



Newsletter, August 2016

# INDIAN SOCIETY FOR SURGERY OF THE HAND

## President

### Dr. Prakash Kotwal

All India Institute of Medical Sciences  
Ansari Nagar  
New Delhi – 110029  
Hospital - 011-26593341/26594519  
Mobile: +91 9868129599  
Email: [prakash.kotwal@gmail.com](mailto:prakash.kotwal@gmail.com)

## Vice President

### Dr. Ravi Gupta

Professor Orthopaedics,  
Government Medical College Hospital,  
# 3109, Sector 48 D,  
Chandigarh - 160047.  
Mobile :9646121592  
Email: [ravigupta2000@yahoo.com](mailto:ravigupta2000@yahoo.com)

## Secretary & Treasurer

### Dr. Rajendra Nehete

Vedant (Nehete) Hospital  
Shreehari Kute Marg,  
Near Mumbai Naka,  
Nashik 422002.  
Phone: (0253) 2313811 / 2576360  
Mobile: +91 94239 71725  
+91 98220 51900  
Fax: 91 253 2577481  
Email id:  
[rajendranehete@gmail.com](mailto:rajendranehete@gmail.com)

## Immediate Past President

### Dr. Patil V S

Hand Surgeon, 'Hand Clinic'  
537, Sadashiv Peth, Jondhale Chowk  
Laxmi Road, Pune - 411 030  
Hosp : 020 24459030,  
Res : 020 25655758  
Mobile 9422530601  
Email : [vs1941@gmail.com](mailto:vs1941@gmail.com)

## ISSH Trust

### Managing Trustee

### Prof. Balakrishnan G

83 , Mayor Ramanathan Road Chetpet  
Chennai - 600 031  
Hospital: 91-(0) 44-821559,  
044-28362555  
Email: [righthospitals@yahoo.co.in](mailto:righthospitals@yahoo.co.in)

### Members:

Dr. Bhaskaranand Kumar, Manipal  
Dr. S Raja Sabapathy, Coimbatore

## Executive Members

### Dr. Anant Sinha, Ranchi.

### Dr. Jiten Kulkarni, Aurangabad.

### Dr. Anil Mathew, Vellore.

### Dr. Praveen Bhardwaj, Coimbatore.

### Dr. Abhijit Wahegaonkar, Pune.

### Dr. Bhavuk Garg, New Delhi.

## Central Secretariat

Ganga Hospital, 313, Mettupalayam Road, Coimbatore-641043, T N  
website: [iss.org](http://iss.org) Email id: [isssecretariat@gmail.com](mailto:isssecretariat@gmail.com)



## Presidential Message, ISSH

**Dr. Prakash Kotwal**

The awareness about providing standard of care to the patients with hand injuries and other assorted problems of the hand has increased amongst the orthopedics surgeons, GPs and clinicians. The public at large has also recognized the specialty of hand surgery and would often like to consult a hand specialist for their hand related problems.

As a result of this increased awareness, more and more conferences/ symposia/ instructional course lectures and workshops on hand and wrist are being organized by various Associations/ Institutions and group of hand surgeons across the country.

The Indian Society for Surgery of Hand (ISSH) is also in the forefront in spreading the current knowledge / recent advances in the field of hand surgery.

The ISSH recently conducted a midterm hand CME at Aurangabad, with Dr.Jiten Kulkarni as its organizing secretary; and is preparing for holding its Annual Conference at Ranchi a few months later with Dr. Anant Sinha as the organizing secretary.

Apart from the various academic activities; the ISSH has fellowships for the budding hand surgeons.

I hope that the members would benefit from the various academic activities and thereby provide state of the art treatment to their patients.

Looking forward to meet you at Ranchi.

Prakash P Kotwal  
President, ISSH.



## Message from the Secretary

**Dr. Rajendra Nehete**

Dear Colleagues,

I consider it as a great honour to serve as the Secretary and Treasurer of our society for the next 3 years. I am happy to inform you that we have successfully transferred the ISSH account from New Delhi to Nashik. It took us a year to complete the formalities. Now it is in place and is active. Henceforth, it will be easy for Surgeons to become members of our association when they pay their subscriptions.

The future of the association lies in two things. One is increasing the active members of the association. I request all the members to encourage your colleagues from Plastic Surgery and Orthopaedic Surgery to apply for the membership of the association. The second is in improving the quality of presentations in the conferences. We need to take active efforts in being more scientific in the analysis of data and presenting it at the conferences.

It is our responsibility to educate new members and the aspiring hand surgeons. Since this year we have decided to organize the midterm CME in Hand surgery to create the awareness in the Hand surgery and to educate the aspiring hand surgeons at far of places. Dr. Jiten Kulkarni organized one these CME at Aurangabad on 30<sup>th</sup> and 31<sup>st</sup> July and it had excellent response.

Dr. Bhaskaranand Kumar had initiated the basic hand courses in Hand Surgery, but for some reasons these are not continued. I think we need to reactivate those courses. I appeal the members to come forward to organize these courses. The association will definitely support these activities and arrange for the faculty.

At present we do not have official journal publication of the association. There is provision in our constitution to have the publication in the name of "HASTH" To kick-start the publication we will start electronic circulation of the articles written by our members. This activity will be known as "e-Hasth". We will have the detailed discussion on this in the next general body meeting. I appeal the members to submit their articles like original papers, case reports, new ideas, to the secretary which will be reviewed by the committee and accepted for circulation to the members in electronic format and published on the website of ISSH. This will help our members to initiate writings and our senior members are ready to help to review this scientific material to be sent for publications to the indexed journals.

The next annual conference is close by and Dr. Anant Sinha, the organising chairman is very capable organizer. He is taking great efforts to put up a excellent scientific programme. Dr. Martin Boyer from US is being honored to deliver Dr. B.B Joshi oration while Dr. Goo Hyun Beak from South Korea will deliver Dr. Venkataswami oration. I am sure ISSH CON 2016 at Ranchi will be a great conference with excellent scientific content. I appeal all the members to register for the conference and come to Ranchi with family.

Finally I thank you for giving me opportunity to serve as secretary. I look forward to a proactive participation of all the members in the scientific sessions.

Looking forward to welcome you all on 15<sup>th</sup> Sept. in Ranchi.

Dr. Rajendra Nehete  
Secretary of ISSH

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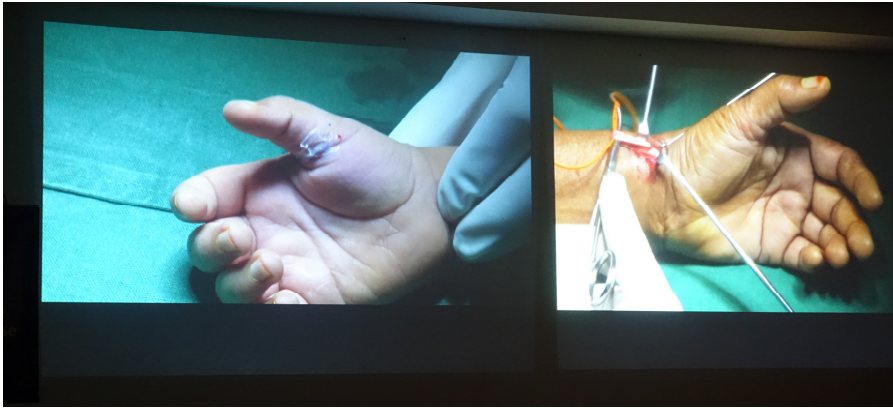
### Hand Surgery Courses

#### **Note on Ganga Operative Hand Course -2016**

We had 155 registrations for the Operative Hand Course and it attracted delegates from 14 countries. It was totally a 2 ½ day intensive course. 37 surgical procedures were demonstrated. It was a mixture of day to day procedures to complex procedures like 2<sup>nd</sup> Toe transfer to index finger reconstruction, brachial plexus surgery and major post burn reconstructions. Ganga Hospital faculty performed the procedures and we had an excellent feedback. At any time two surgeries were shown without any gap. This will be a yearly event and in alternate years we will be having international faculty.



Inauguration by Chairman & Managing Director of Ganga Hospital and Delegates



Clear simultaneous demonstration of two surgical procedures



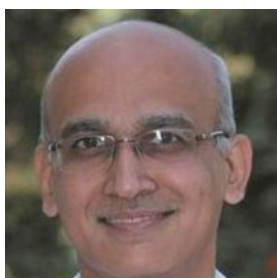
The conference had a very interactive audience

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### Mid-Term CME of ISSH

ISSH has got provision for partial sponsorship of a Hand Surgery CME by a senior member who takes the responsibility for conducting the event. The ISSH will provide sponsorship up to Rs.1,00,000/-. Those interested can apply to the Secretary Dr. Rajendra Nehete at [rajendranehete@gmail.com](mailto:rajendranehete@gmail.com). Dr. Jiten Kulkarni, Aurangabad agreed to conduct the Mid-term CME.

### Report of 2016 Mid-Term CME of ISSH.



**Dr. Jiten Kulkarni**

Greetings from Aurangabad.

ISSH Midterm Hand CME was jointly organized with the Aurangabad Orthopaedic Association, Aurangabad Surgical Society & M.G.M. Medical College, Aurangabad on 30th & 31st July 2016.

This was attended by 84 delegates including Plastic Surgeons, Orthopaedic Surgeons, General Surgeons & Vascular Surgeons. We had two guest lecturers & discussion on Saturday the 30th July at hotel Lemon Tree, followed by dinner.

ISSH President Dr.PrakashKotwal, ISSH Secretary Dr. Rajendra Nehete, Dr. S.Raja Sabapathy, Dr. Mukund Thatte, Dr. Samir Kumta, were the esteemed invited guest faculty.

On 31st July, the series of lectures for the entire day were held at Dyotan hall, MGM Medical College from 8.30am to 6.00pm., attended by 90 delegates from adjoining 7 districts. I am very pleased to inform you that the response to Mid –term Hand CME was very satisfactory.

The Maharashtra Medical Council approved the meeting for two credit points. **Also, we request you to kindly consider Aurangabad as the venue for the forthcoming ISSH.**

Dr.Jiten Kulkarni  
Dr.Mangesh Panat  
Programme Co-ordinators



Inauguration of Mid term CME of ISSH at Aurangabad



Participants at the Mid-term CME of ISSH, Aurangabad



Felicitaton of the speakers



## MINUTES OF THE GENERAL BODY MEETING OF THE INDIAN SOCIETY FOR SURGERY OF THE HAND

The General body meeting of the Indian Society for Surgery of the Hand was held in the Conference Hall at Hotel Sayaji, Indore on 26<sup>th</sup> September, 2015.

President Dr. Prakash Kotwal chaired the meeting. He was accompanied by the Secretary Dr. Vikas Gupta, Vice-President Dr. Ravi Gupta and Managing Trustee Prof. G. Balakrishnan on the dais. The executive committee members- Dr. Anant Sinha, Dr. Jiten Kulkarni, Dr. Pankaj Ahire and Dr. Praveen Bhardwaj were present in the meeting. Dr. Prakash Kotwal welcomed the members.

- Prof. G. Balakrishnan, Managing Trustee presented the details of the account for 2014-2015. The report was accepted by the general body.
- The members applauded Dr. S. Raja Sabapathy for his commendable efforts to contribute to the fund from the sale of Acland Books and surplus from the IFSSH-South Asian Regional Course in Hand Surgery held at Ganga Hospital, Coimbatore from 3<sup>rd</sup> to 5<sup>th</sup> July, 2015
- To increase the number of members in ISSH as reported to the International Federation of Societies for Surgery of the Hand to 250. (Presently in IFSSH records ISSH has only 100 members and we are paying only for 100 members). This will result in increase of the yearly fees and all the members unanimously agreed to increase the number of members and pay for the same.
- The general body also agreed to increase the funds of the Asia Pacific Federation of Societies for Surgery of the Hand to Rs.5.0 Lakhs.
- Secretary Dr. Vikas Gupta presented his report. His efforts to make all the communications paperless and hence decreasing the expenditures of the society were appreciated. Because of his efforts there were not expenditures for the society in last 2 years.
- Dr. Jiten Kulkarni from Aurangabad was assigned to do the Regional Course in Hand Surgery in 2016 after discussion among all the Executive Committee members and it was agreed upon by all the members. It was decided that Rs 1 Lakh could be issued to the organizing chairman of the regional course on his request to the society.
- ISSH, Mangalore - The Organising Chairman, Dr. Jagannath Kamath has paid Rs. 40,000/- (400x100 per delegate) to the society as per the rules. In addition he also paid an extra of Rs.1,00,000/- (Rupees One Lakh only). The organizing committee of Mangalore conference was congratulated for their contribution.
- The present Trustees of the society are Dr. G. Balakrishnan, Dr. Bhaskaranand Kumar, Dr. G. N. Malaviya. The chair bearers of the committee expressed that Dr. Malviya is unable to actively involve in the society activities and hence he could be replaced by Dr. S. Raja Sabapathy. It was unanimously decided that Dr. S. Raja Sabapathy will be trustee along with Dr. G. Balakrishnan and Dr. Bhaskaranand Kumar.

- It was decided by all the committee members to invite all the Past Presidents to the conference and the Organizing Team will give them complimentary registration.
- Inland Fellowship - There were 2 applicants for the Inland Fellowship this year – Dr. Parag B. Lad from Mumbai and Dr. Srikanth Verma from Hyderabad. Dr. Parag was selected based on better CV and seniority.
- Acland Travelling Fellowship – There were 2 applicants for this fellowship this year - Dr. Praveen Bhardwaj from Coimbatore and Dr. Nikhil Panse from Pune. Dr. Praveen Bhardwaj was selected based on better CV.
- There were 2 applications for Executive Committee member and there were also 2 vacant posts. Hence both the applicants Dr. Abhijeet Wahegaonkar from Pune and Dr. Bhavuk Garg from New Delhi were selected as Executive Committee Members for the upcoming term.
- ISSH Secretary Election– Secretary Dr. Vikas Gupta had completed his term this year. Applications were invited for the secretary post. There were 2 applicants – Dr. RajendraNehete from Nashik and Dr. Shailesh Gupta from Indore. Since both the applicants were keen to have election, it was decided to have an election during the General Body Meeting to elect the secretary.
- The election for the post of secretary was held and Dr. Rajendra Nehete was elected by majority by secret ballot. He was congratulated by all the members and Dr. Vikas Gupta is to hand over the secretarial documents and job to Dr. Nehete.
- The new account of ISSH is to be opened by Dr. Nehete at Nashik city or the Account in the bank of Baroda at Delhi to be transferred to Nashik city. This account will be operated by Dr. Rajendra Nehete, as secretary and treasurer of the Indian Society for the Surgery of the hand. The details of the present account at Delhi are as follows

Name of the bank – Bank of Baroda,  
Zamrudpur, New Delhi,  
IFSC Code BARB0ZAMRUD ,  
Account NO 41810100000701

- ASSH Visiting Professor for 2017 – American Society for Surgery of Hand has offered to send a Senior Hand Surgeon as Visiting Professor to India. Members could express their interest for hosting the Visiting Professor. The suggestions from the senior members of the society would be taken and if the professorship is approved the ASSH and the Visiting Professor will choose the places from where the offer has been made. The scheme envisages that the ASSH will cover the expenses of the overseas travel and inland travel and hospitality must be borne by the organizers.
- Dr. Pankaj Ahire expressed a desire to conduct a “Named Sessions” in his upcoming ISSH conference. This was objected by all other members and it was decided not to have any more “named sessions” in our society meetings. Though we could decide on a



name for our existing best paper and poster prizes. The Past Presidents could be consulted in this regard. If they agree upon a common name we could go ahead.

The meeting concluded with the vote of thanks by the Secretary Dr. Vikas Gupta.

President  
Dr. Prakash Kotwal

Secretary  
Dr Vikas Gupta

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### **Notice of the Meeting of the Executive Council of the ISSH-2016**

Notice is hereby given for the meeting of the Executive Council of the ISSH to be held at country club JSCA stadium - hall B at 7.30 p.m. on 14<sup>th</sup> September, 2016. All members of the Executive are requested to attend the meeting.

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### **Notice of the Meeting of the General Body of the ISSH-2016**

Notice is hereby given for the meeting of the members of the General Body of the ISSH to be held at country club JSCA stadium – Hall A at 6.00 p.m. on 15<sup>th</sup> September, 2016. All members of the ISSH are requested to attend the meeting.

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### **Election of Members to the Executive Council of the ISSH**

- 1. Two members for the Executive Committee**
- 2. Post of Vice-President**

A notice is hereby given for election of office bearers of the ISSH Executive Council. Members could be proposed and seconded for the following posts. The nominations should reach the Secretary of ISSH, Dr. Rajendra Nehete at [rajendranehete@gmail.com](mailto:rajendranehete@gmail.com) on or before 14<sup>th</sup> September, 2016.

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**40th Annual Conference of Indian Society for Surgery of Hand  
15<sup>th</sup> – 17<sup>th</sup> September, 2016  
Venue : JSCA International Stadium Complex, Ranchi - Jharkhand**



## **Welcome message from the Organizing Chairman**

**Dr Anant Sinha**

With great pleasure and pride, the undersigned invites all those concerned with hand surgery and management to the next ISSHCON 2016, to be held at Ranchi, Jharkhand. One of the fastest growing cities with industrial background, Ranchi awaits your participation on 15th, 16th and 17th September 2016. The protocol of a weekend conference has been modified. To ensure that our delegates do not miss their Saturday evening and lazy Sunday at home, we end at LUNCH on Saturday 17th. Our initiative has been welcomed by most and we wish to offer the best possible feast of academics, comraderie and fun. To break the monotony of a hotel, Country Cricket club, JSCA stadium would be the venue for our get together and the delegates with their families would be at their sportiest best with many in house tournaments planned out.

Pre and post conference tours are planned and the major attraction would be a visit to Bodh Gaya, Parasnath temple, waterfalls etc. Please visit our website [www.issshcon2016.com](http://www.issshcon2016.com) regularly for updates. The delegate fee has been reduced for a pocket friendly conference and our organizing committee of Plastic Surgeons, Orthopedicians, and Hand Therapists will ensure that you head home academically enriched with new ideas and a SMILE on your face. You can access the details on [www.issshcon2016.com](http://www.issshcon2016.com)

Regards,

Dr. Anant Sinha  
Organizing Chairman

### **ISSH Orations of 2016**

Established in the year 1998 and 1999 respectively, the orations in the name of Prof R Venkataswami and Prof BB Joshi have given us the opportunity to invite thought leaders in the speciality to be with us during the annual meetings. Over the years this has proved to be an outstanding feature of the Congress. This year is going to be no exception for we have two great surgeons delivering the orations



### Prof. R. Venkataswami Oration

Orator: Prof. Goo Hyun Baek, South Korea



### Prof. B.B. Joshi Oration

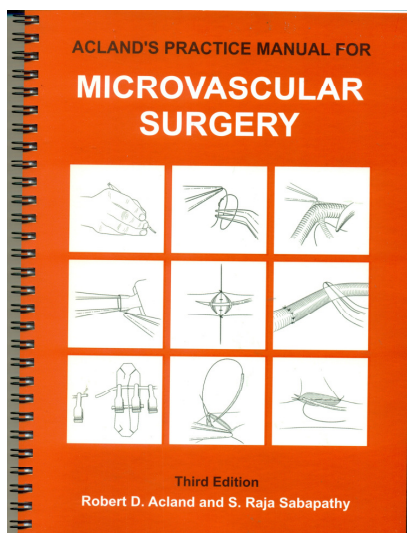
Orator: Prof. Martin I Boyer, USA

Title : Flexor Tendon Repair and Rehabilitation

## Fellowships of ISSH

### Dr. Robert Acland – S & T Overseas Travelling Fellowship

The Robert Acland and S & T Overseas Travelling Fellowship is intended for senior ISSH members who have shown a commitment to Hand surgery and are capable of projecting Indian Hand Surgery in an International forum. The corpus was built by the sale of the Manual of Microvascular Surgery, the copyright of which was donated to the Indian Society for Surgery of the Hand by Prof. Acland. The ISSH also thanks Mr. Markus Springler of S&T for making the overseas distribution possible.



Every year the sale proceeds of the book which is distributed by the Central Secretariat at Ganga Hospital is added to the corpus by the Trustee. Around **Rs 35 lakhs** has been total sale proceeds of the book so far which has been added to the corpus of ISSH.

The book can be bought by sending the request to Dr S Raja Sabapathy at [rajahand@gmail.com](mailto:rajahand@gmail.com)

The conditions of the award are given below.

Application could be sent to the Secretary by email at [rajendranehete@gmail.com](mailto:rajendranehete@gmail.com) by 14<sup>th</sup> Sept 2016.

### **Fellowship Guidelines**

1. Each year one candidate will be chosen for the Fellowship and it carries an award of Rs. One Lakh only.
2. The awardees must have done considerable work in Hand Surgery and must serve as an ambassador for Indian Hand Surgery.
3. The applicant must have been a member of the ISSH for at least 7 years.
4. He must have attended at least 3 annual meetings of the Indian Society for Surgery of the Hand in the past 7 years.
5. The fund could be utilized by the Fellow for attending an International Hand / Microsurgery meeting to present a paper and / or spend a few weeks in a reputed centre with prior concurrence of the Executive Committee of the Indian Society for Surgery of the Hand.
6. 50 % of the sum would be made available for the candidate before the departure. On completion of the Fellowship, the Fellow must send in a report to the Secretary, ISSH to become eligible for the disbursement of the remaining amount.
7. The Overseas Traveling Fellow will make a presentation about his experience in the subsequent annual meeting when the award will be given during the Inaugural Ceremony.
8. The selection of the fellow will be done by the Executive Committee of the Indian Society for Surgery of the Hand. ISSH Inland Fellowship Society for Surgery of the Hand for 2016. Application could be sent to the Secretary by email at [rajendranehete@gmail.com](mailto:rajendranehete@gmail.com) by 14<sup>th</sup>Sept. 2016.

### **Recipients of the Acland Fellowship**

### **Country Visited**

2009-10	Dr. Jagannath B. Kamath, Mangalore	Korea
2010-11	Dr. Bharath Kadadi, Bangalore	UK
2011-12	Dr. Anil K. Bhat, Manipal	Hong Kong
2012-13	Dr. Hari Venkatramani, Coimbatore	USA
2013-14	No Award	
2014-15	Dr. Abhijeet Wahegaonkar, Pune	USA
2015-16	Dr. Praveen Bhardwaj, Coimbatore	France, Spain

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## Inland Fellowship of ISSH

### Selection criteria for ISSH inland fellowship

1. Life member of ISSH
  2. Should have attended at least 2 annual ISSH meetings after full membership
  3. Identified the institution for attachment during the fellowship
  4. Minimum duration of 3 weeks
  5. Submission of utilization report
  6. Report to be presented at the annual ISSH meeting
  7. The EC can waive this requirement in exceptional circumstance only if the member submits in writing to the Secretary the reasons for not attending the ISSH annual meeting.
  8. Fellowship award will be presented to the applicant following submission of report Special offer of the official Journal of Hand Surgery of the Asian Pacific Federation for Surgery of the Hand to the members of Indian Society for Surgery of the Hand.
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## Note on ISSHCON 2015

### 39<sup>th</sup> Annual Conference of the Indian Society for Surgery of the Hand



Dr. Shailesh Gupta  
Organising Secretary  
ISSHCON 2015

ISSHCON 2015 was very well conducted by the team headed by Dr. Prakash Bangani as Organising Chairman and Dr. Shaliesh Gupta as Organising Secretary at Indore in Madhya Pradesh on 25, 26 & 27<sup>th</sup> September, 2015.

There were 223 delegates at the meeting. The meeting was both an academic and cultural success. Prof. P.C. Ho from Hong Kong delivered the BB Joshi Oration and the Prof. R. Venkataswami Oration was delivered by Dr. Fuminori Kanaya from Japan. All the delegates appreciated the personal attention and hospitality of the team actively led by Dr. Shailesh Gupta.

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### 41st Annual Conference of the Indian Society for Surgery of the Hand ISSHCON 2017, Mumbai



**Welcome message from  
Dr. Pankaj Ahire  
Organising Chairman**

" ISSHCON 2017, the 41st Annual Conference of Indian Society for Surgery of the Hand (ISSH), will be held in Mumbai on 21st, 22nd, 23rd September, 2017 at Hotel J W Marriott, Juhu, Mumbai, one of the top rated 5 star hotels in Mumbai, set on the iconic Juhu Beach, 6 km from the International Airport.

The Singapore Society for Hand Surgery (SSHS), will be the co-hosts for this meeting. Society for Hand Therapy, India, a dynamic group of Hand Therapist will hold its Annual Conference concurrently.

In keeping with the international trend the conference will be a 3 full days event on Thursday, Friday, Saturday. The conference starts with 8 simultaneous pre conference workshops, including 5 cadaveric workshops. The scientific content is built around the theme of the conference, 'Simplifying Hand Surgery'.

The following overseas faculty have confirmed their participation in ISSHCON 2017 - .Prof. Richard Gelberman, USA, Prof. Jayme Bertelli, Brazil, Dr Jeff Ecker, Australia, Dr Sumedh Talwalkar, UK, Dr Sunil Thirkannad, USA, Dr Sandeep Sebastin, Singapore. Many senior members of the Singapore Hand Society will also participate.

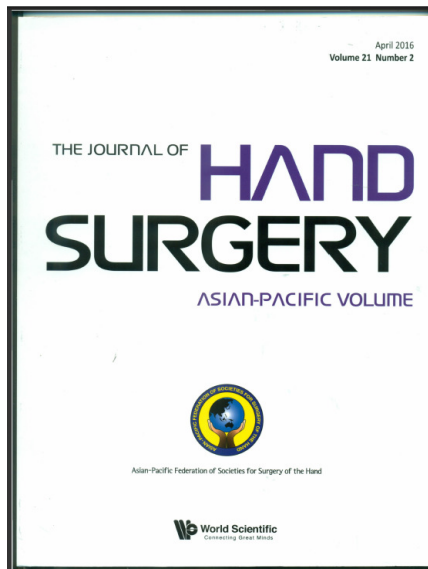
For details contact Dr. Pankaj Ahire at [drahire@hotmail.com](mailto:drahire@hotmail.com), (Mob: +91 98214 67936) [www.ishcon2017.com](http://www.ishcon2017.com)

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**42<sup>nd</sup> Annual Conference of the Indian Society for Surgery of the Hand  
ISSHCON 2018, Coimbatore  
7<sup>th</sup> – 9<sup>th</sup> September, 2018 (Provisional)**

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**Special offer of the official Journal of Hand Surgery of the Asian Pacific Federation for Surgery of the Hand to the members of Indian Society for Surgery of the Hand.**



The Asia Pacific Journal of Hand Surgery is getting a new look with enhanced number of pages and content. The new editor Dr. Goo-Hyun Baek has done enormous work for the same. For the year 2016 Dr. S. Raja Sabapathy has negotiated a special subscription rate for the members of the ISSH. The Subscription rate for 2017 will be Rs.4,500/- per year payable in the name of "Indian Society for Surgery of the Hand".

**The plan is to get all the issues to the central secretariat and courier them separately to individuals in India. In this way the reach will also get confirmed.** This will be possible only if we get sufficient number of members. For the year 2016 we had around 50 subscriptions.

The first two issues of the 2016 have been received and posted by registered parcel to individual subscribers from the Central Secretariat of ISSH at Ganga Hospital.

**The subscription cheque has to be paid in the name of “Indian Society for Surgery of the Hand”** and sent to the Central Secretariat of ISSH, Department of Plastic Surgery, Hand & Microsurgery, Ganga Hospital, 313, Mettupalayam Road, Coimbatore – 641 043.

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### ***Future Meetings***

- Indian Society for Surgery of the Hand (ISSH)  
Date: 15-17 September, 2016  
Venue: JSCA International Stadium Complex, Ranchi - Jharkhand  
For details visit Website : [isscon2016.com](http://isscon2016.com)
- Ganga Physiotherapy Course  
Date: 10-11 September, 2016  
Venue: Ganga Hospital, Coimbatore  
website: [www.gangahospital.com](http://www.gangahospital.com)
- 13<sup>th</sup> Biennial Congress of IFSSH-IFSHT  
Date: 24-28 October 2016  
Place: Buenos Aires  
For details visit [www.ifssh-ifsht2016.com](http://www.ifssh-ifsht2016.com)
- 11<sup>th</sup> Congress of the Asian Pacific Federation of Societies for the Surgery of the Hand  
Date: 7-10 November, 2017  
Venue: Radisson Blu Hotel, CEBU city, Philippines



- Indian Society for Surgery of the Hand (ISSH)  
Date: 21-23 September, 2017  
Venue: Hotel JW Marriot, Juhu, Mumbai
- Association of Plastic Surgeons of India Conference (APSICON 2017)  
Date: 14<sup>th</sup> – 19<sup>th</sup> November, 2017  
Venue: Kochi
- Indian Society for Surgery of the Hand (ISSH)  
Date: 7-9 September, 2018  
Venue: Coimbatore

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**Newsletter compiled and mailed on behalf of ISSH by**

**Central Secretariat of ISSH  
C/o Department of Plastic, Hand & Reconstructive Microsurgery & Burns,  
Ganga Hospital, 313, Mettupalayam Road, Coimbatore – 641 043.**