



ISSH

HastapRati

*Newsletter
of*

Indian Society for Surgery of the Hand

January 2023



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Messages by the EC Members



I wish all the ISSH members and their families a Very Happy New Year and hope 2023 will provide opportunities for reunions, fellowship and resumption of activities disrupted by the

pandemic. The well-organised Jaipur ISSHCON and the enthusiastic participation of members and their families during social engagements restored the happiness of physical meetings. The Indian Society for Surgery of the Hand will celebrate 2023 as the Golden Jubilee year and we are preparing to showcase achievements of the society and honour the ISSH leaders those who have contributed to our achievements.

It is a great honour that you have bestowed on me to lead the society as President of ISSH in the Golden Jubilee year. For me and many of my peers, this is an opportunity for reflection, and revisit ambitions and dreams that influenced our determination to train and practice as hand surgeons in India. The ISSH and its members have achieved a lot to be proud for and the future is looking good. I was enthused with the energy of younger colleagues during the last conference and impressed with the quality of service being provided by many.

The past three decades have established the credibility and inventiveness of Indian Hand Surgeons and we are proud of the ISSH's global presence. We have a lot many reasons to celebrate our achievements in the Golden Jubilee year and chart future course and goals for the diamond jubilee in 25 years. Priority should be to widen the network for Hand Surgery MCh training, establish hand surgery departments in teaching hospitals, strengthening services in district level hospitals and establish systems for triage and referral. These Health Systems Strengthening approaches are feasible as governments roll out health insurance schemes to the poor and underprivileged. The future flag bearers of ISSH and the next generation of hand surgeons have to step out of their comfort zone of clinical hand surgery and engage with societal issues that determine outcomes of care. The coming decades will require hand surgeons to acquire knowledge and

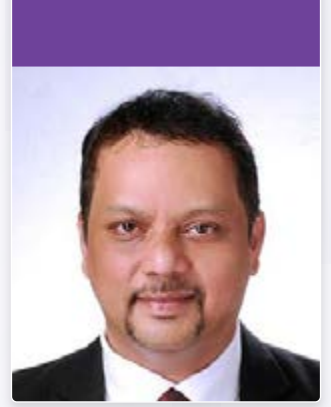
understanding to ensure access to 'minimum quality and equitable' care. Hand surgeons have an opportunity to become societal leaders, initiate conversation to remove barriers to care and thus participate in health care policy discourse. The golden jubilee year is an opportunity to deliberate on these issues beyond hand surgery textbooks and journals.

My Presidential theme for 2023 is 'Equitable and Minimum Standards of Hand Surgery in India'. Minimum standards and quality of care can be achieved by engaging with members to develop appropriate Standard Operating Protocols [SOPs] for common conditions. This will standardise decision-making and establish triage protocols. This activity has already begun under the leadership of Prof. Anil Bhat, our new ISSH Secretary. We hope to produce SOP for common conditions this year and establish a mechanism to document patient Quality of life outcomes. This exercise will provide a platform to compare practices and outcomes across the country. We need to demonstrate the impact of hand surgeons for reducing societal disability burden. Highlighting the economic benefits from a good hand surgery service will enable further healthcare funding in district and sub-district hospitals. It is my dream that hand surgeons in the coming decades will become leaders to reduce inequities and barriers to accessing minimum standard of hand injury and deformity correction services in India.

Innovation, task shifting and capacity building of surgical colleagues in specialities like general surgery and orthopaedics can provide solutions for timely access to hand surgery care in district and sub-division hospitals. Innovations for care delivery and improved access is the mantra for the coming decades. Our esteemed teachers have demonstrated such innovation. The red line for hand injury service in Stanley Hospital, Chennai and Hand splints from industrial waste in MGM Hospital, Mumbai are stellar examples. Friends, let us try and encourage innovations that can facilitate equitable access to hand surgery and rehabilitation in India. I look forward to engaging with you with your ideas, suggestions and initiatives in 2023 and beyond.

The secret of change is to focus all your energy on building the new – Socrates.

Since change is inevitable, the possible growth from this change should be towards positive outcomes. The Indian Society for Surgery of the Hand has always provided a vibrant platform to work towards such outcomes.



As I take on the post of Secretary and treasurer of our society for the next three years, I know how large a shoe I need to fit in. The immense good work done by the outgoing EC team led by Dr Pankaj Ahire and ably supported by the Presidents of his tenure, Dr Ravi Mahajan & Dr Mukund Thatte, has catapulted the society's vision and objectives to a completely new dimension. My task is to travel along this trajectory and to take our hand society towards achieving greater heights, starting with the Golden jubilee celebrations of the ISSH.

I have the vision to handhold every stakeholder of our society, both in an inbound and outbound direction. Reaching out to every state to conduct Basic hand courses is a dream I would like to follow. Reaching out to all the hand societies worldwide and engaging them for scientific exchange through webinars or as a guest society during our conferences is another big dream.

Research among our hand society members, initiated through the ISSH research wing, has resulted in many normative data projects, which was the President's theme of Dr Mukund Thatte. This endeavour will result in many future publications. A clinical practice guidelines project for common hand surgery conditions has been started, which will again be the first of its kind from our society for our members, this is in tune with our President's theme this year. I plan to continue this impetus towards research in the form of multicentric studies and developing national registry system for various hand pathologies.

I am glad to have a very dynamic EC team to help me achieve these dreams and the blessings of the entire ISSH executive council, including the Board of trustees, past and present President, Dr Santhosh Rath. I am committed fully to this opportunity of serving the members of our hand society in the capacity of Secretary and treasurer. This society is more of a family, and we will always strive to keep it that way.

Yours

Anil K. Bhat



Dear members of ISSH,

As the year 2022 draws to a close I take this opportunity to write my farewell letter. I took over virtually from Dr Ravi Mahajan due to COVID restrictions as the

first President to have a one-year term with a constitution amendment in 2019. I was happy to do so because I felt that with a rapid increase in membership, more members ought to get the opportunity to become President. So, although the new constitution was not passed, I felt I should adhere to the spirit of the law rather than the letter.

I am glad I did it. I therefore took over with two main agenda items on my plate.

To complete the rewriting of our constitution

To fulfil my vision of the Indian normative data project.

Our constitution was written in 1973 by the founder members, chiefly Prof SD Pandey the then faculty in Plastic Surgery at the JJ Hospital in Mumbai. With time it needed alterations to keep up with the 21st century. We embarked on this project in 2020 and in 2021 with help from Drs Ahire and Satbhai I prepared the first draft for the EC to consider. I am happy that in 2022 it was put before the members in a physical AGM and passed. No document like this is static and over time our members and office bearers will see the need to amend it. That is how it should be, and I wish them well.

The Indian Normative data project started with a spirited discussion between Prof MV Reddy, Prof Anil Bhat, and others on a popular Hand Surgery WhatsApp group regarding the dimensions of Metacarpal head and shaft in Indians and the appropriate implant size in 2021. While reading it I realized we do not have any Indian normative data, this is what spurred me to adopt this as my Presidential theme. I am glad to report that under the leadership of Prof Anil Bhat more than 15 units around the

country participated in several projects and we are now writing them up as individual papers, to produce a large body of data on the Indian normal.

I was hoping to see you all in Jaipur for ISSHCON 2022, unfortunately personal health issues prevented me from attending. I want to thank Dr Amit Vyas Dr. Girish Gupta, Dr. Narender Saini, Dr. Amit Mittal, Dr. Vinit Arora and Dr. Varsha Bundele under the guidance of Prof. Patni for putting up a great meeting along with the BSSH as guest society. My eternal gratitude for their efforts.

I want to specially thank my friend and colleague on the EC Dr. Pankaj Ahire for his stewardship as Hon. Secretary cum Treasurer. Without his help the constitution may have lingered for another year. He also kept all of us on the straight and narrow path of probity and a rules-based order. It was a pleasure to work with him throughout my tenure as President Elect and then as President. Prof. Anil Bhat is a worthy successor and will continue to provide leadership as our new Hon. Secretary cum treasurer.

Finally, my friends it has been an honour and a privilege to be your President. I welcome Dr. Santosh Rath as my successor and Dr. Rajendra Nehete as the President Elect 2024. I am sure under their leadership the ISSH has a bright future. I bid you a fond farewell and God willing hope to see you all in Chandigarh 2023.

Au revoir, Phir milenge

Mukund R. Thatte

President ISSH 2022



Honorable members of ISSH

Greetings from Chandigarh. I wish you all a very happy and prosperous New Year 2023. As our specialty grows, we need to raise awareness among the masses regarding the need to consult a hand surgeon early in the injury period. As we all know hand conditions due to trauma, tumor, birth defects, and burn injury result in great functional handicap leading to loss of days of work. The entire family suffers especially if it involves the young active earning members of the family. Therefore timely intervention, reporting to the right resourceful person is the key. We all really need to work hard to raise the awareness. We have to sensitize the public as well as the policy makers to create the manpower, training opportunities and centers equipped with basic and advanced treatment facilities. The nerve injury is a time bound surgery especially the brachial plexus injury, so timely diagnosis and referral to a hand surgeon helps a lot. Correction of secondary deformities, hand trauma sequelae, proper physiotherapy and overall rehabilitation helps these patients to bring back near normalcy and alleviate the burden on the earning members of the society. Apart from these information, education and communication, we as an association also progressed in the path of collecting the Indian normative data. We are also working for developing the clinical practice guidelines of many common clinical conditions especially in the Indian context so as to bring uniformity and standard of care across the nation. I hope these developments will place our hand society at par with other international fora.

We are going to organize the special edition of ISSHCON 2023, the golden jubilee conference at Chandigarh. We hope to live up to the expectations of all members to commemorate the great occasion filled with academics, fun and camaraderie with the theme of Innovate, Improvise and Evolve. I sincerely invite you all to participate, contribute and make the event a grand success.

Dr Satyaswarup Tripathy

Professor

Department of Plastic Surgery

PGIMER

Chandigarh



Dear All

I wish you a happy, healthy, and prosperous New Year

Moreover, there is a bundle of joy for us this year. We are celebrating the Golden Jubilee year of ISSH.

50 years and still going strong is an outstanding achievement and reflection of the strength and commitment of our community

This year is memorable for all of us and let's gear up to celebrate in grandeur. Also, it's time to pay our respect to the diligent leaders behind this successful

organization

Looking forward to the golden jubilee carnival

Happy 50th Anniversary

Dr J. Terrence Jose Jerome, MBBS, FRCS(Glasgow), DNB,(Ortho), MNAMS, FNB(Hand & Microsurgery),FICS, European Diploma in Hand Surgery, PGDMLE(National Law School)

Editor in Chief, Journal of Hand and Microsurgery,

Consultant, Department of Orthopedics,Hand & Reconstructive Microsurgery

Olympia Hospital & Research Centre,

Trichy

Dr. J. Terrence Jose Jerome - Executive Committee Member



Dear seniors, fellow hand surgeons and friends Warm greetings from IRRH & DPS Stanley medical college chennai

Covid pandemic made us to learn more things especially virtual meetings by which we can share the knowledge without physical meetings. Becoming a EC member in ISSH has been dream for me in couple of years which came true now.we need to improve ISSH membership and create awareness in public about hand surgery

We have to promote hand surgery as separate speciality especially in semi urban and rural areas with availability of specialist to avoid mismanagement of hand injured and Referral to tertiary care centre will be minimised. I am privileged to be EC member and I serve to improve society and fellow members in my cabapility.

I am happy to share you that we have started M.ch hand surgery two seats from this academic year and already students joined.

Thank you all

Dr Jeyakumar Ms Mch D Ortho

Senior Assistant Professor And Fellow In Hand Surgery Stanley Medical College Chennai.

Dr. Jeyakumar Periakaruppan - Executive Committee Member

Honorable ISSH members,

With your blessings and support, I worked as EC member at large for duration of 3 years. In these 3 years, we faced Covid-19 pandemic but we worked in same enthusiasm and momentum.

We worked for membership drive and encouraged many younger colleagues to join membership of ISSH. Now we are reaching close to 1000 members. Which is an indication of big association.

We worked as historian team to curate archives of history of ISSH. Which is now in stage of final printing.

Our web team worked hard in updating emails and mobile numbers of members. We create an official WhatsApp group by name of "ISSH OFFICIAL GROUP" and all the members are added in this group. This group is meant for sharing official information of ISSH and information regarding various events organized by ISSH or under aegis of ISSH. We also share articles or videos of journal club which is organized by editorial team.

We also started celebrating HAND SURGERY DAY on 21st AUGUST of every year. This day is celebrated based on presidential theme. In 2021 we celebrated based on IEC (Information Education Communication) and an awareness program regarding hand injuries conducted in various parts of country at different social platforms. In 2022, we celebrated this day on INDIAN NORMATIVE DATA. We surveyed a questionnaire of 20 questions about different sizes implant used for fixation of hand fractures of Indian population.

I was fortunate to work under leadership of Dr. Ravi Mahajan and Dr. Mukund Thatte sir. I must appreciate our secretary Dr Pankaj Ahire for his time-to-time suggestions and guidance. I learned a lot from our senior most trustees Dr. G Balakrishnan and Dr. S. Raja Sabapathy sir. Last but not least it would not be possible without cooperation of our fellow EC members.

It was an honor to serve for ISSH.

Wishing you all a happy 2022

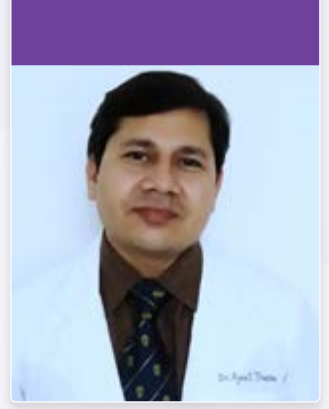
Looking forward

Warm regards,

Dr Ajeet Tiwari,

Kanpur,

Outgoing EC member





Dear all ISSH members,

First of all, I would like to thank all the members of ISSH Executive committee and colleagues for giving me opportunity to serve the ISSH.

As we all know our ISSH is very active on academic and research wing front since last 2 years.

ISSH is also providing lot of benefits to the members such as JHS AP subscription at a subsidized rate, monthly academic activities such as Sunday reads and journal club and access to hand.e.

Due to guidance of our past President Dr Mukund Thatte and Hon Secretary Dr Anil Bhat , ISSH research wing is helping all the members in doing the research work.

I would like to appeal all the members of ISSH to spread this word among our fellow colleagues for becoming member of ISSH. It will help them to learn new things and it will also contribute to increase strength of our society.

Thanks a lot.

Wishing all of you a very happy and healthy new year 2023 !!!

Dr. Amit Varade - Outgoing EC Member



Dear friends,

Warm Greetings and a very Happy New Year to all!

It has been a great honour and pleasure for me to serve as an EC member of the ISSH since 2020. I will be finishing my term at the end of December 2022. The last 3 years in the EC have been very special and productive for me. Understanding the functioning of the ISSH and working on several projects was a great learning experience for me.

. In August 2021, amidst the first wave of the pandemic, our team had celebrated and coordinated the first hand surgery day under the leadership of our seniors ISSH throughout India. I am happy to share that in August 2022 we started Hand clinic In AIIMS Bhubaneswar with the department of Orthopaedics,& PMR.

I've been extremely fortunate to be part of the ISSH EC in the last 3 years, thanks to all your blessings and the support of my teachers. I was privileged to work under the leadership of the President Dr Ravi Mahajan, Vice President Dr Mukund Thatte and the dynamic secretary Dr Pankaj Ahire, ably guided by the pioneers and visionary of Indian Hand Surgery, Prof GB and SRS. I have been extremely thankful to my colleagues in EC, and all others for their supp. I wish to thank our President Dr. Mukund Thatte, Vice President Dr Santosh Rath Secretary Dr. Pankaj Ahire, all the trustees and my colleagues in the EC for their cooperation and support during my tenure.

Long live ISSH..! Warm regards,

Dr. Sanjay Kumar Giri - Outgoing EC Member



Dear ISSH members,

First of all, thank you so much for your kind support in electing me as an executive council member. The last two physical meeting of ISSH in the form of midterm CME at Kochi and ISSHCON 2022 at Jaipur has reflected the standard quality of clinical work we perform. A large number of participants of ISSH members show how much we are proactive in learning and sharing knowledge. Kudos to the ISSH team who is doing a great job as different wings like research wings, academics team etc.

Injuries of the hand especially at the workplace and at home which are mostly preventable are not uncommon. This is because of a lack of safety measures, guidelines and awareness. As part of a new upcoming team we hope to come out with more IEC activities & awareness programs at the community level and by use of social media to educate the general public esp. industrial workers on the prevention of such injuries and about preservation & transportation of those injured limbs especially amputated limbs in case of amputation during injuries. Also, it is important to train the primary treating physicians about primary aid and proper referral to a hand surgeon.

Recognition of skilled hand surgeons (updated hand surgeons' directory) to manage such injuries primarily & at referral centre is also important. We are happy that more plastic surgery and orthopedic colleagues are taking interest in this specialty. But, we still believe that every district in the country should have a skilled hand surgeon in future.

We are already being recognized for our clinical work globally. We expect more participation and presentation of our research and innovations in the international forum. The upcoming 13th APFSSH in Singapore will be a great opportunity for all of us to present our work and learn from pioneers of hand surgery.

Apart from clinical research, younger generations should come up with more basic science research in hand surgery in the form of tendon healing, nerve regeneration and stem cells & growth factors in hand surgery that will complete all spectrum of hand surgery.

In the New Year 2023, the new team in the form of the president, secretary and new EC members will take up the charges. But we can't forget the contributions of our past president Dr Mukund Thatte and Dr Pankaj Ahire who has not only completed their tenure successfully but their contribution to our society will always guide and inspire us for the betterment of ISSH. At the same time, we are looking forward to a new team under the leadership of our President Dr Santosh Rath.

At the outset, we must give our best to save a hand and to restore its function because saving a hand leads to saving a whole life and each functionally saved hand contributes to the development of the nation.

"Lend a hand- save a hand- save a life"

Wish you all a very happy new year 2023.

Dr Raj Manas,
New Delhi,
Incoming EC member



With every new year comes a spring of hope, the scent of crisp ideas and the song of fresh aspirations. That belief of walking a bit further, that notion that we can still be better and that desire to be somehow flawless.

Our society has just been through the greatest upheaval of our times. Yet we have all emerged tougher at the other side of a long, gloomy tunnel. Maybe there are more such tunnels to come. May we continue to be resolute in the face of darkness in the coming year.

As a part of the Academics Team and the Research Wing, it seemed to me that we took on projects that were doomed to fail. Yet the ISSH fought on and delivered videos and journal clubs on time and without fail, compiled and fulfilled research projects that involved multiple institutions spread across our varied nation. Frankly, I feel dazed to have survived unscathed through all of that. May we strive harder against the apparently undoable in the new year.

Then there are those moments of humility when you grasp the long road that lies ahead. Attendance for ISSH events, online or physical, continues to be uninspiring. This is surprising when seen in the light of our ever-increasing membership figures. How we connect with this silent majority of members seems to be a major challenge for the future of our association. May we connect in unprecedented numbers in 2023.

Personally, it is a great privilege for me to don the garb of an EC member. That too in the Golden Jubilee year of the ISSH. A daunting yet exciting opportunity awaits the new EC, as the ISSH is poised to rise to greater heights than ever before. While recognising with gratitude the hard labour of the stalwarts before us, may we prove ourselves worthy of our promises.

Finally, may we together relish in peace the moments we have been blessed with. Happy New Year!

Dr Ajeesh Sankaran,
Incoming EC member



The year is very special to every Indians as we are celebrating Azadi Ka Amrit Mahotsav and ISSH is celebrating golden jubilee. It's a matter of great happiness and pride for me to write this message. First of all, I will thank the general body and ISSH members to elect me as an EC member of ISSH in 2022 Jaipur conference without any opposition. This is my first year of EC and takes time to understand working pattern of ISSH body and council. The dynamic secretary general Dr Anil Bhat and our team will work hard for society and we have fruitful agenda in our tenor.

Personally, I put forward my views as EC member firstly; we have an award for academic and non academic talent of ISSH members. Such an activity can be done in next ISSHCON and this will give motivation and encourages to young members.

I urge all members to actively participate in all the activities of the golden jubilee year of ISSH. Long live ISSH
Jai Hind..!

Dr Vijay Malshikare,
Incoming EC member

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Fellowship Calls

Dr. Mukund Thatte and family endowment International travelling fellowship guidelines.

The last day to receive the
Application is on or before
30th June 2023

Dr Mukund Thatte has instituted this fellowship for the young members of ISSH to avail an international exposure to Hand surgery . The fellowship carries an award of Rs 1,00,000.

Rules and regulations

Full Indian members of ISSH of 2 years standing and within 7 years of qualification are eligible to apply

Application should include

1. Recent passport sized photo.
2. ISSH membership number for qualifications and eligibility.
3. An essay of 500 words describing why he or she wants to travel and what skill set will be added by this fellowship.
4. A full CV with qualifications, experience, and publications.
5. A letter of acceptance for a minimum period of 4-6 weeks by the host centre abroad (either hard copy or official email).
6. A committee comprising of President, Hon. Secretary (both Ex Officio) and three senior members of the ISSH with academic standing will decide on the applications for the selection of candidate and whose decision will be final.
7. Marks will be given to a mix of experience, publications, and most importantly, the essay that shows the intent and whether the skill set sought to be acquired is suitable for India.
8. The awardee must submit a fellowship report and give a brief presentation in the ISSHCON after his or her fellowship program.
9. The award will be presented in the inaugural ceremony of ISSHCON.
10. 50% of the fellowship amount will be given upfront and 50% will be given immediately after submission of the report

Venkata Bodavula Microsurgery Training Fellowship - 2023

The last day to receive the Application is on or before
15th March 2023

ISSH is pleased to announce the starting of the following fellowship from the year 2020.

The association of Dr. Venkata Bodavula, Hand and Microsurgeon, St Louis, MI, USA, and our trustee Dr. S. Raja Sabapathy, has resulted in the initiation of the above named fellowship.

This would allow trainees who have shown a commitment to Hand and Microsurgery to undertake the one week long Microsurgery Lab Course at Ganga Hospital, Coimbatore.

There will be 5 fellowships awarded every year.

The fellowship will sponsor the course fee of Rs. 30000/- and the individual will bear the cost of travel and stay.

As per Dr. Bodavula's request the five fellowships will be named after his mentors.

1. Late Dr. Vedula Satyanaryana
2. Dr. Prof C. Raghuram
3. Dr. Shaw Wilgis
4. Prof. Michael Hausman
5. Prof. David Chiu

The application needs to be only one. The candidates will each be given a certificate with the name of a surgeon in the order in which they come for the course.

The course runs from Monday to Friday and runs throughout the year. The awardees can take the course in a mutually convenient time after fixing up with Dr. S. Raja Sabapathy at rajahand@gmail.com It is not necessary that all the selected candidates should come at the same time.

Eligibility

Any trainee undergoing a course in Hand Surgery, or Orthopaedics/ Plastic Surgery with a demonstrated interest in Hand Surgery is eligible for the fellowship. For the purpose of clarity, the candidate must be undergoing any one of the following courses:

1. FNB or M.Ch in Hand and Microsurgery
2. DNB or M.Ch in Plastic Surgery
3. DNB or M.S. in Orthopaedics

Method of Application

We request ISSH members to identify suitable candidates and sponsor the nomination for the award. Since most of the trainees may not be members of the ISSH, we request ISSH members to identify deserving candidates and propose them by sending their CV with a letter of recommendation to Hon. Secretary, ISSH at secretary@issh.org

Selection of the candidate will be made by the committee consisting of - The President, ISSH, Hon. Secretary of ISSH and one trustee of the ISSH Trust. The fellowship is to be utilized within 1 year of the announcement of the results.

* The trainee need not be an ISSH member. However the application must be made by an ISSH member recommending the trainee for the fellowship

* All the five awardees will be chosen at once, but each one can complete the training Fellowship any time in next one year

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ISSHCON 2022 Report, Jaipur



45th conference of Indian Society for Surgery of the Hand was organised on 6,7 & 8 October 2022 at Hotel Marriott, Jaipur. (Rajasthan) British society for surgery of the Hand was the guest society. In addition to surgeons from United Kingdom, surgeons from USA, Australia, Dubai, Bangladesh & Nepal were also there for the conference.

It was attended by 350 delegates including Hand Surgeons, Orthopedic & Plastic surgeons as well as hand therapists and trade partners.

ISSH office bearers Dr Mukund Thatte (President), Dr Santosh Rath (Vice President) and Dr Pankaj Ahire (Secretary) provided able leadership.

It was organized by Jaipur Hand Surgery association. Dr V. K. Pande (Patron), Dr Purnima Patni (Organizing Chairperson), Dr Narender Saini, Dr Girish Gupta & Dr Amit Vyas (Organizing Secretaries), Dr Varsha Bunde (Scientific chairperson), Dr Vinit arora & Dr Amit Mittal (Joint Organizing secretaries) and many Hand Surgeons from Jaipur had put their efforts to make congress successful. Rajasthan Orthopedic Surgeon's Association (ROSA) and Rajasthan Plastic Surgeon's Association had also put their efforts to make conference highly successful.

Inauguration was done by the teachers of the teachers Dr Ravin Thatte (Mumbai) & Dr V.K. Pande, (Jaipur) as Chief Guest, Dr Sudhir Bhandari Vice chancellor of Rajasthan University of Health Sciences (Guest of Honour).

Innovative workshop as evaluation of upper extremity pain and other case based workshops on lower end radius; hand fractures gave good start to the conference.

There were few sessions which were introduced first time in the history of ISSH: Dr Somes Guha awarded Emperor Asoka award to Dr S Raja Sabapathy. Interview of the president Dr Mukund Thatte by Dr Nikhil Panse where all learned Hand Surgery beyond the books.

All other session were enjoyed greatly by delegates as there was a lot of interaction and discussion over grey areas which were useful. Nearly 90 free papers were presented.

Dr Bharat Kadadi from Bangalore was selected for best paper award and Dr Ajin Adwin got best poster prize.

Musical night and cultural events were refreshing for the delegates.

At the end the conference was able to fulfill its theme of "interaction, incubation and innovation"





ISSH
Basic Hand Course Report,
Vijayawada

Under the aegis of Indian Society for Surgery Of the Hand (ISSH), Department of orthopaedics of NRI Medical college conducted ISSH BASIC HAND COURSE on January 20, 21st 2023. About 100 registrations had been done of which around 84 delegates had attended the two-day course.

We would like to thank ISSH Past President Dr Mukund Thatte, Past secretary Dr Pankaj Ahire, Basic hand course coordinator Dr Bhaskaranand kumar, Dr Anil K Bhat for guiding us to conduct the course first of its kind in Andhra Pradesh.

We would like to thank Dr Bhaskaranand kumar, Dr Anil K Bhat, Dr Ashwath Acharya, Dr Suresh Irrinki, Dr Bindesh, Dr Vasudev Reddy, Dr Gopinath Bandari for being the faculty.


After the course about 10 of the delegates enquired about the activities conducted by the ISSH to encourage young practitioners to perceive Hand Surgery and expressed willingness to join our esteemed society.

Dr Aashish Vallurupalli (IN0639)

MS Ortho, FNB Hand & Microsurgery

Organising Secretary of Basic Hand Course





Achievement
IFSSH Pioneer Award

In a proud moment for the ISSH, our former President, Dr. Bhaskaranand Kumar was recently awarded the IFSSH Pioneer award at the 2022 IFFSSH triennial Congress at London. Dr. BB Joshi, Dr. R Venkatswami, Dr. H Srinivasan, Dr. D Palande, and Dr. G Balakrishnan were the previous recipients of this prestigious award.

This award recognizes a pioneer of hand surgery education in India. He was instrumental in the development and promotion of Hand Surgery as a separate sub-specialty at Manipal. He played a major role in developing and popularizing the ISSH Basic Hand Courses which generated interest among the younger generation of Orthopaedic and Plastic surgeons toward Hand Surgery.

This had contributed a significant increase in the membership of the ISSH





List of Publications by ISSH Members

Articles published by ISSH Members

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Obituary:
Professor George A. Anderson



In Memoriam

Prof George A Anderson

MBBS, MS, DipNB, MNAMS, FRCS, FACS. (1950 – 2023)

Dr. GEORGE ALFRED ANDERSON (72 yrs), retired Professor & Head, Paul Brand Centre for Hand and Leprosy Reconstructive Surgery, Christian Medical College, Vellore, TN, passed away on 25th January 2023 after a long battle with cancer.

Prof Anderson joined CMC Vellore on 16 March 1978 for his Orthopaedic post-graduation and on completing his D Orth (1980) and MS Ortho in (1981) continued as Staff in the Department of Orthopaedics. He was made Surgeon in- Charge of the erstwhile Hand Research (HR) unit while working as Junior Lecturer in Orthopaedics Unit I. Dr Anderson was made head of HLRS (Hand and Leprosy Reconstructive Surgery) in 1982 and continued in that capacity until retirement in 2010, working during this long period with six successive administrations.

Prof Anderson transformed the Hand department from mostly Leprosy Reconstruction to Comprehensive care of the injured hand including peripheral nerve surgeries especially Brachial Plexus Injuries. He pioneered Brachial Plexus Surgery in India following his training under Hanno Millessi and AO Narakas of Lausanne, Switzerland and by 2004, had operated on more than a 1000 patients with

brachial plexus injuries. His competency in successfully handling the spectrum of Hand surgery received at this, the 1st hand centre in India, is also attributed to the systematic way in which he underwent training in the Liverpool University (during his MCh Orth course in 1988), Derby-England and Edinburgh-Scotland (for general hand conditions), St Gallen-Switzerland (for AO small skeletal fixation), and at Nuffield- Oxford and Northwick Park- Middlesex, UK (for micro surgery training).

His surgical wizardry is legendary with an extraordinary eye for detail in every type of surgical procedure that he does and would not accept anything less than perfection.. Assisting him and anticipating the steps that he required of every member in the team during surgical procedures was a stimulating experience for his colleagues and students. He always expected and managed to get 100% from his colleagues, trainees and Hand and Leprosy Physiotherapy therapy staff.

He was an excellent clinician and all his colleagues and trainees were always impressed by his clinical acumen. He was known as a hard taskmaster and this helped his juniors to sharpen their clinical and surgical skills under his tutelage.

Dr Anderson served also as an administrator at CMCH Vellore for the period between 1993- 1995 when he was a Deputy Medical Superintendent. His inseparable attachment to clinical and surgical responsibilities in the institution ensured that his full commitment was to the work within and through the unit.

He was also renowned for his sense of humour. This was amply demonstrated in the operating theatre when his assistants, nurses, and anaesthetists sharpened their ears to enjoy his comments, quips, puns and double entendre. He had a penchant for delivering a succinct comment or an aphorism to make his point and ultimately bring out the smiles in his colleagues and students. Daily ward rounds with Prof Anderson were the high spots in a junior colleagues' day. He took special delight in teaching PG trainees and junior colleagues even if it meant that it should be on the intricacies of clinical examination in arriving at the likely diagnosis to plan out appropriate care, and rounded off all clinical discussions by focussing on contemporary management. He untiringly pushed for the Hand to be recognised as 'the basic functional unit of human productivity' thereby wishing that his colleagues and trainees be overcommitted to go the extra distance in caring for any hand problem. He is artistic as well, as can be verified in the HLRS unit logo and HLRS signage that he designed, and the innumerable free hand sketches he made in the IP charts and operation notes of his patients besides the line illustrations in some publications.

During his tenure, the HLRS department was renamed as Dr Paul Brand Centre for HLRS in 2003 in honour of the founder of this unit. He started the Post-Doctoral Paul Brand Fellowship in Hand Surgery from 2000. Weekly Peer Review Meetings (PRM) was introduced in the HLRS unit to discuss and coordinate the best and ideal approach in the management of patients with complex hand and peripheral nerve conditions. The National Hand Surgery Course was founded by him to impart knowledge of contemporary Hand Surgery in the country with international and national faculty invited to speak and showcase their skills. He was one of the early members of CMC Vellore staff who was identified by the Haukeland University Hospital, Bergen, Norway in

1999 to set in motion the specialist training program for Ethiopian Doctors (for Hand Reconstruction at HLRS unit) in collaboration with Addis Ababa University, Ethiopia. He was a visiting Professor to many Universities abroad. His academic achievements include masterships and fellowships he had acquired earlier and the award of the Fellowship of the Royal College of Surgeons of England in 2010 in recognition of his yeomen work.

He has a number of publications and text book chapters to his credit. The chapter on Ulnar Nerve Palsy in the 5th edition of Greens textbook of Hand Surgery stands out as a monument of his descriptive and artistic skills. The diagrams in that chapter were actually hand drawn by him. Prof Anderson was a reviewer for the Journal of Bone & Joint Surgery (Br), Journal of Hand Surgery (Euro), Journal of Paediatric Orthopaedics (Br) and was the Chairman of the Hand Speciality section of Indian Orthopaedic Association (IOA) from 2006- 2010. He was awarded the Fellowship of the Royal College of Surgeons in 2008 for his excellence in the field of Hand Surgery. He retired from CMC Vellore on 27th August 2010 after over three decades of dedicated service in this institution and continued to work as a Hand Surgeon in Bangalore till he developed serious health issues in 2018.

His spouse Dr Selvamoni Anderson (ne Gurumanickam), an alumnus of CMC Vellore (Batch of 1966), OG Consultant in CMC and later in the UK and Salalah, Muscat, passed away on 1st November 2007.

Following his retirement, Prof Anderson made substantial financial contributions to the Hand Surgery department and CMC hospital following his retirement to be used for Microsurgery training and care of poor patients.

Dr Anderson remained a simple and God fearing person, and in his own words "always a missionary doctor at heart". CMC Vellore as an institution, the Department of Orthopaedics and especially HLRS unit Staff and students salute Prof. George A. Anderson for the dedicated work he has done as an academic clinician, and for the patients he healed and the students he trained.



Upcoming Events



KASTURBA MEDICAL COLLEGE
MANIPAL
(A constituent unit of MAHE, Manipal)



Department of Hand Surgery, KMC Manipal

cordially invites you to the

5th Annual INDO-US Hand Surgery Conference

(Under the aegis of ISSH)

18th and 19th March 2023

Theme: Common conditions in surgery of the upper limb

Venue: Dr. TMA Pai Hall 1st Floor, Kasturba Medical College, Manipal

Course Chairman

Dr Chaitanya Mudgal
 MGH, Boston, USA

Local Convener

Dr Anil K Bhat
 Professor & Head
 Department of Hand Surgery
 KMC, Manipal

Course Faculty

Dr Amit Gupta, USA

Dr Anil K Bhat

Dr Anirban Chatterjee

Dr Binu Thomas

Dr Chaitanya Mudgal

Dr Hitesh Shah

Dr Pankaj Ahire

Dr Ravi Bharadwaj

Dr Samuel Pallapatti

Dr Sathya Vamsi Krishna

Dr Shailesh Gupta

Dr Srinivas Rajappa

Dr Sudhir Warriar

Short crisp talks on Tendon injuries, Compressive median neuropathy, Wrist disorders, Paediatric & Spastic disorders, Cubital tunnel syndrome, Scaphoid non-union, PIP fracture dislocations

Edited videos in each session and Panel discussions after each session

Mudgal Oration
Dr Mukund Thatte
 Past President, ISSH

Kudav Oration
Dr Santosh Rath
 President, ISSH

Patrons

Department of Hand Surgery, KMC, Manipal
Kasturba Medical College, Manipal
Manipal Academy of Higher education


Local Organizing Committee

Dr Anil K Bhat, Professor & Head
Dr Ashwath M Acharya
Dr Mithun Pai G

Registration and website details

 <https://conference.manipal.edu/IUHSC2023/Program>

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Manipal Academy of Higher Education

Indian Society for Surgery of the Hand ISSH MID-TERM CME 2023



Theme : Hand Surgery - Past, Present & Future

ORGANISED BY:

Department of Plastic and Reconstructive Surgery
Sher-I-Kashmir Institute of Medical Sciences (SKIMS)
Srinagar, Jammu and Kashmir

VENUE

SKIMS
AUDITORIUM
SRINAGAR

DATES

5th-6th MAY
2023

PROGRAMME HIGHLIGHTS

Guest Lectures
Keynote Lectures
Panel Discussions
Surgical Video Session

Free Paper Session
Best Paper Award
Quiz in Hand Surgery



Welcome Message

Dear Colleagues,

Greetings from Kashmir- The Paradise on Earth!

It gives us immense pleasure to welcome you all to the ISSH Mid-Term CME 2023 to be held at Sher-I-Kashmir Institute of Medical Sciences (SKIMS), Srinagar on 5th - 6th May 2023.

Kashmir is a renowned tourist destination all over the world. Nature has endowed the valley with implausible beauty and is rightly called "Paradise on Earth". It is resplendent with stunningly beautiful gardens, lakes, and icy mountains. The beautiful scenes and the unspoiled nature provide such a mesmerizing view that a person feels that he has come into another world.

Its myriad tourist spots offer a great vacation experience. Besides the interactive occasion of the conference, you can be amused by the serene beauty of Kashmir.

We are exhilarated to welcome you to relish the traditional hospitality of the Valley. We are eagerly looking forward to welcome you in blooming Spring to enjoy this scholastic event and simultaneously be mesmerized by the natural beauty of Kashmir, and make this event a colossal success.

With Warm Regards

ISSH EXECUTIVE COUNCIL

- **PRESIDENT**
Dr Santosh Rath
- **VICE PRESIDENT**
Dr Rajendra Nehete
- **IMMEDIATE PAST PRESIDENT**
Dr Mukund Thatte
- **SECRETARY & TREASURER**
Dr Anil K Bhat
- **COUNCIL MEMBERS-AT-LARGE**
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Dr Jeyakumar Periakaruppan
Dr J. Terrence Jose Jerome
Dr Raj Manas
Dr Ajeesh Sankaran
Dr Vijay Malshikare
- **TRUSTEES**
Dr S Raja Sabapathy
Dr Bhaskarananda Kumar
Dr Ravi Mahajan

ORGANISING COMMITTEE

PATRON
Prof (Dr.) Parvaiz A Koul
Director SKIMS & EOSG

CO-PATRONS
Prof (Dr.) Bashir A Laway
Prof (Dr.) Adil Hafeez Wani

ORGANISING CHAIRMAN
Prof (Dr.) Sheikh Adil Bashir

SCIENTIFIC CHAIRS
Dr. Haroon Rashid Zargar
Dr. Altaf Rasool

ORGANISING SECRETARY
Dr. P Umar Farooq Baba

JOINT SECRETARIES
Dr. Mir Mohsin
Dr. Akram Hussain

TREASURER
Dr. Mir Yasir

REGISTRATION DETAILS

Online Transaction Details:

Account Name "HAND SURGERY MID TERM CME 2023"
Account Number "0342010200000057" J&K Bank, SKIMS branch
IFSC code: 'JAKAOSKIMSS'.
Payments can also be sent as bank draft in favour of 'HAND SURGERY MID TERM CME 2023' payable at Srinagar.
A copy of the draft / bank transfer Details should be sent by mail to Organizing Secretary

REGISTRATION FEES:

Delegates: Rs 6000
PG Students*: Rs 3000

*Certificate from HOD to be uploaded

HOTEL "THE DEWAN-BY ROYAL NAQASH"

SKUAST Road Shalimar, Shalimar, Srinagar, Jammu and Kashmir 190025
8.5 Km From the Venue

2-Night Stay	Rs 14000/
3-Night Stay	Rs 21000/

HOUSE BOAT "SHER-I-KASHMIR GROUP OF HOUSE BOATS"

Nageen Lake, Srinagar, Jammu and Kashmir 190023
6 Km From the Venue

2-Night Stay	Rs 11000/
3-Night Stay	Rs 16500/

Accommodation Details

Accommodation Details

TRAVEL AND ACCOMODATION DETAILS :

Mr M Ashraf: 9906563674
isshmidtermcme2023@gmail.com
umar.farooq@skims.ac.in

Conference Secretariat:

*Department of Plastic Surgery
Room #1333, First-Floor, SKIMS, Soura, Srinagar
Phone: 0194-2401013; Ext. 2060
Isshmidtermcme2023@gmail.com*





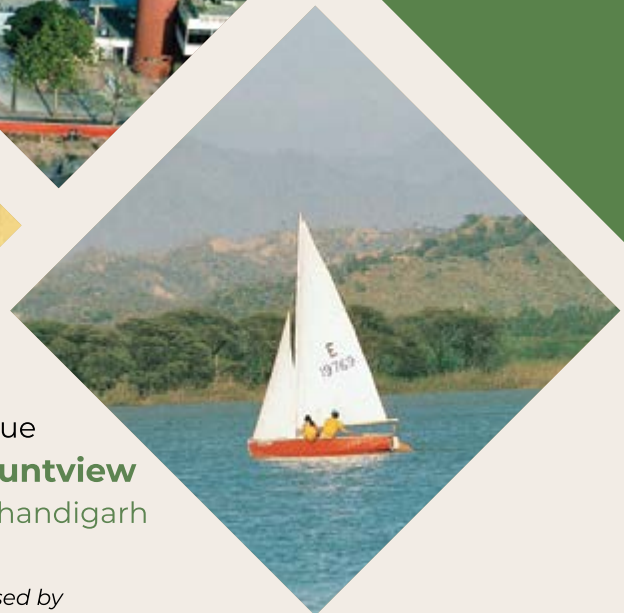
ISSHCON 2023

46th Annual Conference of
Indian Society for Surgery of the Hand

THEME

Innovate, Improvise & Evolve

8th - 10th September, 2023



Venue
Hotel Mountview
Sector 10, Chandigarh

Organised by
Department of Plastic Surgery
Postgraduate Institute of Medical Education & Research
Chandigarh

ISSHCON 2023

It gives us immense pleasure to invite you to the 46th Annual Conference of the Indian Society for Surgery of the Hand, "**ISSHCON 2023**" to be held at Chandigarh from 8th to 10th of September 2023.

Chandigarh, The City Beautiful is famous for its unique architecture, excellent shopping avenues, beautiful surrounding destinations and above all the ambience of warm hospitality.

As our subspecialty grows and evolves further, it becomes imperative to adopt a holistic approach towards the complete spectrum of the hand surgery with an attempt to learn the contemporary concepts and recent advances, hence the theme, "**Innovate, Improvise and Evolve**".

We are planning to invite the best of talent amongst us for Panel Discussions, Symposia, Orations and Guest Lectures with a view to resolve the controversies and challenges faced by all of us in clinical practice. We also intend to learn from your experiences and invite your contributions and views in an attempt to bridge the gap between theory and practice.

The conference will be held at "Hotel Mount View" which is a premium five star hotel in Chandigarh. It is also conveniently located near the PGI, Chandigarh.

Looking forward to welcome you all in September 2023 at Chandigarh.



Dr Atul Parashar
Chairman
Organising Committee



Dr Satyaswarup Tripathy
Organising Secretary



Dr Parmod Kumar
Chairman
Scientific Committee



Dr Sunil Gaba
Co-chairman
Scientific Committee



Dr Jerry R. John
Joint Organising Secretary



Dr Tarush Gupta
Secretary, Finance

www.ishcon2023.org

REGISTRATION DETAILS

	Early Bird Registration	Regular Registration	Late Registration	Spot Registration
	Till 10th February '23	Till 31st July '23	Till 31st August '23	From 1st- 8th September '23
Members	₹ 15000/- + GST = ₹ 17700/-	₹ 16000/- + GST = ₹ 18800/-	₹ 18000/- + GST = ₹ 21240/-	₹ 18500/- + GST = ₹ 21830/-
Non Members	₹ 16000/- + GST = ₹ 18800/-	₹ 17000/- + GST = ₹ 20060/-	₹ 19000/- + GST = ₹ 22420/-	₹ 19500/- + GST = ₹ 23010/-
Trainees	₹ 10000/- + GST = ₹ 11800/-	₹ 11000/- + GST = ₹ 12980/-	₹ 12000/- + GST = ₹ 14160/-	₹ 12500/- + GST = ₹ 14750/-
Accompanying persons	₹ 11000/- + GST = ₹ 12980/-	₹ 12000/- + GST = ₹ 14160/-	₹ 13000/- + GST = ₹ 15340/-	₹ 13500/- + GST = ₹ 15930/-

Registration includes: 1. Conference kit. 2. Lunch on 8,9 & 10 Sept. 2023. 3. Dinner on 8 & 9 Sept. 2023. 4. Access to trade exhibition. 5. GST @ 18% applied.

Bank Details (For Registration only)

Please send Cheque/DD in favor of "ISSHCON 2023", payable at Chandigarh.

Bank Transfer

Name of the bank : State Bank of India
 Account Name : ISSHCON2023
 Account No. : 41273478694
 Branch Code : 01524
 IFSC : SBIN0001524
 Branch Address : Medical Institute, PGIMER
 Sector 12, Chandigarh



Accommodation

Hotel Mount View, Sector 10, Chandigarh (Conference Venue)

Special ISSHCON 2023 Rates (Including GST)

1. Single Occupancy Deluxe Room: Rs. 5800/- per Night per person (Breakfast Included)
2. Twin Sharing Deluxe Room: Rs 3400/- per Night per person (Breakfast Included)
3. Double occupancy Deluxe Room: Rs 6800/- per Night (Breakfast Included for 2)
4. Twin sharing accommodation must be booked for minimum of 2 days (ie. 8th & 9th Sept. 2023)
5. Twin sharing accommodation for more than 2 days (ie. 8th & 9th Sept. 2023) will be provided subject to availability of sharing partner

Important: All payments, for booking accommodation at special ISSHCON 2023 rates, have to be done directly to Hotel Mount View through the account details given in the Registration Form.

HELPFUL INFORMATION

Venue

Hotel Mountview, Sector 10, Chandigarh (India)

Trade Show

Leading surgical and pharmaceutical companies would be participating in the trade show from 8th to 10th September, 2023 at the conference venue.

Climate

September is generally pleasant and the average temperature varies between 20° - 30°C.

Places of Attraction

Capitol Complex, Rock Garden, Sukhna Lake, Bird Park, War Memorial, Government Museum & Art Gallery, Le Corbusier Centre, Doll Museum etc. and much more.



Conference Secretariat

Department of Plastic Surgery
Room No. 44, 2nd Floor, D-Block
Post Graduate Institute of Medical Education and Research
Sector 12, Chandigarh 160 012 India

Registration Help Desk: +91 98555 41122 (Timings: 10:00 am - 5:00 pm)
Email : isscon2023@gmail.com

www.isscon2023.org

Contact

Secretary & Treasurer

Dr Anil K. Bhat

Associate Dean, Professor and Head
Department of Hand Surgery
Kasturba Medical College, Manipal
Manipal Academy of Higher Education
Email: secretary@issh.org

Central Office of ISSH

C/O Dr. S. Raja Sabapathy

Department of Plastic and Reconstructive
Surgery, Hand and Microsurgery, Burns and
Maxillofacial Surgery.

Ganga Hospital 313, Mettupalayam Road,
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Phone No: **+91 422 2485000, 499.**

Email: rajahand@gmail.com