Sabapathy – Philanthropy is catching up in India. If donors are recognized on their badges as platinum donors/ gold donors etc... it will act as a good encouragement.

We must make the payment towards donations easy... in smaller installments.

Prof G Balakrishnan – announce in the AGM and invite donations. 80 G benefit certificate can be vailed b the donors.

Dr Sanjay Kumar Giri – we can ask for donations from companies for journal subscription

Dr S Raja Sabapathy – We should not be asking for donations from companies. Focus should be on what we can give to the ISSH.

Dr Manoj Haridas – We could consider some privilege cards for the donors.

Dr Ajeet Tiwari – Donations is a good idea. We can provide update membership link wherever members pay for the conferences or CME.

Dr Nilesh Satbhai \_ small multiple donations will attract more donors. An ongoing engagement with members is essential for generating donations.

Dr Pankaj Ahire – will work on ongoing communication for appeal for donations.

#### • Expenses for ISSH CME

Prof G Balakrishnan – ISSH should provide seed money to the organisers of CME and it should not be a grant

Dr S Raja Sabapathy – It should be seed

Dr Mukund Thatte – currently it is called a grant.

Dr S Raja Sabapathy – it should be changed to seed money in the draft constitution

Dr Mukund Thatte – if it is seed money, organisers cannot be asked to provide travel & stay privileges to the EC members & faculty.

Dr S Raja Sabapathy – these privileges should continue and serve as a challenge for the organising secretary. This will ensure that they manage the economics of the event well.

Resolved that the sum of Rs 100,000/- provided to the Organisers of Mid Term CME of ISSH, should be considered as seed money and not a grant. This sum will need to be returned form the profits generated by the event.

Proposed Dr S Raja Sabapathy Seconded by Dr Pankaj Ahire

#### Special Invitees –

There were following three special invitees for the meeting

1. Prof G Karthikeyan – Organising Chairman, ISSHCON 2020

Prof G Karthikeyan -ISSHCON 2020, Chennai was meant to be a 'Celebration of Hand Surgery'.

Due to Covid 19 pandemic there has been following impact on organization of ISSHCON 2020-

- a. BSSH is no longer participating as a guest society
- b. National Faculty are unsure of their ability to travel
- venue: Currently has no guidelines from the government regarding hosting a conference
- d. Sponsors are unsure if they can contribute
- e. Delegate travel to venue is uncertain

In view of the above ISSHCON 2020 needs to be postponed till December.

Whether it can be held in December, can only be decide by the end of July.

Prof G Karthikeyan – so far 105 paid registrations have been received and the hotel has been paid advance for the venue and rooms.

Dr Pankaj Ahire - EC will reconvene meeting in first week of July only to review the impact of Covid pandemic. During this meeting Prof G Karthikeyan can share his plan of ISSHCON 2020.

Dr S Raja Sabapathy – in any case ISSHCON Chennai cannot be pushed to 2021. Prof G Karthikeyan should send a flyer to all the members informing them about postponement of ISSHCON 2020 without committing to a future date.

Prof G Karthikeyan – will share the decision pf the Organising Committee about future dates, refunds.

Dr Pankaj Ahire – irrespective of what decision is taken about ISSHCON 2020 it should be taken soon and not too close to the dates.

Dr Pankaj Ahire – Thanked Prof G Karthikeyan for joining the meeting Prof G Karthikeyan Left

## 2. <u>Dr Praveen Bhardwaj, Editor, ISSH 2020-24, joined the meeting</u>

Dr Praveen Bhardwaj gave following update about academic activities of ISSH

- Sunday reads is in its second season and is being handled by Dr Pankaj Ahire
- Monthly Review article is being posted by the Editorial Team
- Drawing of the month is being posted by the editorial team

Dr Praveen Bhardwaj – It is proposed to start 'How I Do it?' Session to highlight clinical test, Surgical techniques by experts.

Prof G Balakrishnan – one case every week should be discussed in this session.

This should include common procedures in day to day practice of hand surgery.

Dr Pankaj Ahire – offered apology for delays in sending emails related to ISSH academics.

Dr S Raja Sabapathy – asked about the statistics of E mail access by the members, more specifically about Sunday Reads

Dr Pankaj Ahire – on an average 180 to 220 members open the Sunday Reads Emails and 50 to 80 members open the link of the article.

Dr Praveen Bhardwaj – there has been no response to the emails sent to members Dr Pankaj Ahire – will add a response link

Dr Mukund Thatte, Dr Ravi Mahajan – congratulated Dr Praveen Bhardwaj on his academic activities for ISSH

Dr Pankaj Ahire – thanked Dr Praveen Bhardwaj for Joining the meeting.

Dr Praveen Bhardwaj left

# 3. Dr Vikas Gupta, Historian ISSH, 2020 -24 joined the meeting

Dr Vikas Gupta sought clarity on the type of archives that are expected from the historian.

Dr Mukund Thatte – advised to get scientific programs of all previous meetings Dr Vikas Gupta – requested permission to send emails to all previous office bearers to collect this data. The EC unanimously granted this permission. Dr S Raja Sabapathy – will try to provide whatever data he can access.

Dr Vikas Gupta – we can have members present on the topic that they presented 25-30 years ago.

Dr Nilesh Satbhai – Will contact Dr Swaran Arora for archives.

Dr Mukund Thatte – Dr Vikas Gupta should travel and make video recorded interviews. Dr Mukund Thatte will share questionnaire for these interviews.

Dr Ravi Mahajan – if any funds are needed for these activities they should be given.

Dr Pankaj Ahire – funds if needed will be given from the secretaries. Account.

Dr Vikas Gupta – Senior members from a particular region should be invited with honor to attend meetings held in that region. Respective organising secretaries may be instructed and requested to send these invites and provide for registration and stay of such members

Dr Pankaj Ahire – Dr Vikas Gupta should write to the respective organizing secretaries to this effect.

Dr Pankaj Ahire – thanked Dr Vikas Gupta for joining the meeting.

Dr Vikas Gupta left

# • MOMs of previous meetings

1. EC meeting: 12<sup>th</sup> September 2019, Puri

Dr Nilesh Satbhai – correction in the names of Inland Fellowship Awardees.

Proposed by Dr Mukund Thatte Seconded by Dr Nilesh Satbhai

- 2. AGM: 14<sup>th</sup> September 2019, Puri Proposed by Dr Mukund Thatte Seconded by Dr Ajeet Tiwari
- 3. Post AGM EC meeting: 14<sup>th</sup> September 2019, Puri Proposed by Prof G Balakrishnan Seconded by Dr Sanjay Kumar Giri

# • Review of Projects

# PEM – Patient education Material

Dr Pankaj Ahire – PEM is stalled. Nothing has been received so far from Dr Amit Vyas.

Dr Amit Varade – CTS material has been received from Dr Amit Vyas.

Dr Pankaj Ahire – PEM is an important work and it needs a push.

Dr S Raja Sabapathy – we need to pick and choose to do this job.

Dr Mukund Thatte – Dr Pankaj Ahire should choose people, not necessarily from the EC, to complete this job.

Dr S Raja Sabapathy – Agreed to above.

Dr Pankaj Ahire – will work with Dr Praveen Bhardwaj & select a team.

Dr Manoj Haridas – volunteered to take up 10 topics and prepare PEM.

#### o <u>ISSH recommended splints and instruments</u>

Dr Manoj Haridas – sent email about 26 splints. Will take better photographs in near future.

Prof G Balakrishnan – splint photos should be taken from the manufacturers as well as when they are worn by the patient.

Dr Pankaj Ahire – since this will go down as ISSH recommendation – the information need to be very accurate in terms of specifications of each splints including characteristics of the materials used.

Dr Pankaj Ahire – appreciated the work in progress.

#### • Fellowships:

Dr Nilesh Satbhai – Cannot travel overseas due to pandemic.

Dr Bipin Ghanghurde – cannot complete remaining part of his inland fellowship due to travel restrictions.

Dr Pankaj Ahire – strongly recommended to permit them to complete their respective fellowship before ISSHCON 2021

# Resolved that all the current awardees of the fellowships be allowed to use their fellowship privileges before ISSHCON 2021

Proposed by Prof G Balakrishnan Seconded by Dr S Raja Sabapathy

#### • Participation in ASSH 2020

Dr Pankaj Ahire - Due to pandemic the number of Indian delegates is likely to be low.

Dr S Raja Sabapathy – as on today the meeting is scheduled. ASSH will likely take a call by end of June.

#### • ISSH Awards

Dr Pankaj Ahire – AGM has approved ISSH Pioneer Award & Young Achiever Award

EC – Permits Dr Pankaj Ahire to invite applications for these awards.

Dr Pankaj Ahire – EC should recommend names for pioneer awards.

Dr Pankaj Ahire – will share draft on invitation of applications for the awards, however requested the EC that the process should be laid down.

Dr S Raja Sabapathy – A questionnaire should be part of the application.

Resolved that Dr Pankaj Ahire will invite applications from eligible members for ISSH Pioneer awards and Young Achiever award after sharing the draft with the EC.

Proposed by Dr Mukund Thatte Seconded by Dr Ravi Mahajan

#### • Any other point-

- Prof G Balakrishnan offered condolences on demise of Dr Dinkar Palande.
   Suggested that a letter of condolence should be sent on behalf of the ISSH.
- Dr S Raja Sabapathy APFSSH News

 $\label{lem:approx} \mbox{APFSSH is now a registered association Singapore, which will be its headquarters with a bank account .}$ 

All previous dues are being sent to the bank account in Singapore, with Hong Kong society sending USD 20,000.

Each member society is now expected to pay a membership fee. The fee will be either USD 500 or USD 1000 depending on arbitrary classification big or small Member Hand Societies.

APFSSH theme is 'providing quality health care to masses which are less privileged'

ISSH EC is requested to give suggestions to implement this theme and help it make an impact.

Dr Pankaj Ahire – the meeting has completed its agenda. Requested Dr Ravi Mahajan to give concluding remarks.

Dr Ravi Mahajan – The meeting was very fruitful. Lot of issues have been ironed out. The constitution work should be completed in good time. Thanked everyone.

#### **Enclosed:**

Annexure 1 - EC meeting: 12th September 2019, Puri, Odisha

Annexure 2 - AGM: 14th September 2019, Puri, Odisha

Annexure 3 - Post AGM EC meeting: 14th September 2019, Puri, Odisha

#### Annexure 1

#### MINUTES OF EC MEETING, ISSHCON 2019, PURI

VENUE: HOTEL HOLIDAY RESORT 12<sup>th</sup> September, 2019 5pm to 7.30pm

#### Attended by:

Dr. Ravi Mahajan, President
Dr. Pankaj Ahire, Hon Secretary
Dr. Mukund Thatte, Vice president

Dr. S Raja Sabapathy, Trustee

Dr. G Balakrishnan, Trustee

Dr. Parag Lad, Member
Dr. Amit Vyas, Member
Dr. Bipin Ghanghurde, Member
Dr. Nilesh Satbhai, Member
Dr. Manoj Haridas, Member

Absent members: Dr Bhaskaranand Kumar Dr. Ravi Gupta, Dr. Durga Karki

- President of ISSH, Dr. Ravi Mahajan welcomed all EC members for the meeting & appreciated work of Dr. Pankaj Ahire and team and showing consistent effort to make ISSH society so vibrant and active.
- Hon. Secretary, Dr. Pankaj Ahire read his report. He mentioned about having 698 ISSH life members and 39 members' application will be ratified in GBM. Mostly all memberships have come through either online portal or ISSH app. Therefore, their records are well maintained and will remain permanent. All members' records are secured by webmaster on cloud and we have on hard disk as well.

Dr. Pankaj Ahire explained about likely expenses for various ongoing project of ISSH society. Membership card, Search Engine Optimization (SEO), vendors, web site, ISSH merchandise for sale etc.

The benefits of SEO were discussed & will be helpful to search any hand surgeon in the country region wise. Dr. Ahire explained about trying it for 2 years which may cost Rs. 50000/- per year. It was approved by the EC.

Regarding ISSH merchandise, Vice president, Dr. Mukund Thatte advised to take legal opinion for GST if we wish to sale ISSH merchandise products.

Dr. Ahire suggested to show it as a token of appreciation or donation from ISSH members if we give them.

Dr. Mukund Thatte suggested that minutes of meeting should be submitted to Hon.
 Secretary at the earliest and NOC from all seniors should be obtained within three weeks of meeting.

All EC meetings should be taken as hard copy, approved & signed by the president, scanned and then saved on cloud.

- Dr. Pankaj Ahire said website for ISSH is well updated. We can inform organizing team
  whoever is conduction annual conference to use it for uploading their details on ISSH
  website. We can create separate portal for them and some pages to put their theme, city,
  venue details and program etc.
  - Dr. Ravi Mahajan and Dr. M R Thatte suggested to have written contract after cost negotiation with webmaster for annual conference project. The cost of that to be borne by organizing team of ISSHCON.
- Dr. M R Thatte mentioned that three weeks prior to next Mid-term CME of ISSH, he & Dr. Pankaj Ahire will rewrite the constitution and circulate to all EC members. Then newly written constitution will be sent to all ISSH members well in advance before ISSHCON 2020. So that will be passed in GBM in ISSHCON 2020. Dr. S Raja Sabapathy suggested that this work has to be completed very properly.
- EC approved that Dr. Bhaskaranand Kumar and Dr. Anil Bhat will be in charge of basic hand course. Whoever would like to conduct it, they should take their guidance. Dr. S Raja Sabapathy & Dr. M R Thatte mentioned to Dr. Pankaj Ahire to make enquiries with Dr. Bhaskaranand Kumar and Dr. Anil Bhat about future plans as no courses have been planned since one year.
- EC approved all minutes of meeting discussed at Manipal. Proposed by Dr. Ravi Mahajan and seconded by Dr. S Raja Sabapathy.
- ISSHCON applications

There were three applications to conduct annual conference. EC rejected two applications which were from Chandigarh and Rishikesh as their applications were not eligible. In both these cases the applicants were not members of the ISSH. EC accepted the application of Jaipur team. Dr. Amit Vyas will be the organizing secretary for that conference.

ISSH Robert Acland International Travelling Fellowship

EC decided to offer this fellowship to Dr. Nilesh Satbhai after due deliberations over all the applicants

ISSH Inland Travelling Fellowship

EC decided to offer this fellowship to Dr. Bipin Ghanghurde and Dr. Biswajit Mishra after due deliberations over all the applicants

- EC approved to award the conduct of ISSH Mid Term CME to Dr. Parag Lad. He will conduct the meeting in Thane. There was no application received for this event by secretary. Only, Dr. Parag Lad showed interest to secretary and therefore, it was awarded to him.
- Dr. Pankaj Ahire asked the retiring EC members to express their views. Dr. Parag Lad suggested that newly elected members should be given some task to complete based on

their interest. Dr. Amit Vyas said he will complete his ongoing project of Patient Education material. Dr. Bipin Ghanghurde is going to continue with his membership drive project.

- Dr. Nilesh Satbhai showed his designs of tie. Dr. Thatte mentioned to place ISSH logo on tie
  after confirming its distance from knot.
   The design of label pin was scrutinized by EC. Dr. Thatte & Dr. S Raja Sabapathy suggested
  to make it smaller. Dr. Ravi Mahajan suggested to have only ISSH logo as label pin rather
  than oval shape
- Dr. Manoj Haridas suggested to start a project to compile all possible information on splints and instruments. That will be projected on website for information. EC suggested to avoid compiling data on all instruments and keep it as an achievable target. Dr. M R Thatte suggested to consider splint for mallet finger, Boutonnière deformity & cock up splint: both static & dynamic. He advised Dr. Manoj Haridas to complete project before next EC meeting.
- Dr. Pankaj Ahire mentioned that guidelines for best paper session needs to be reformed. It should be from ISSH member only. There should be two categories. One is best paper award and another is Junior best paper award category. Dr. Ravi Mahajan said it need not be from ISSH members as it's a part of scientific programme. Dr. Ravi Mahajan will prepare the draft and present in next EC meeting.
- Dr. G Balakrishnan presented trustee's report. He congratulated Dr. S Raja Sabapathy for conducting excellent meeting at Coimbatore (ISSHCON 2018) and Dr. Anil Bhat for conducting Mid Term CME at Manipal.
  - Dr. G Balakrishnan mentioned that ASSH journal subscription needs Rs. 4000/- and APFSSH journal subscription needs Rs. 7000/- per year per member as expenditure. So far, previous ISSHCON organizing team donated the amount from their conference profit. But hence further, he will be able to give around Rs three to Rs five lakhs from trustee's account for this. EC decided to consider raising this fund directly from ISSH members. The topic to be discussed in GBM.
- Dr. Pankaj Ahire and Dr. M R Thatte discussed about having two separate PAN cards for ISSH society and ISSH trust. They said it will be confirmed after discussing with auditor. EC agreed for this.
- Dr. Pankaj Ahire stressed upon attending international meeting at least by EC team to make our society's presence visible. He had prepared entire itinerary inclusive of cost of registration, stay, travel for upcoming APFSSH meeting. EC appreciated his efforts which will really encourage all ISSH members to attend such great academic events.
- Dr. Ravi Mahajan's pilot project on 'Holding hands' got approved and Dr. M R Thatte said, he will donate Rs. One lakh during his presidency to continue this project.
- Dr. S Raja Sabapathy during his travel discussed with APFSSH President, Dr. Tony Berger about how to encourage participation from developing nations for meeting. He said Dr. Tony approved for sanctioning free registrations for two deserving candidates who will be

chosen by EC of that national hand society. EC members appreciated this great gesture of him and applauded.

Dr. Pankaj Ahire thanked all EC members for sparing time for the meeting. All seniors thanked all retiring members of EC, Dr. Parag Lad, Dr. Amit Vyas, Dr. Bipin Ghanghurde & Dr. Durga Karki.

The meeting was concluded.

# Annexure 2 MINUTES OF GENERAL BODY MEETING, ISSHCON 2019, PURI

VENUE: HOTEL HOLIDAY RESORT 14<sup>th</sup> September, 2019

Hon. Secretary, Dr. Pankaj Ahire welcomed all ISSH members for GBM.

- President, Dr. Ravi Mahajan explained about his project, 'Holding of hand'. Dr. Anant Sinha suggested to make it zone wise. Dr. Ravi Mahajan discussed that there should be no restriction, but it should be based on requirement or need of subject like wrist arthroscopy, microsurgery to increase awareness of hand surgery.
  - Dr. Ravi Mahajan will fund Rs. two lakhs for first two years and then Dr. Mukund Thatte, President elect will fund for this project during his presidency.
  - All ISSH members appreciated the idea and approved this project.
- Dr. G. Balakrishnan explained audited account of all expenses & ISSH members approved without any objection.
  - Dr. G. Balakrishnan congratulated Dr. S Raja Sabapathy for conducting excellent annual conference at Coimbatore in 2018 & his achievements in APFSSH and IFSSH.
  - All ISSH members **appreciated & applauded for receiving ASSH journal subscription** for one year from Dr. S Raja Sabapathy through the profit of ISSHCON 2018.
  - Dr. G. Balakrishnan mentioned that as per constitution trustee for ISSH trust can remain on board for maximum period of 3 years. But all members approved decision of EC to allow present trustee to continue to be trustee.
- 3) Hon. Secretary, Dr. Pankaj Ahire presented his report. He mentioned that till 31/12/19, number of ISSH members were 698 and till date, 97 more applications are received. GB appreciated efforts of membership drive. All new membership applications are ratified.
  - Dr. Pankaj Ahire mentioned current **academic activities** happening in ISSH and they are well appreciated by all members. The activities like weekly **'Sunday Reads'** by Dr. Pankaj Ahire and **monthly 'Review articles'** posted by Dr. Praveen Bharadwaj.
  - Dr. Pankaj Ahire mentioned about following new fellowships and course as one more academic activity.
  - **ASSH fellowship and free registration for ASSH** annual conference will be offered to ISSH member who gets selected after verification of application by EC
  - Dr. S Raja Sabapathy mentioned about offering free microsurgery course at Ganga Hospital, Coimbatore every year for young trainees. The funding will be provided by Dr. Venkata Bodavula. All members appreciated this great gesture by Dr. Venkata for encouraging young trainees for the course. President, Dr. Ravi Mahajan suggested to send a letter of appreciation to Dr. Venkata Bodavula.

- -Dr. Pankaj Ahire introduced ISSH MEMBERSHIP CARD & explained all benefits of the same.
- Dr. Pankaj Ahire mentioned about creation of two posts in ISSH council.
- 1) Post of editor: D. Praveen Bharadwaj will be editor
- 2) Post of Historian: Dr. Vikas Gupta will be historian

Both of them will create their own team by taking young ISSH members for their project.

GBM appreciated this effort and approved for above 2 posts.

4) There were 4 applications for the post of EC. Out of 4, two applicants were from Bhubaneshwar, Orissa. One of the applicant, Dr. Biswajit Mishra declared to withdraw his application and suggested to consider Dr. Sanjay Kumar Giri's application. But, Dr. Giri mentioned that Dr. B Mishra being senior to him should be given this opportunity. To avoid this confusion, Dr. Mukund Thatte, Vice President, suggested to have mutual discussion with their seniors, Dr. Arun Kumar Choudhary & Dr. Subrat Jena. Dr. Choudhary declared that Dr. Sanjay Kumar Giri's application to be considered as Dr Mishra had decided to withdraw and was firm on this.

Finally, following members were elected for the EC post.

- Dr. Amit Varade
- Dr. Ajeet Tiwari
- Dr. Sanjay Kumar Giri

All ISSH members appreciated Dr. Biswajit Mishra for withdrawing his application. Due to his gesture, election could be avoided.

- 5) President, Dr. Ravi Mahajan suggested to consider having online elections for various ISSH posts to avoid delay & the process could be more transparent.
  - Dr. Pankaj Ahire mentioned that it can be done through ISSH app.
  - Dr. Surajit Bhattacharya said we should do it only in annual conference.

GBM approved for having election only during annual conference.

- 6) Dr. Santosh Rath mentioned that EC should contact all inactive members of ISSH.
- 7) GBM of all ISSH members approved following decisions of EC:
  - A) President tenure ship will be changed to one year from two years.
     Dr. Mukund Thatte, vice president mentioned that till date the president tenure is for 2 years. But he voluntarily accepted to remain as president for one year.
     It will be amended in constitution.

This was proposed by Dr. Surajit Bhattacharya and seconded by Dr. Rajendra Nehete.

#### B) ISSH Pioneer Award

Proposed by Dr. Arun Kumar Choudhary and seconded by Dr. S Raja Sabapathy Trustee, Dr. G Balakrishnan agreed to finance for medallion for such awardees.

#### C) ISSH Publication Award

Proposed by Dr. Praveen Bharadwaj and seconded by Dr. Anil Bhat

There will be no prize or certificates for awardees. Dr. Praveen Bhardwaj suggested to mention in ISSH newsletter.

Dr. Surajit Bhattacharya suggested to name it as 'ISSH Publication & Patents Award'. EC will decide about this.

GBM approved this suggestion unanimously.

#### D) ISSH Young Achiever's Award

Dr. S Raja Sabapathy suggested to start this award.

Dr. Surajit Bhattacharya suggested to have 5 such awards to encourage youngsters to become more active in academics and ISSH functioning.

He quoted, 'Mediocre debate & Champions do it!'

EC will decide about number of awardees for this and the rules and regulations governing it.

E) Abolition of life membership and to accept idea of annual membership.

Proposed by Dr. S Raja Sabapathy & seconded by Dr. Surajit Bhattacharya There was suggestion by Dr. Kanojia to offer life and annual membership as per choice of new member. But Dr. S Raja Sabapathy, Dr. Mukund Thatte and Dr. Ravi Mahajan explained about necessity to generate corpus for better functioning of ISSH.

GBM approved for annual membership.

8) Inland fellowships of ISSH was awarded to Dr. Bipin Ghanghurde and Dr. Biswajit Mishra. The fellowship will be of 2 weeks and they will be awarded Rs. Twenty Thousand after submitting report in next annual conference.

Dr. Sanjay Kumar Giri & Dr. Rohan Habbu presented their inland fellowship reports and they were accepted.

9) Dr. Robert Acland International Travelling Fellowship was awarded to Dr. Nilesh Satbhai. The fellowship will be of 3 weeks and will be awarded Rs. One Lakh after submitting report in next annual conference.

Dr. Anant Sinha presented his report and got awarded for the fellowship.

- 10) Dr. Arunkumar Choudhary suggested to have zonal wise ISSH annual conference. Dr. Mukund Thatte and Dr. S Raja Sabapathy opposed this idea and mentioned that the EC is working to streamline the application process of ISSHCON
- 11) Dr. Santosh Rath mentioned **sad demise of ISSH member** this year, Dr. Jagannath Sahoo and suggested to send condolences to family through ISSH Office. Dr. Arunkumar Choudhary spoke about him in meeting.

- **12)** Dr. Pankaj Ahire congratulated Dr. Anil Bhat for conducting **midterm CME** and Dr. Terrence for **conducting basic hand course**.
- 13) Dr. Parag Lad's proposal to conduct EC decided to give next year's the 6<sup>th</sup> Mid-term CME of ISSH at Thane, Maharashtra, was accepted by the EC. This was approved unanimously by the General Body.
- 14) Dr. Amit Vyas's proposal to hold ISSHCON 2021 at Jaipur, Rajasthan, was accepted by the EC. He will be the organizing secretary.
  - Approved unanimously by the General Body
- 15) Prof. G Karthikeyan, Organising Chairman of ISSHCON 2020 at Chennai, presented glimpses of preparation of ISSHCON 2020 at Chennai and welcomed all members to attend the meeting.

# Annexure 3 EC MEETING ON 14<sup>TH</sup> SEPTEMBER, 2019 from 8pm to 8.30pm

Attended by Dr. Ravi Mahajan, Dr. Mukund Thatte, Dr. Pankaj Ahire, Dr. S Raja Sabapathy, Dr. G Balakrishnan, Dr. Parag Lad, Dr. Amit Vyas, Dr. Nilesh Satbhai, Dr. Bipin Ghanghurde, Dr. Manoj Haridas, Dr. Praveen Bharadwaj, Dr. Vikas Gupta and all three newly elected EC members- Dr. Amit Varade, Dr. Ajeet Tiwari & Dr. Sanjay Kumar Giri

Hon. Secretary, Dr. Pankaj Ahire **welcomed new elected EC members** and editor, Dr. Praveen Bharadwaj and Historian Dr. Vikas Gupta

Dr. Praveen mentioned a **possibility of misuse of review articles** which are written and posted in ISSH newsletter every month. Dr. Pankaj Ahire will find out way of getting copy rights for the same.

Dr. Pankaj Ahire suggested **to have collection of data of all ISSHCONs** at central office of ISSH and they also should consider securing it safely on one more server or cloud.

Dr. Amit Vyas is asked to fulfill the responsibility taken by him regarding 'Patient Education Material' before completion of his tenure of EC.

Minutes of ISSH Executive Council extraordinary meeting held on 5/7/2020

Agenda: ISSH planned activities in 2020

#### Attendees:

Ravi Mahajan, President ISSH
Pankaj Ahire, Hon Secretary ISSH
Mukund Thatte, Vice President
Ravi Gupta, Immediate Past President
G Balakrishnan, Managing Trustee, ISSH Trust
S Raj Sabapathy, Trustee, ISSH Trust
Nilesh Satbhai, EC Member
Manoj Haridas, EC Member
Ajeet Tiwari, EC Member
Sanjay Kumar Giri, EC Member
Amit Varade, EC Member

The meeting was held online on the JioMeet platform.

G. Karthikeyan, Organising Chairman, ISSHCON 2020, was a special invitee after initial deliberations by the EC.

Dr Ravi Mahajan addressed the meeting. He apprised the members of impact of Covid 19 pandemic on academic activities of various associations and the challenges in holding a physical meeting and/or conference due to various restrictions by various state governments currently.

After inputs from all the attendees it was resolved that -

Year 2020 be considered as 'Zero' year in the calendar of ISSH

Proposed by Dr Ravi Mahajan
Seconded by Dr Mukund Thatte

The Impact of 'Zero' year will be as follows:

- 1. Tenure of entire EC will be extended by one year.
- 2. Every change that was to take effect from 1st Jan, 2021 will take effect from 1st Jan 2022
- 3. There will be no elections in 2020.
- 4. There will be no fellowships offered in 2020

After this Prof G Karthikeyan was invited to voice his concerns about conducting ISSHCON 2020 in Chennai.

He expressed apprehension of the situation that might prevail during the proposed dates of ISSHCON 2020 as well as inability of the British Society of Surgery of Hand (Guest Society) to participate.

He requested that ISSHCON 2020 be deferred by a year, which was in line with the proposed 'Zero' year of 2020.

He requested that he be allowed to conduct ISSHCON 2021 in Chennai.

He agreed that ISSHCON 2021 will be conducted as a in person conference depending on the prevailing state of pandemic. Situation not permitting, he will conduct the conference online. There will be no further postponement beyond 2021 Prof G Karthikeyan left the meeting.

After due deliberation the EC accepted Prof G Karthikeyan's proposal. It was resolved that –

- ISSHCON 2020 stands cancelled.
- ISSHCON 2021 will be held in Chennai, with Prof G Karthikeyan as the Organising Chairman
- ISSHCON 2022 will be held in Jaipur, which was the venue for earlier proposed ISSHCON 2021, with Dr Amit Vyas as the Organising Secretary.

Proposed by Prof G Balakrishnan Seconded by Prof Ravi Gupta

Dr Pankaj Ahire, Hon Secretary ISSH, will draft a communication to the ISSH members informing them of the EC resolution to get an approval of the General body via E mail. The meeting ended with vote of thanks proposed by Dr Pankaj Ahire.

# Minutes of meeting of the Executive council of ISSH held on 20/12/2020 from 1100 hrs to 1330 hrs, online on Zoom Meeting platform

(Due to nationwide lockdown in response to Covid-19 pandemic)

#### Attendees:

Dr. Ravi Mahajan President, ISSH
Dr. Mukund Thatte Vice President, ISSH

Dr. Pankaj Ahire Secretary & Treasurer, ISSH Prof G Balakrishnan Executive Trustee, ISSH trust

Dr. S Raja Sabapathy Trustee, ISSH

Dr. Manoj Haridas EC Member at large
Dr. Amit Varade EC Member at large
Dr. Ajeet Kumar Tiwari EC Member at large
Dr. Sanjay Kumar Giri EC Member at large

#### Absentees

Dr. Bhaskaranand Kumar Trustee, ISSH

Dr. Ravi Gupta Immediate past President

Dr. Nilesh Satbhai EC Member at Large Leave of absence requested

#### Invitees:

Prof G Karthikeyan Organising Chairman, ISSHCON 2020

Dr. Praveen Bhardwaj Editor, ISSH
Dr Vikas Gupta Historian, ISSH

#### Agenda

- 1. Address by the President
- 2. Secretary's Report
- 3. Managing Trustee's Report
- 4. Approval of Minutes of previous EC meetings
- 5. Review of Activities of 2020
- Review of activities planned for 2021
- 7. Progress of ISSHCON 2021
- 8. Progress on the work of Constitution
- 9. Institution of Emperor Ashoka award
- 10. Framing of guidelines for institution of awards and orations in future
- 11. Any other matter with permission of the chair

Dr. Pankaj Ahire, Hon Secretary & Treasurer, ISSH, welcomed all the attendees and invited the President to assume the Chair.

# Address by the President

The President, Dr. Ravi Mahajan, welcomed all the attendees. He praised the efforts of EC towards conducting online academic activities which kept the members engaged during the Covid 19 pandemic.

#### Secretary's report

Dr. Pankaj Ahire Presented the Secretary's report. It is reproduced verbatim here.

- 1. I hope and pray for safely of all in this pandemic of Covid 19. The pandemic has led to opening of significant opportunities for online collaboration with the international hand surgeons. I am proud and confident to say that ISSH is making noticeable progress in this direction.
- 2. We have received very positive response to our effort to collaborate with members of international hand surgery community on digital platforms. I thank OrthoTV and The MediTube for their support in this endeavor. ISSH Webmaster team is putting in efforts to make ISSH future ready.
- 3. ISSH has been active through this year. We will review the activities a little later.
- 4. ISSH is likely to receive its first overseas donation coming year. There were 82 full registrations at ASSH 2020..... these I believe are significant steps towards growth of ISSH.
- 5. ISSH Editor & ISSH Historian teams are also working hard to achieve the set goals and we will hear from them in some time.
- 6. ISSH Membership has grown from 735 at ISSHCON 2019 to 775 in last one year, with every single application being received online. \*SEE AT THE END OF THIS SESSION
- The current balance in Bank of Baroda account is Rs 5,43,380/33. Pending KYC, I
  am unable issue any cheques from this account. As such following payments are
  pending
- a. Payment for the artwork initiated by Dr. Nilesh Satbhai
- Payment towards reimbursement of expenses incurred by Dr. Parag Lad for the midterm CME
- c. Payment towards refund of application money for the APFSSH grant
- d. Payment towards refund of application money after successful completion of ASSH Traveling Fellowship.
- e. Website Management fees
- f. Audit & Opinion fees for ISSH Society registration related matter
- 8. I have not yet received any accounts from ISSH 2019 organising team.

- 9. ISSH payment gateway will be operational by start of 2021. Anyone wanting to make a payment to ISSH can do so by credit card. Same gateway can be utilized by for all events of ISSH.
- 10. Consequent to the discussions since last EC meeting in may 2020, August 23<sup>rd</sup> 1973 is being firmed up as the First foundation day of ISSH. We must chart out a plan to make this a day of significance in the hand surgery circle pan India, every year. This should be included in the constitution so that it does not get diluted in years to come.
- 11. The work on constitution remains 'in progress' where as the draft of invitation for 'ISSH Pioneer award' and 'Young Achiever award' remains to be initiated at my end.
- 12. There seemed to be an inadvertent delay in sending the write up for IFSSH E zine. I sincerely apologize to the EC for missing out on having our society's activities mentioned in the upcoming edition of E zine.
- 13. The proposal to make 2020 a null year received only one objection and majority approval by the members by Email. As such everything contained in the proposal stand to have been accepted by the general body.
- 14. ISSH Newsletter will be released on 1st January 2021.
- 15. ISSH should provide information about all avenues of Hand Surgery training available in this country short & long term/ courses 7 fellowships, degrees and diplomas. ISSH should establish itself as the caretaker of Hand Surgery training and education in this country by forging necessary links with the Govt Authorities. A standardized list of Upper limb procedures with coding should be provided by ISSH to be followed by insurance provides PAN India.... This should be taken up as our responsibility.
- 16. I request all the EC members at large to use their term to contribute towards set goals .. some of them being 'Patient Education Material', 'ISSH Recommends'.
- 17. I thank you all for joining the meeting & invite the Managing trustee of ISSH to present his report.

#### Following discussion took place on and during the Secretary's Report

# \*Ratification of new membership applicant

40 new applications were received for membership of ISSH. Dr Pankaj Ahire presented the list of applicants for ratification by the EC. The list will be circulated among the members of general body for approval, in absence of an in person AGM this year due to the pandemic.

1	Vamseedharan Muthukumar	21	Karn Maheshwari
2	Biswajit Mishra	22	P. Umar Farooq Baba
3	Raunak Shinde	23	Ankur Sharad Karanjkar
4	Tanmay Prasad	24	Jeff Walter Rajadurai Or
5	Gowrishankar	25	Sivathanu Bhagavath Kumar
6	Santosh Reddy Kunta Venkata	26	Laxminarayan Bhandari
7	Chetan Manubhai Patel	27	Surya Keerthana Maadam
8	Neeraj Nathani	28	Bhunesh Mohpal
9	Nandini R	29	Chandan Jadhav
10	Venugopal S M	30	Akshay Kapoor
11	Thushara K R	31	Avinash Rao G
12	Ramavatar Balkrishna	32	Pankaj Kabra
13	Gaurav Chaturvedi	33	Sivathanu Bhagavath Kumar
14	Neeraj Kumar Nathani	34	Sarsij Sharma
15	Anoop S.	35	Kushal Shah
16	Mohd Altaf Mir	36	Punithavasanthan.B
17	Navinchandr Dhanji Gagal	37	Senthil Vel Kumar B
18	Anand Prasath Jayachandiran	38	Ajin Edwin
19	Maithreyi Sethu	39	Vikrant Khanna
20	Prof. Surya Rao R V M		

40. Dr. Srikanth Garikaparthi from Bahamas registered as Indian Member

#### It was resolved that-

The new applicants mentioned in the attached list be admitted as full members of ISSH.

Proposed by Pankaj Ahire

Seconded by Ravi Mahajan

# • International membership criteria

Dr. S. Raja Sabapathy - we can accept overseas members who have completed their education in India as an Indian member but he also told that they all register as Indian delegate for conference and courses which is not good.

Dr. Mukund Thatte - If we allow members staying overseas as Indian members then they are eligible to apply for the post of President and Secretary. This is undesirable.

Dr. Ravi Mahajan - those residing overseas should be considered as overseas member.

Dr. Pankaj Ahire - we have to set criteria for deciding whom we call Indian members and International members.

#### It was resolved that-

Criteria for defining Indian Member and international member be included in the draft of Constitution.

Proposed by Ravi Mahajan Seconded by S Raja Sabapathy

# • Accounts of ISSH Puri 2019

Dr. Pankaj Ahire – mentioned he has not received any accounts from the organisers of ISSHCON 2019 yet and there is no clarity who should receive it.

Dr. Ravi Mahajan - Secretary should receive the account and he should hand over it to the Managing Trustee.

Dr. Sanjay Giri - due to pandemic payment of Rs 1.5 lakh sponsorship towards venue expenses is pending. As such the accounts have not been submitted.

Dr. Mukund Thatte -provisional audited account which mentions pending receivables and liabilities should be submitted immediately without waiting and Dr. Sanjay Giri accepted it.

#### It was resolved that-

ISSHCON Organising Chairman is responsible for submitting the audited accounts of the conference within 3 months of the end of the conference. The Account statements should be submitted to the Secretary & Treasurer who will hand them over to the Managing Trustee for the purpose of inclusion in the financial statements of the trust.

Proposed by Ravi Mahajan Seconded by Mukund Thatte

# • Pending payments by ISSH

Dr. Pankaj Ahire informed that Audit payment, website payment and return of fellowship application fees are pending due to delay in KYC formalities for the bank account.

 $\label{eq:def:Dr.GBalakrishnan} \ \text{Informed that CME refund should be from Trusts account.}$ 

All other payments related to the regular functioning of ISSH may be paid by the Hon. Secretary & treasurer.

#### • ISSH Foundation day

Dr. Pankaj Ahire quoted the discussion on this topic during regular interaction of the EC. He referred to the registration certificate of ISSH which mentions 23<sup>rd</sup> august 1973 as the date of registration of the society with the registrar of the societies, Mumbai.

Dr. S. Raja Sabapathy suggested that it can be Hand surgery day / Hand and microsurgery day so that we can spread the message.

Dr. G. Balakrishnan suggested to include this in the agenda for next AGM.

Dr. Mukund Thatte suggested that we should write in constitution that August 23<sup>rd</sup> 1973 is being firmed up as the First foundation day of ISSH and will be henceforth celebrated as Hand surgery day in India.

#### It was resolved that -

23<sup>rd</sup> August 1973 is accepted as the foundation day of ISSH. 23<sup>rd</sup> August every year to be celebrated as Hand Surgery day in India.

Proposed by S. Raja Sabapathy Seconded by Mukund Thatte

- Dr. Pankaj Ahire suggested that standardized list of Upper limb procedures with coding should be provided by ISSH to be followed by insurance providers pan India. This should be taken up as our responsibility.
- Dr. S. Raja Sabapathy agreed with this and suggested to form committee for advocacy.
- Dr. G. Balakrishnan said that our job is to educate and not to involve in financial matter.
- Dr. Ravi Mahajan also suggested to form a committee for the same.
- Dr. Mukund Thatte suggested that we should form a committee to avoid further problems of government schemes.
- Dr. Ravi Mahajan advised to form the committee and suggested that Dr. S. Raja Sabapathy should lead the committee.

#### It was resolved that-

ISSH will form an Advocacy committee to deal with the statutory authorities to bring uniformity in interpretation of Hand Surgery across the country in the matters of education, training, research, grading of surgeries and coding of diseases.

The committee will be constituted by and under the leadership of Dr. S. Raja Sabapathy

Proposed by Mukund Thatte

Seconded by Manoj Haridas

#### Progress of the work of the constitution

Dr. Pankaj Ahire informed that work of constitution is in progress and will be completed as early as possible.

Dr. Pankaj Ahire thanked everyone and invited Dr. G Balakrishnan to submit managing trustees report.

#### · Managing trustee's report-

Dr. G Balakrishnan said that due to pandemic audited statements for YE 31.03.2020 is pending and he will submit that in next AGM.

He informed that account up to 31 March 2020 is already submitted to the EC.

He said that ISSH Puri organizing committee has paid for Asia pacific journal but they have not submitted the account yet and no other surplus funds, if any, have been transferred.

#### Following discussion took place on the Managing Trustee's Report

#### Subscription of journal-

There was unanimous agreement among the EC about continuation of subscription of AP journal of hand surgery, which is the official journal of ISSH. Currently this is being done for the members who attend ISSHCON and is being done successfully for last 3 years.

In the absence of ISSHCON in 2020 it was suggested that the subscription should still be continued by a nominal payment by members of Rs 2500/- for one-year subscription. The balance cost will be borne by the ISSH trust as a part of its commitment towards activities for propagating hand surgery knowledge.

#### It was resolved that-

Members who pay Rs 2500/- towards Journal subscription will be provided with one-year subscription of AP journal of hand surgery. This will involve a print version of the journal being mailed top their postal address from the Central office of ISSH.

Proposed by G. Balakrishnan Seconded by Ajeet Tiwari

# Approval of minutes of previous EC meeting-

Dr. Pankaj Ahire presented the minutes of EC meetings held on 18/5/2020 and 5/7/2020.

#### It was resolved that-

The minutes of the meetings presented accurately capture the discussions and decisions made during the EC meetings held on 18/5/2020 5/7/2020

Proposed by Amit Varade Seconded by Sanjay Kumar Giri

## Review of activities of 2020

Dr Pankaj Ahire reviewed all activities of 2

#### ISSH Webinar Series 1

- Second Season of Sunday Reads
- ISSH Academics Monthly Article
- ISSH Academics Drawing of the month
- Midterm CME
- ISSH IOACON Momentum Webinar
- APESSH Melbourne 2020
- ASSH Focus 2020
- Holding Hands
- Venkata Bodavula Fellowship

Holding hands- Dr Mukund Thatte was expected to visit PGI Chandigarh which is pending due to pandemic. Dr Ravi Mahajan suggested that regarding holding hand project we should take decision according to pandemic situation.

Venkata Bodavula fellowship- Dr Pankaj Ahire informed that 5 fellowships were awarded. 3 awardees have completed the microsurgery training course and 2 will complete by next year.

Dr S Raja Sabapathy informed that Venkata Bodavula fellowship was instituted as a onetime event He will make an effort to make it a recurring annual activity.

#### Review of activities planned for 2021

- ISSH BSSH Midterm CME
- ISSHCON 2021
- Sunday Reads Season 3 Infographics
- Monthly Journal Club
- ISSH You Tube Channel
- Conference
- CME
- Surgical Videos
- Donations
- Membership Drive
- International Chapters
- Sale of Digital format of Acland's Book with Digital Rights Management
- History of ISSH Past Presidents, Past Events, Archives

Dr Pankaj Ahire - Sunday Reads Season 3 will start from 1<sup>st</sup> Sunday of 2021. Every Sunday morning one article will be shared by editorial team in the form of infographics and last Friday of every month all the article will be discussed in the form of journal club. It will be online zoom meeting.

Dr Pankaj Ahire - donations should be the goal for 2021 and we should keep target of 1000 members.

Dr Ravi Mahajan suggested that ISSH can publish a book which will generate royalty and it will be source of regular income.

Dr Mukund Thatte congratulated committee for this idea and told that he is ready to take up this project.

#### It was resolved that -

ISSH will publish its own textbooks. Dr Mukund Thatte will lead the team which will undertake this activity.

Proposed by Ravi Mahajan Seconded by S Raja Sabapathy

#### ISSH Editor's Report

Dr Praveen Bhardwaj joined the meeting.

Report of ISSH academic activities by Dr Praveen Bharadwaj-

- Monthly scientific article 8 articles have been sent and 2 will be added soon.
- Drawing of the month 8 were drawn and some more will be added.
- Member survey and ISSH videos scrutinised by academic team so that they can be reliable.
- Journal club and info graphics of article to be sent on Sunday morning.
- ISSH-BSSH joint CME to be held on 27 February 2021 from 2pm to 8 pm IST.
- President Dr Ravi Mahajan congratulated Dr Praveen Bharadwaj for his contribution in academic team.

Dr Praveen Bhardwaj left the meeting.

# ISSHCON 2021 Organising Chairman's Report

Dr G Karthikeyan joined the meeting

- ISSHCON 2021 will be held in Chennai as an in person meeting with BSSH as the Guest Society..
- The conference will be held on 6,7 and 8 August of 2021.
- Venue will be Kences palm beach resort at Mahabalipuram.
- A formal announcement to this effect will be made in January 2021

Dr G Karthikeyan left the meeting.

#### ISSH Historian's Report

Dr. Vikas Gupta joined the meeting. He presented the ISSH Historian's report

- Historian team is working on creation of credible archives for ISSH History.
- · Past ISSH Presidents are being interviewed.
- By the end of January 2021, the interviews of past Presidents of ISSH will be completed.
- Dr Gupta Suggested that a place is needed for safe keeping of the physical archives and artefacts.
- Dr Pankaj Ahire suggested about ISSH office where we can keep ISSH archives. He
  told that at present ISSH secretary's address, Permanent secretariat's address and
  Trusts address all are different and it needs to be streamlined.
- Dr Ravi Mahajan suggested that archives can be kept in digitally in virtual form for the members to access while the physical artefacts may be maintained at the central office until ISSH has its own office premises.

Dr. Vikas Gupta left the meeting.

# Institution of Emperor Ashoka award

The EC thanked Dr. Somes Guha from USA for his generous proposal to donate USD 25000 for instituting Emperor Asoka Award for Excellence in Hand Surgery.

The institution of the award was accepted in principle by the EC unanimously.

It was suggested that ISSH should get all requisite permissions for receiving foreign donations.

#### It was resolved that-

The Managing Trustee of ISSH will get the requisite permissions from the statutory authorities for receiving foreign donation for ISSH. The Managing trustee is authorized to sign all necessary documents for this purpose. The managing trustee is authorized to complete all the processes for this purpose including but not limited to opening of bank account for this purpose.

Proposed by Pankaj Ahire Seconded by S Raja Sabapathy

#### • Guidelines for institution of Awards and Orations

Dr. S Raja Sabapathy and Dr. Ravi Mahajan suggested that we must have guidelines for instituting awards and oration in future.

Dr. Mukund Thatte suggested that we should do a small survey of past years foreign and Indian speakers and their podium time so that we are more aware of the average time allocations to Indian and overseas speakers during ISSHCONs.

#### It was resolved that -

Dr Pankaj Ahire will draft the guidelines and will circulate among the EC for modifications.

Proposed by Ravi Mahajan Seconded by S Raja Sabapathy

#### It was resolved that-

Dr. Pankaj Ahire will do this study to get the data as early as possible

Proposed by Ravi Mahajan

Seconded by S Raja Sabapathy

Any other matter with permission of the chair

Dr. Ajeet Tiwari suggested that we should have official what's app group exclusively for members so that we can discuss cases and announcements can be done.

Dr. Pankaj Ahire objected to the use of ISSH in the name of any unofficial group. Dr. Mukund Thatte suggested that such group predate the current idea and are largely our own members, we should not insist about removing the 'ISSH' from their name.

#### It was resoled that -

An official WhatsApp group of ISSH will be created. Dr. Ajeet Tiwari will lead this activity.

Proposed by Pankaj Ahire Seconded by G Balakrishnan

The meeting ended with vote of thanks by Dr. Pankaj Ahire

# **ISSH Donations**

ISSH has been steadily growing in strength in terms of membership. With more members joining ISSH each year, it is our responsibility to bring value to ISSH membership.

The value brought by academic privileges like Journal Subscriptions, Publication assistance, Fellowships, will strengthen our society with a large number of members enjoying these benefits.

Supporting education of young hand surgeons is a need which cuts across all national hand societies. All these activities need steady supply of funds.

ISSH requests its members to donate for this cause. Out of donations received, a corpus fund will be created from where funds would be spent on providing quality academic services to all members of ISSH. This could include, but need not be limited to subscription to journals of high repute.

#### Following are the categories of donation:

Platinum	Rs. 10,00,000		
Gold	Rs. 5,00,000		
Silver	Rs. 2,00,000		
Bronze	Rs. 1,00,000		

Members can make a recurring donation of small amounts which will be counted towards recognising their donation in above categories.

Non-members, Corporates, Business houses may also donate to ISSH and their contributions above Rs.5 lakhs will be suitably recognized in the ISSH records.

All donations made to ISSH trust are eligible for income tax deduction under section 80G of income tax law of Government of India.

Members can avail of ISSH merchandise when they donate to ISSH. The details of ISSH merchandise will be available on the website soon.



# **Fellowships:**

ISSH offers following Fellowship Opportunities to its members:

## Dr Robert Acland - S&T International Travelling Fellowship of ISSH

#### Number of Fellowships: 1

#### Terms & Conditions:

- o The applicant must have been a member of the ISSH for at least 7 years.
- He must have attended at least 3 annual meetings of the Indian Society for Surgery of the Hand in the past 7 years.
- o Past recipients of this fellowship are not eligible to apply.
- The applicant must be present & registered for ISSHCON at the time of announcement of the fellowship.
- The application, supported by a CV should be received by Email (<u>secretary@issh.org</u>) at least one month before the annual GBM or by 15<sup>th</sup> August of the respective year, whichever is earlier.
- The fund could be utilized by the Fellow for attending an International Hand & Microsurgery meeting to present a paper and / or spend a few weeks in a reputed centre with prior concurrence of the Executive Committee of the Indian Society for Surgery of the Hand.
- 50 % of the sum would be made available for the candidate before the departure.
   On completion of the Fellowship, the Fellow must send in a report to the
   Secretary, ISSH to become eligible for the disbursement of the remaining amount.
- The Overseas Traveling Fellow will make a presentation about his experience in the subsequent annual meeting when the award will be given.
- The applicant must be present in person & registered for the ISSHCON to receive the cheque of fellowship amount.

Awardee for the year 2018-19: Dr Anant Sinha, Ranchi India

To download Application Form click → https://www.issh.org/pdf/International fellowship form.pdf

Last date to apply 30th June, 2021

#### The ISSH inland traveling fellowship

is intended for young members of ISSH, for them to visit experts in the field of Hand Surgery within India. The duration has been fixed as minimum 3 weeks to ensure adequate opportunity for the fellow to have one on one interaction with the mentor. This ensures maximum benefit to the fellow from the experience of the mentor.

# Number of Fellowships: 2

#### Terms & Conditions:

- Applicant must be an active member of ISSH for at least 3 years.
- Should have attended at least one ISSHCON at the time of application.
- The application with the applicant's CV should reach the Secretary General by email by 31st July of the respective year.
- At the time of application, the applicant should have chosen the centre that he/she wishes to visit and a tentative concurrence been obtained from the concerned department.
- Once the selection is done, the successful applicants will be issued a letter of selection which he/she can use to obtain written confirmation from the department to be visited.
- The successful applicant must write to ISSH about the plan of fellowship
  - Centre to be visited.
  - Guide.
  - Proposed dates of fellowship (spanning 3 weeks) prior to undertaking travel).
- Upon completion of the fellowship the Fellow is expected to write a 200 words summary of his/her experience with one photo 4" x 6" (300 dpi - JPG file) and send it to ISSH office by email.
- The Fellow is expected to make presentation about his fellowship experience during the ISSHCON immediately following the fellowship completion.
- The presentation should be in digital projection not more than 5 minutes.
- The applicant must be present & registered for ISSHCON at the time of announcement of the fellowship.
- The applicant must be present in person & registered for the ISSHCON to receive the cheque of fellowship amount.

There were no fellowships awarded in the year 2020.

To download Application Form

Click → <a href="https://www.issh.org/pdf/Inland-fellowship-form.pdf">https://www.issh.org/pdf/Inland-fellowship-form.pdf</a> Last date to apply 30<sup>th</sup> June, 2021

# ❖ Venkata Bodavula Microsurgery Training Fellowship of ISSH

The association of Dr. Venkata Bodavula, Hand and Microsurgeon, St Louis, MI, USA, and our trustee Dr. S. Raja Sabapathy, has resulted in the initiation of the above named fellowship.

This would allow trainees who have shown a commitment to Hand and Microsurgery to undertake the one week long Microsurgery Lab Course at Ganga Hospital, Coimbatore.

There will be 5 fellowships awarded every year.

The fellowship will sponsor the course fee of Rs. 30000/- and the individual will bear the cost of travel and stay.

As per Dr. Bodavula's request the five fellowships will be named after his mentors.

- Late Dr. Vedula Satyanaryana
- Dr. Prof C. Raghuram
- Dr. Shaw Wilgis
- Prof. Michael Hausman
- Prof. David Chiu

The application needs to be only one. The candidates will each be given a certificate with the name of a surgeon in the order in which they come for the course.

The course runs from Monday to Friday and runs throughout the year. The awardees can take the course in a mutually convenient time after fixing up with Dr. S. Raja Sabapathy at <a href="mailto:rajahand@gmail.com">rajahand@gmail.com</a>

It is not necessary that all the selected candidates should come at the same time.

# **Eligibility**

Any trainee undergoing a course in Hand Surgery, or Orthopaedics/ Plastic Surgery with a demonstrated interest in Hand Surgery is eligible for the fellowship. For the purpose of clarity, the candidate must be undergoing any one of the following courses:

- FNB or M.Ch in Hand and Microsurgery
- DNB or M.Ch in Plastic Surgery
- DNB or M.S. in Orthopaedics

# **Method of Application**

We request ISSH members to identify suitable candidates and sponsor the nomination for the award. Since most of the trainees may not be members of the ISSH, we request ISSH members to identify deserving candidates and propose them by sending their CV with a letter of recommendation to Hon. Secretary, ISSH at secretary@issh.org

Selection of the candidate will be made by the committee consisting of - The President, ISSH, Hon. Secretary of ISSH and one trustee of the ISSH Trust. The fellowship is to be utilized within 1 year of the announcement of the results.

\* The trainee need not be an ISSH member. However the application must be made by an ISSH member recommending the trainee for the fellowship

\* All the five awardees will be chosen at once, but each one can complete the training Fellowship any time in next one year

#### The awardees for 2020 were:

1. C. Sravya, Hyderabad - Late Dr. Vedula Satyanaryana Prize

2. Dattatreya Sitaram, Manipal - Dr. Prof C. Raghuram Prize

3. Kommu Vijay Babu, Hyderabad - Dr. Shaw Wilgis Prize

4. Maneesh Sharma, Amritsar - Prof. Michael Hausman Prize

5. Muthu Kishore M., Bengaluru - Prof. David Chiu Prize

As per the last information, four awardees have completed their fellowship and the fifth one is underway at the moment.

Their Fellowship reports will be published in the Mid-year Newsletter.

The announcement for invitation for the applications for 2021 fellowship will be made through E mail and on the website of ISSH.

#### BSSH International Visiting Fellowship 2021

ISSH invites application from its Members for nomination for BSSH International Visiting Fellowship of 2021.

The selected Fellow from the ISSH will join three other Fellows from selected international hand societies to engage in a two-week visit of three different UK Hand Surgery Centres, allowing 3-4 days of learning and observing in each centre. The Visiting Fellowship will take place from Wednesday 25<sup>th</sup>August to Tuesday 7<sup>th</sup>September 2021 and culminates with complimentary registration for the BSSH Autumn Scientific Meeting (8th–10th September 2021) and attendance at the Society Dinner.

The Fellowship in 2021 will rotate between The Pulvertaft Hand Centre in Derby, The Hand Centres in Manchester, and the Hand and Wrist Service in Oxford. Travel and accommodation arrangements within the UK will be organised and paid for by BSSH on behalf of the Fellows. However, travel arrangements from and returning to the country of origin will be the responsibility of the Fellow.

If safe international travel is not recommended by the time the Fellowship is due to start, the successfully selected Fellow will retain the honour of the title 'BSSH International Visiting Fellow 2021' but the visit will not take place.

#### **Eligibility:**

Applicant should preferably (not necessarily) be 35 years of age or less as on 31<sup>st</sup> December 2020 and must have not participated in the program previously. Should be less than 5 years after Hand Surgery Training, Post Graduate Orthopaedic Degree or Plastic Surgery Degree. Members in the final year of National Board Fellowship Programme in Hand Surgery, Members in the last year of M Ch Hand Surgery training.

I request the desirous candidates to write to secretary@issh.org with following details.

- 1. Full name, Postal Address with PIN, Mobile, Email as per records of ISSH
- 2. Age proof
- 3. A 200 words essay narrating why ISSH should recommend you for this fellowship
- 4. CV
- 5. Rupees Ten Thousand (Rs10,000) as refundable application fee to be credited online into ISSH bank account. All rejected applicants will receive their deposit back. The selected fellow will get the deposit back only after completion of the fellowship.

#### Bank account details of ISSH:

Account Name: Indian Society for Surgery of the Hand

Bank & Branch: Bank of Baroda, Ghatkopar East Branch, Mumbai

Account #: 41810100000701

IFSC: BARBOGHAEAS (Fifth Character is Zero)

# Kindly complete this process before January 20th 2021, 2359 hrs.

All received applications will be scrutinised by a committee of ISSH Executive Council. Selected Candidate will receive confirmation of nomination and a recommendation letter on or before January 31st, 2021.

Once ISSH nominates the selected member for the fellowship BSSH office will communicate directly with them.

# **ISSH Pioneer in Hand Surgery Award**

From the year 2021 ISSH is instituting ISSH Pioneer in Hand Surgery Award.

This award is intended to honour a senior ISSH member who has made a distinguished contribution toward growth of hand surgery in India.

Here are the details and the first invitation for this award.

#### Process for ISSH Pioneer award:

#### Award:

Certificate & Medallion
20 minutes Podium Talk during ISSHCON

# **Funding:**

Expenses will be from the society account.





# **Eligibility:**

- 1. Age 65 years and living. This will not be a posthumous award.
- 2. In case an awardee passes away between the declaration of the award and the subsequent ISSHCON then his/her family will be invited to receive it.
- Should have contributed to growth of hand surgery by way of clinical practice, presentation of clinical work, training and mentoring hand surgeons, publication, innovation.
- 4. Should be a full member of ISSH for at least 20 years
- 5. Should not have received the award previously.
- 6. President, Vice President, Immediate past President are not eligible

#### **Process:**

- 1. Nomination by at least two full members of at least 10 years of good standing
- 2. Application by the nominating members with bio data of the nominee and a covering letter of 300 words as to why they consider him /her for the award.
- Applications to be evaluated by a selection committee consisting of the President,
   Vice President, Immediate past President and they would recommend their choice to the EC for endorsement
- 4. The selection committee may decide to not place any of the applications for the consideration of the EC. This may result in the award not being given in certain years.

5. The EC endorses or debates over the recommendation of the selection committee. The decision will be by 2/3<sup>rd</sup> majority either way. In case this cannot reached, the decision of the selection committee stands.

#### Time lines:

- 1. Invitation of nominations Early January through the newsletter
- 2. Last date to receive the nominations 4 weeks after the news letter
- 3. Selection committee to review all applications within 4 weeks approximately.
- 4. Final decision is reached during Midterm EC meeting
- The award is declared to the recipient immediately following the Midterm EC
  Meeting by the President over a phone call and subsequently in writing by the
  hon. secretary
- 6. The award is declared to the members of ISSH in the mid-year newsletter

#### Application:

- 1. On plain paper or by email
- 2. A recommendation each by the two nominating members with a note of 300 words as to why they think the nominee deserves the award.
- 3. The nomination should be as comprehensive as the applicant desire. However, it should at a minimum contain the detailed bio data of the nominee pertaining to his/her achievements in Hand Surgery.
- 4. The nomination should be accompanied by age proof of the nominee, ISSH registration number and year of joining, address for postal communication, email address, as well as the mobile phone number and a recent photograph
- 5. The nomination should be accompanied by ISSH registration number and year of joining, email & mobile phone number of both of the nominating members.

# **ISSH Foundation Day**

ISSH started as a Hand Club and on 15<sup>th</sup> August 1973 it was formally named Indian Society for Surgery of the Hand. The society was registered in Mumbai on August 23<sup>rd</sup> 1973.

The executive council of ISSH is pleased to confirm 23<sup>rd</sup> August 1973 as the first foundation day of ISSH and to announce that 23<sup>rd</sup> August every year shall be celebrated as Hand Surgery Day in India.

All members are requested to come forward to suggest ideas for activities on the Hand Surgery Day.

# **ISSH Trivia**

Members are encouraged to contribute to this section. Any non-academic contribution is welcome. It could be an interesting piece of information relating to hand or a piece of art, photography, satire, poetry, hobby, sport ... anything that will bring a smile

# <u>"The Hand of God"</u> − by Nilesh Satbhai

The "Hand of God" became a popular phrase in football and is still referred to around the world.

This phrase used by the Argentine footballer Diego Maradona to describe a goal that he scored during the Argentina v England quarter finals match of the 1986 FIFA World Cup. The goal took place on 22 June 1986, at the Azteca Stadium in Mexico City.

Maradona should have received a yellow card for using his hand and the goal disallowed. However, as the referees did not have a clear view of the play and video assistant referee technology did not yet exist. Hence, the goal stood valid.

Four minutes later, Maradona scored a second goal, known as the "Goal of the Century". Argentina won the game, with the final score of 2-1.

After the match, Diego Maradona stated that the goal was scored "a little with his head, and a little with the hand of God".



(Mexican photographer Alejandro Ojeda Carbajal immortalized this moment in a photograph in which Maradona can be seen hitting the ball with his hand)

Later in his autobiography 'Yo Soy El Diego' (published in 2000), Maradona admitted:

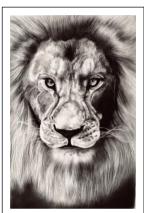
"Now I can say what I couldn't at that moment, what I defined at that time as The Hand of God. What a hand of God, it was the hand of Diego!"

(ISSH pays tribute to the football legend Diego Maradona, who passed away on 25<sup>th</sup> November 2020)

# Charcoal on paper – by Pankaj Ahire

The lockdown that followed the onset of Covid 19 pandemic gave us an unprecedented opportunity to explore ourselves and for some of us to revisit our younger selves. Presented with an unhindered time with paper and charcoal after nearly a gap of 25 Years, I decided to sketch again. I hope you all like it.







# **Notices:**

#### General Body Meeting:

General Body Meeting of the members of ISSH will be held on 2<sup>nd</sup> day of ISSHCON 2021, 1700 hrs. to 1900 hrs.

Venue: Welcom Hotel Kences Palm Beach, No 53, East Coast Road, Devaneri, Village, Mahabalipuram, Tamil Nadu 603104

In absence of quorum, the meeting will be adjourned and will be held at 1730 hrs. of the same day at the same venue, irrespective of the number of attendees.

Members are requested to quote their membership number on the attendance register. The same can be found on the website of ISSH.

Members who have applied for membership after the last GBM are not eligible to attend the GBM as their membership will be ratified only during the proposed GBM.

An Email notice will be sent to all the members whose Emails are updated with the ISSH. No physical notice in any form will be sent.

#### Election Notice:

3 posts of EC Members will be vacant this year on 31st December 2021.

2 of these will be upon completion of 2 years tenure as per the constitution and 1 which was held vacant to maintain rotation of two years. 3 vacant position of EC Member will be filled from among the desirous, eligible applicants.

If there are more than 3 applicants for these posts election by secret ballot will be held.

The Election will be held during and simultaneous with the GBM on 2<sup>nd</sup> day of ISSHCON 2021 between 1700 hrs. and 1900 hrs. at the Welcom Hotel Kences Palm Beach

No 53, East Coast Road, Devaneri, Village, Mahabalipuram, Tamil Nadu 603104

Only those members of ISSH whose names were in the members register at the time of this notice are eligible for voting.

Application for Election to the post of Executive Council member needs to be made in a prescribed form

Write to the <a href="mailto:secretary@issh.org">secretary@issh.org</a> to receive the Election Application form or Click here <a href="https://www.issh.org/announcement.php#">https://www.issh.org/announcement.php#</a> or visit www.issh.org

Last day to apply
Last day for withdrawal of application

30<sup>th</sup> June, 2021 15<sup>th</sup> July, 2021

#### Bids for ISSH Events:

Bids in a prescribed form are invited from the desirous, eligible members to be the Organisers for the following events:

# ISSHCON 2023 – 46<sup>th</sup> Annual Conference of the ISSH

Write to the <u>secretary@issh.org</u> to receive the bid form or Click here <u>https://www.issh.org/announcement.php#</u> or visit <u>www.issh.org</u>
Last Date to apply 30<sup>th</sup> June, 2021

#### ISSH Mid Term CME - 8th Mid Term CME of ISSH

Write to the <a href="mailto:secretary@issh.org">secretary@issh.org</a> to receive the bid form or Click here <a href="https://www.issh.org/announcement.php#">https://www.issh.org/announcement.php#</a> or visit <a href="https://www.issh.org">www.issh.org</a> Last Date to apply 30<sup>th</sup> June, 2021

# ISSH Basic Hand Surgery Course:

There is no restriction on the number of courses. The application can be made by contacting Dr Bhaskaranand Kumar, at least 3 months prior to the proposed date. There is no prescribed form currently.

# **Important Dates**

Announcement of Elections –

1st June, 2021

Deadlines for election to various posts of ISSH Executive Council

Application: 30<sup>th</sup> June,2021

Withdrawal: 15<sup>th</sup> July, 2021

❖ Fellowship Announcement:
1<sup>st</sup> June,2021

Application: 30th *June*,2021

Completion of Fellowships: Before ISSHCON 2022, Jaipur, Rajasthan

❖ Submit expression of Interest for ISSHCON 2023 30<sup>th</sup> June, 2021

❖ Submit Expression of interest for Midterm CME 2022 30<sup>th</sup> June, 2021

Submit Expression of interest for ISSH Basic Courses 2021

3 months before the proposed dates of the course

❖ SSHS Annual Meeting, Online 29<sup>th</sup>-31<sup>st</sup> Jan, 2021

7<sup>th</sup> Midterm CME of ISSH: ISSH-BSSH Joint CME Online 27<sup>th</sup> Feb, 2021

❖ ISSHCON 2021, Chennai, Tamil Nadu To be announced

❖ ASSH 2021, San Francisco, CA, USA 30<sup>th</sup> Sep-2<sup>nd</sup> Oct, 2021

# **Contact ISSH**

Official E-mail: <u>secretary@issh.org</u>
Official Phone: +91 982 789 1234

## Secretary & Treasurer

**Dr. Pankaj Nagesh Ahire** 10/404, Teak, The Orchard Residency, LBS Marg, Ghatkopar West, Mumbai - 400086, India.

Mobile: +91 9821467936 Email: drahire@hotmail.com

# Central Office of ISSH

# Dr. S. Raja Sabapathy

Department of Plastic and Reconstructive Surgery, Hand and Microsurgery, Burns and Maxillofacial Surgery Ganga Hospital 313, Mettupalayam Road, Coimbatore - 641 043. Tamil Nadu, India.

Phone No: +91 422 2485000, 499.

Email: rajahand@gmail.com