

ISSH



**JANUARY
2020**

NEWSLETTER

**INDIAN SOCIETY FOR
SURGERY OF THE HAND**



Compiled, designed & edited by:

Dr. Nilesh G. Satbhai



NEWSLETTER

January, 2020

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ISSH EXECUTIVE COUNCIL

Current ISSH Council Comprises of the Following

President:	From	To
Ravi Mahajan	1 st Jan, 2019	31 st Dec, 2020

Secretary & Treasurer: Pankaj Ahire	1 st Jan, 2019	31 st Dec, 2021
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President Elect Mukund Thatte	1 st Jan, 2019	31 st Dec, 2020
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Immediate Past President Ravi Gupta	1 st Jan, 2019	31 st Dec, 2020
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EC Members Nilesh G. Satbhai	1 st Jan, 2019	31 st Dec, 2020
Manoj Haridas	1 st Jan, 2019	31 st Dec, 2020
Amit Varade	1 st Jan, 2020	31 st Dec, 2021
Sanjay Giri	1 st Jan, 2020	31 st Dec, 2021
Ajeet Tiwari	1 st Jan, 2020	31 st Dec, 2021

Trustees of ISSH

Managing Trustee:
G. Balakrishnan

Trustees:
Bhaskaranand Kumar
S. Raja Sabapathy

The Trustees of ISSH Trust are members of ISSH Executive Council





Dr. Ravi Mahajan

President, ISSH



ISSH

Dear ISSH Members,

It is a great pleasure for me to be communicating with you, as my second year of Presidency starts from 1st January, 2020. We had very fulfilling academic year with a highly successful Mid Term CME in April 2019 at Manipal by Dr. Anil Bhat, Basic Hand Surgery Course at Trichy by Dr. Terrence and an excellent annual conference ISSHCON 2019 at Puri, Odisha. I would specially like to appreciate the great efforts of the organizing committee of ISSHCON 2019, led by Prof. A. K. Choudhary and Dr. S. K. Jena, for organizing the annual meeting at Puri inspite of the wide spread destruction caused by the cyclone Fani. Academic content as well as excellent hospitality at the conference were highly commendable.

In the coming year, we start the academic activities with strong presence of Indian contingent at APFSSH Congress in Melbourne with our own Dr. Raja Sabapathy taking over as President of the Asia Pacific Federation of Societies for Surgery of the Hand. Then in April, we will have Mid Term CME on “Hand and Wrist Surgery in day to day practice” being conducted by one of our EC Members Dr. Parag Lad in Thane. Our annual conference ISSHCON will be organised in September 2020 at Mahabalipuram under the dynamic leadership of Dr. G. Karthikeyan and the able guidance of Professor G. Balakrishnan. British Society of Surgery of Hand, being our guest society this year, will add a lot of value to the annual event and I urge all of you to attend this meeting in large members.



Following our annual meeting, we have another academic extravaganza lined up off the Indian shores. Thanks to the efforts of Dr. Raja Sabapathy and our secretary Dr. Pankaj Ahire, we have been invited as a guest society for ASSH annual meeting at San Antonio, Texas in October 2020. I again urge all of you to attend in maximum numbers and avail the discounted registration for ISSH members at this meeting.

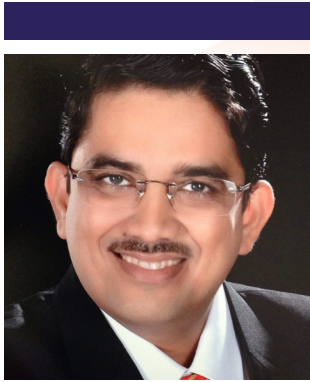
It is a matter of great satisfaction for me that “Hand Holding Programme” has been launched successfully and I am sure some of the junior colleagues will be able to make good use of this opportunity to help them in their endeavour to establish themselves as Hand Surgeons in their geographical areas. With the great efforts of Dr. Raja Sabapathy, ISSH Venkata Bodavula Microsurgery Training Fellowship have also been started for the residents which will be very beneficial for the budding hand and microvascular surgeons.

I thank all the members of the executive committee for the hard work put in by them under the guidance of our dynamic secretary Dr. Pankaj Ahire to carry out the activities of the society.

I wish a very happy and prosperous new year to all the ISSH members and their families.

Jai Hind.





Dr. Pankaj Ahire

Secretary & Treasurer, ISSH



Dear ISSH members,

It has been an immensely satisfying one year as Secretary of the ISSH.

We are now 750 members strong, though only about 300 members are in the loop of active communication. This underlines the need to differentiate between active members & inactive members so that the resources are better utilized for adding more value of ISSH membership. As a necessary step, ISSH should move to annual membership renewal model. We are working on this model and seek your cooperation for implementing it.

I also appeal members to donate to ISSH. We have a robust custodian of the funds in the form of ISSH trust. We need to invest in academics and education activities. It can only happen by giving back..... let's begin!

I have been a fortunate secretary, to be working with Dr Ravi Mahajan as the President. The young Executive council members are contributing like never before. I do see leaders of tomorrow in some of them.

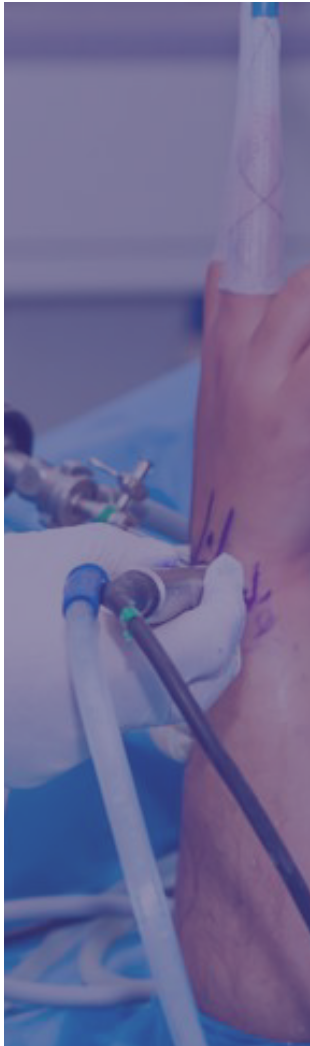
We are working towards streamlining of every aspect of ISSH, from Constitution to digital platforms. 2020 will see the revised edition of ISSH.

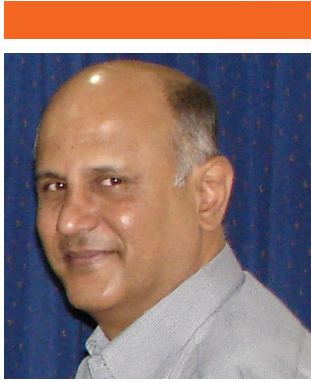
ISSH is poised for greater international presence... please be a part of it. APFSSH, Melbourne, Australia, March 2020; ASSH, San Antonio, USA, October 2020, are great opportunities for us to showcase our work at the international stage. We are forging strong ties with the Emirates Hand Group, the British Society for Surgery of the Hand, the American Society for Surgery of the Hand, the Singapore Society for Hand Surgery, Bangladesh Society for Surgery of the hand. A larger participation by ISSH members in international meetings will have a positive impact on our image at the international for a.

I request those who see themselves leading the ISSH in near future, to actively follow the functioning of ISSH for better transition of responsibilities.

I remain...

At the service of ISSH.





Dr. Mukund R. Thatte

President Elect., ISSH



Dear Colleagues,

It is an honour to be your President Elect. This year we will embark on our Constitutional amendment exercise. As part of that we are hoping to reduce the tenure of President to one year. Although this will not apply to my tenure retrospectively; I have decided to voluntarily offer to step down in one year to enable us to launch this initiative sooner rather than later. We will move a resolution to this effect in the AGM of 2020 for you to approve.

Last year I had requested a feedback on your hopes for ISSHCON 2021 in terms of content. Unfortunately, I have not received any inputs. I request you all once more to write to me at mthatte@gmail.com with your suggestions and thoughts.

I would like to continue the 'Holding Hands' programme initiated by our President Dr Ravi Mahajan, it really gels well with my thought process too. I would urge younger colleagues to make use of this initiative.

I will also concentrate on increasing the educational content of our website to make it a learning portal for our members, both young and old. ISSH ought to be the 'Go to' place for a Hand Surgeon wanting to learn something. Let us call it the 'Learn with ISSH initiative'

I hope to see you all in large numbers in the mid term CME at Thane and at the ISSHCON 2020.

Warm regards and best wishes



Prof. G. Balakrishnan

Executive Trustee, ISSH



Dear friends,

As an Executive Trustee, of ISSH, I wish all the members happy, prosperous and busy new year.

As you all aware we had a successful and academic mid term meeting at Manipal under the chairmanship of Prof. Anil Bhat and subsequently our annual meeting at Puri, Odisha. In spite of the nature's disaster the organising team under the chairmanship of Dr. Arun Choudhury conducted a enjoyable and academic meet.

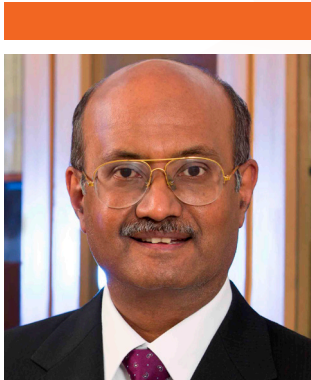
Last year we also had The 1st Indo-Japan Hand meet, organised under the aegis of ISSH, Indian Orthopaedic Association, Orthopaedic Association of South Indian States, Tamil Nadu Orthopaedic Association and Trichy Ortho club, at Tiruchirappalli, on 5-7th April 2019. This meet also had one day workshop on 'Hand to Junior Plastic & Orthopaedic colleagues'

On behalf of trustees, I wish to congratulate all the organising team. I look forward for similar good meetings both in Thane and Chennai. I take this opportunity to invite all the ISSH members on behalf of organising committee for both the mid-term meet at Thane and annual meeting at Chennai.

As far as the funds of the trust, we have a fixed deposit of Rs.1,03,80,000/- This year our president Dr. Ravi Mahajan has contributed Rs. 2,00,000/- towards 'Holding Hands' project, meant for senior faculty members of our association, to train junior colleagues. I am very glad to inform that the organising committee of the Puri, Odisha have liberally contributed Rs. 6,00,000/- towards the subscription for the Asia Pacific Journal of Hand Surgery to all the members attended at Puri.

At this juncture I request all the future Presidents and organisers of the future meetings to contribute more for the hand society trust to make it possible to have the international journals also as free subscription to the members.





Dr. S. Raja Sabapathy

Trustee, ISSH



The Value of being an ISSH Member - It is always getting better.

When we approach a young surgeon to become a member of a professional body, the first question asked is 'What do I get if I become a member?'. Personally speaking, I would say that we should recollect what John F Kennedy said years ago.

"Ask not what your country can do for you, but what you can do for your country."

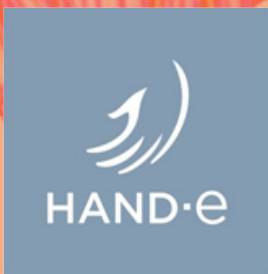
Similarly, if we all think as to how we could contribute to the ISSH, than just what we would get out of it, it would be wonderful. When we approach the memberships of professional bodies with that attitude, much more will come back to us than one could ever imagine.

Having been a member of ISSH for more than 3 decades I will say that the ISSH is in fantastic trajectory now. The leadership has vision and its goals are piloted by young people who think of the future. ISSH offers great value to the membership than ever before. I will list some of them.

1. When you attend the Annual meeting of the ISSH, members get more than they pay.

The 2017 Annual ISSH meeting at Mumbai organized by Dr Pankaj Ahire and the energetic team was a landmark meeting. Out of the surplus, we decided to provide annual subscription to the Journal of Hand Surgery of the Asian Pacific Federation to the ISSH members who attended the meeting. 136 of the 357 delegates qualified for the offer. This practice was followed after the Coimbatore Meeting of the ISSH in 2018. The 150 ISSH members who attended the Coimbatore ISSHCON were provided the bonanza of subscriptions to the Hand Surgery Journals of both the Asia Pacific and the American volumes. In addition due to the personal goodwill of Dr Martin Boyer, the then incoming President of the ASSH, the 150 ISSH members were given free access to the Hand e, the great online resource of Hand Surgery of the ASSH. In effect, the members got more than three times the value of the Registration fees they paid to come to the meeting.

We all realise that this will depend upon the surplus each conference makes but we are deeply committed to the cause of academics. The team of Odisha hand surgeons, who





conducted the ISSH 2019 need to be congratulated for their efforts, in spite of the cyclone which struck Puri, a few months earlier. Due to their contribution, this year again we will be providing free print subscription to the Asian Pacific Journal of Hand Surgery to around 130 ISSH members who attended the meeting. It is almost like getting the money back !!!

2. Stimulating Local talent through Global Connections

ISSH leadership realises the need to be globally connected.

ISSH provided opportunities for members to access the fellowships offered by various associations. Dr Terrence Jose was chosen for the ASSH International Fellowship. This offer made to ISSH provides a member free registration to the ASSH annual meeting and also a structured visit to about 5 centres in the US which they visit before and after the ASSH meeting This is likely to be an yearly opportunity

Two young surgeons, Dr Vivek Gosami of Lucknow and Dr Monusha, an FNB Hand Surgery trainee have been chosen for the APFSSH Developing Nations Initiative award. It provides Registration and Accommodation to attend the forthcoming APFSSH congress at Melbourne in March 2020. The offers are looked for by the leadership, announcements made to all and a very transparent method of selection is made.

3. Attracting bright Trainees to the Specialty - Dr. Venkata Bodavula Microsurgery Training Scholarship

ISSH realises that the future would rest on the talent that we attract to the specialty. That would also depend upon the exposure they get to see good Hand and Microsurgery during the training period.

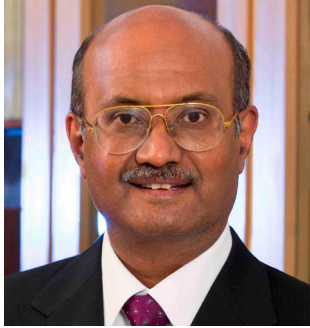
2019 saw the start of the initiative Dr. Venkata Bodavula Microsurgery Scholarships. Dr. Bodavula, hailing from Andhra Pradesh now works at St Louis, US with a busy hand surgery practice. In his quest to give back to the country, Dr Bodavula offered an yearly grant of Rs 150,000 towards sponsoring Five trainees for the week long microsurgery course at the Microsurgery Lab of Ganga Hospital, Coimbatore. ISSH members were requested to nominate their bright trainees (could be non members) in Plastic Surgery or Orthopaedics whom they consider will take Hand and Microsurgery as a career option. There was a good field of nominations from our members to choose from. As per the wish of Dr. Bodavula, 2 trainees from Andhra Pradesh and Telangana and 3 from rest of India will be chosen every year for the award. Dr. Venkata Bodavula has named the five scholarships after five of his teachers in Orthopaedics in India and the United States. The candidates have been selected and they would take the course in 2020.

12APFSSH/8APFSHT



11-14 March 2020 | Melbourne Australia
Hand Surgery and the Digital Revolution





We feel that it is a good initiative to 'catch them young', and we sincerely hope the awardees will become active members of the ISSH in future and contribute to the speciality.

4. 'Holding Hands' Project to nurture Hand Surgery

'Holding Hands', project, is the brain child of our ISSH President Dr Ravi Mahajan. This project aims to link a mentor with a mentee. The project will enable a senior surgeon (Mentor) to spend 4 to 5 days in the hospital or institution of a junior surgeon, teaching, demonstrating surgeries or helping to set up units. A list of willing senior surgeons have been drawn by the EC of the ISSH. Younger members can choose a mentor from the list Secretary of the ISSH. Every year our President, Dr Ravi Mahajan has assured to provide a sum of Rs 1 lakh to this project to fund the travel costs of the Mentors. Local hospitality will be borne by the Mentee Hospital.

We would consider this as an unique project. It will start from the year 2020 and probably will serve as a model for other association to follow

5. ISSH Sunday Reads

This is a personal initiative of our dynamic secretary Dr Pankaj Ahire. Dr Ahire selected classic articles ever published in Hand surgery and on every Sunday morning had it sent to the e mails of all the members. He did it with remarkable consistency (as consistent as sunrise!) and recently completed 52 issues. Popularly branded as 'Sunday Reads', they form a treasure house of information. It is important that every trainee dips himself in this pool of knowledge. I personally found it interesting and very educative. It is a spontaneous effort of an individual and shows what one can do for the society provided they are willing.

6. Academic Cell of the ISSH

ISSH leadership felt that to make the society relevant to the membership, there must be yearlong activity. An academic cell was created under Dr. Praveen Bhardwaj, with the brief to periodically compile articles of interest to all the hand surgeons. Even though all material is available in the web, the issue is to decipher the chaff from the grain. Dr. Praveen Bhardwaj assisted by many young trainees and surgeons compiled 20 monographs on various topics. Each goes from History to the recent advances and they are a must read for every hand surgeon. A separate logo was created by Dr. Latheesh, another young surgeon.

They are loaded in the website and is freely available to the members in the members only section.



ISSH ACADEMICS



7. Welcoming Guest societies and ISSH being a Guest Society at the ASSH, 2020

ISSH had earlier invited British Hand Society to join as the Guest nation during its annual meetings. Now the leadership has increased its frequency of linkage between the other nation societies. In 2017, at the Mumbai meeting we had the Singapore Hand Society as the Guest nation. Year 2020 will be a remarkable year for the ISSH. We will be welcoming British Society for Surgery of the Hand as the Guest Nation for the Chennai meeting (11th - 13th September 2020).

For the first time in the 75 year history of the American Society for Surgery of the Hand, Indian Society for Surgery of the Hand has been invited to be the Guest nation for the Annual meeting of the ASSH to be held at San Antonio from October 1 - 3, 2020. Dr. Martin Boyer, President of the ASSH, has offered to have the Indian National Anthem played during the inauguration if we could muster a strength of 75 members attending the meeting. Such an offer has never been done to any society before, even when more delegates have come the Guest society. Join in. Let us sing the Indian National Anthem at San Antonio. You could say that you also made it happen.

For being the Guest Nation, ASSH has offered concessional registration fees and other offers. Our secretary has been regularly updating members and you can contact our secretary Dr. Pankaj Ahire for details.

Regionally ISSH feels that we need to make our presence felt and that could only be academic contributions. Dr Pankaj Ahire participated in the International Orthopaedic Advanced Course - Hand and Wrist at the invitation of the Emirates Hand Society. We are exploring the ways of increasing the collaboration with our colleagues in the Gulf region.



BSSH

The British Society for
Surgery of the Hand



8. An efficient and responsive Secretariat

Our members could be proud of the Secretariat run by the Secretary with the help of the EC members.

a). The website is frequently updated, all queries are answered. A 'Members only' section has been created and into which important things like the 'Academic cell' activities, Sunday reads are all put in.



b). An App has been created which would allow members to access the ISSH activities and the website 'on the go'. It will allow members to contact all fellow members in a seamless fashion. Allows them to update their status. It allows to access video recordings of conference proceedings. Based on the telephone number registered with the ISSH database it can be activated by a link provided by ISSH and is with good access control.

c). We continue to have the Central Secretariat at Ganga Hospital, which helps us to get the journals in a lot, for concessional price, helps in repackaging and sending them to our members.

d). ISSH will probably become one of the few professional medical associations where future members will pay a yearly subscription. ISSH wishes to have active members who would attend conferences, participate actively in academic activities. Having a larger section of 'inactive', members makes it difficult to enlarge the scope of the activities and member benefits.

9. Maintaining a healthy bottom line and looking for ideas to be useful to members

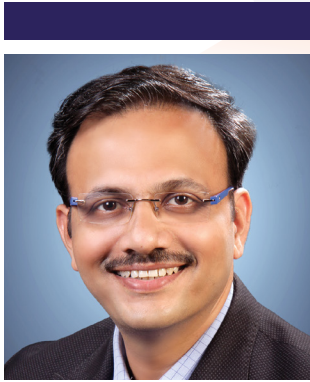
ISSH is maintaining a sound financial health, thanks to the prudent use of the resources by the Managing Trustee, Dr. G Balakrishnan. The Acland International Travelling Fellowship enters the 11th year. A sum of Rs 100,000 is provided every year for a member to undertake a study tour. We have augmented the value of the National fellowships. While we understand that a good balance in the bank comforts the mind, ISSH is also constantly looking for good ideas to spend the money for the benefit of the members. As a new member you can be rest assured, that every rupee you contribute goes a long mile towards spreading Hand surgery in our country.

10. A great team working together

For a long time, routine work used to be done only by the Secretary and the President. Now a system has been set up so that every EC member takes up a responsibility. A good example is this very newsletter which has been compiled by Dr Nilesh. So as a new member coming in you will have ample opportunities for putting in your contributions. In this way we are changing the role of the association from a forum for running the annual conferences to year long engaging work.

Welcome to ISSH. I request our ISSH members to pass it on potential members and get them join the journey.





Dr. Nilesh G. Satbhai

EC Member



Dear friends,

Greetings from Mumbai!

It has been an exciting first year for me as an EC member of the ISSH.

- **ISSH Stall and Membership drive:**

At ISSHCON 2019, Puri, we set up and ran the ISSH stall for the first time. This will now continue as a regular ISSH activity at all ISSHCONs.

An educational video was created for awareness about ISSH and the advantages of membership. This helped tremendously in the membership drive. Our efforts towards the membership will continue this year as well. A lot of thought and effort has been made to have significant value addition to the ISSH membership.

- **ISSH official merchandise:**

I had proposed and designed several items to be made available to all the ISSH members, at a nominal cost, as the official merchandise of ISSH. These were discussed at the EC meeting and will soon be released on a larger scale.

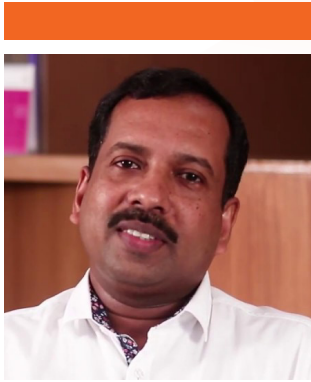
- **Social media and advocacy:**

We are now in the process of creating a presence of the ISSH on the social media. This is extremely important to reach out to our members and also the society in general. We are also in the process of creating patient education material, that will educate the patients and enable them to choose a Hand Surgeon wisely.

Stay tuned for more...

Wishing a very Happy and Prosperous New Year 2020 to you and your family..!





Dr. Manoj Haridas

EC Member



The guiding principle in Hand Surgery is to gain optimum function followed by cosmesis, in the minimum possible time and expenses involved. This entails application of the simplest, yet most effective and time-tested procedures followed by entrusting the patient to our own hand therapist, to carry out the required therapy which has been clearly briefed to the patient at the outset prior to the surgery. This can be considered like the 3 sides of an equilateral triangle where one side is the surgeon, one side the patient and third side the therapist, each side is of equal length, each side meets each other and apply equal efforts to strike the winning formula.

Way back while I first learned car driving, the driver who taught me who was not more literate than just 10th passed, told me, whenever you have a doubt while driving, immediately apply the brakes and stop the vehicle. This, I consider was the success mantra to a beautiful driving experience lasting more than 30 years with no claim insurance. Similarly, the success mantra in the surgical field or any field of medicine is whenever you are faced with a patient problem, if we could imagine, what we will do for ourselves or for our dear and near ones when faced with a similar situation, the same we have to give for the patient too. This almost always ends up in success.

We are all convinced that conservative or non-interventional methods are well known to give early functional results than intervention on many occasions. It's a pity that many such non interventional or semi interventional procedures are less known among us perhaps because we are all driven towards the thrill of complex procedures requiring large learning curves and skills, which gives us more immediate satisfaction of having done the procedure and to share it among our colleagues and groups.

A simple example can be stated by the management of





comminuted juxta or intra articular basal metaphyseal fractures of the proximal phalanx, which evokes a special situation like 1) inaccessible area between the adjacent MCP joints for successful wiring 2) impalement of the lateral bands while intervening 3) need to keep MCP flexed while fracture healing 4) juxta articular nature leading to MCP stiffness and functional compromise imminent with many interventional procedures with a large learning curve and a small margin for human error. These fractures still remain a functional challenge.

When faced with such a scenario, using basic principles and non-interventional methods like Zimmer splint in which, nature's forces through fixed nail plate traction for fracture to settle down till it becomes sticky in functional position followed by early ROM exercises can almost always bring excellent functional results. But, surprisingly if we look at the literature there are only a few articles about this technique, which has the least learning curve and margin for error but the maximum functional return in such a difficult clinical scenario.

It's a clear indication that more complex and interventional procedures are only thought of when faced with a clinical scenario which ultimately fails to give full function and might skip our attention as it is dealt with by the therapist and the patient.

To avoid such scenarios, let's have a motto, SIMPLIFY SURGERY - MAGNIFY MOTION

As our guiding thought process before dealing with any case so that we find ultimate function irrespective of the procedure to call hand surgery as "FUNCTIONAL HAND SURGERY".





Dr. Amit Varade

EC Member



I am practising as an exclusive hand surgeon and I consider ISSH as parent society. I want to contribute for betterment of the society by sincerely working as per the instructions and guidelines given by office bearers.

Goal - To encourage young orthopaedic and Plastic Surgeons to develop interest in Hand surgery and develop themselves as an exclusive Hand microvascular surgeon.





Dr. Sanjay Giri

EC Member



ISSH

ISSH is academically and structurally very strong so, I take responsibility of work given by President, Secretary and other senior members of ISSH to do it in time. Awareness and propagation of motto of ISSH in the society to facilitate the care of injured hands. Concept of Hand injury, prevention and management is negligible in this part of country. So I will try to prevent by making concept of Hand Surgery.

My vision is : First to make one well organized Hand unit which will consist of Plastic Surgeon, Orthopedic Surgeon and Physiotherapist.

To increase the number of members of Hand society.

As AIIMS is autonomous I will try to start one-year course of Hand Fellowship in our institute, with the help of ISSH.

I will do one mid-term CME in our institute for better education of peripheral surgeons to take care of injured hands at initial level before reaching to tertiary care center and will also help in post graduate teaching.



Dr. Ajeet Tiwari

EC Member



It's a matter of joy & pride for me to write this message.

I would like thanks to general body and ISSH members to elect me as an EC member of society unopposed which really showed spirit of ISSH family. My sincere thanks to Dr. Biswajit Mishra for his sacrifice and giving us opportunity to get elected unopposed.

I am glad that our society is growing rapidly and reaching new heights due to untired efforts of office bearers. I belong to Uttar Pradesh which is most populated state of India. Unfortunately, exclusive hand surgery practice is not existing in whole state and most of hand injury patients are getting suboptimal treatment. Only reason to get EC member post is to encourage more and more young surgeons to join hand surgery so maximum patients can get treatment from dedicated and skilled hand surgeon. However only few cities of India have dedicated hand surgeon. I wish that we and our society will put our efforts to promote hand surgery in all corners of India. Its huge opportunity to work as EC member under leadership of two dynamic personalities, Dr. Mukund Thatte sir and Dr. Pankaj Ahire. As EC member I promise to work in close association and guidance of other office bearers to accelerate pace of growth of society.

Jai Hind





ISSHCON 2019 REPORT

Dear Esteemed Members,

Greetings and best wishes to all at you. On behalf of organising committee we thank all of you for giving this opportunity to host you in ISSHCON 2019 at Puri for the 1st time being held in Odisha in its 45 years of history.

The 7th annual national conference of hand therapy, India (ISHT) being jointly organized with this 43rd annual conference of the Indian Society for Surgery Of The Hand (ISSH) at scenic beach side hotel Holiday Resort, Puri from 13th - 15th September 2019. There was a pre-conference video workshop on 12th September 2019 with demonstration of 50 hand surgery procedures by the eminent National and International Faculties. Hands-on workshop of different procedures was held on models. We had a total of 294 registrations with 6 eminent foreign faculties and 10 overseas delegates.

The first day of conference (13th September) was CME, the theme being “Decision making in hand surgeries”. The different sessions of CME were basic science, reconstruction of hand, injury and diseases of wrist and hand, upper limb reconstructions & recent advances. The formal inaugural ceremony of the conference was held in evening followed by cultural program and dinner.

The theme of the conference was “Evidence in Hand Surgery Practice”. The second and third day of the conference had scientific deliberations including invited lectures, symposia, guest lectures, best paper session and free papers from eminent National and International faculties. There were six master classes on different topics from pioneer on that field. There were special sessions on “The lessons I learnt from my unfavorable results” and “Tricks I learnt from my experiences” from the masters.

The prestigious Prof. R. Venkataswami & Prof. B. B. Joshi orations were delivered by Dr. Hidehiko Kawabata (Japan) & Dr. Scott Oishi (USA) respectively.

The organising committee of ISSHCON 2019 decided to continue the free subscription of Hand Surgery Journal of Asia Pacific Federation to the members

who had attended the conference, the cost being met from the surplus amount of Rs. 6 lakhs from the meeting, in spite of so many hurdles faced by us due to Cyclone Fani. This is to continue the good gesture initiated by Dr. Pankaj Ahire from ISSHCON 2017 at Mumbai, followed by ISSHCON 2018 at Coimbatore.

Thanking You all.

Dr. Subrat Kumar Jena, Dr. Arun Kumar Choudhury, Dr. Santosh Kumar Rath, Dr. Biswajit Sahu, Dr. Biswajit Mishra, Dr. Jayant Kumar Dash, Dr. Debabrata Padhy, Dr. Sanjay Kumar Giri.



Dr. Subrat Kumar Jena
(Organising Chairman)



Dr. Arun Kumar Choudhury
(Organising Chairman)



Dr. Ravi Kumar Mahajan
(President, ISSH)



Dr. Hidehiko Kawabata (Japan) - R. Venkataswami Orator



Dr. Scott Oishi (USA) - B. B. Joshi Orator

AWARDS AND HONOURS



Prof. G Balakrishnan
receiving the “Pioneer in Hand Surgery” award from
Prof. Zsolt Szabo,
President of 14th IFSSH Congress in Berlin, 2019.

ISSH FELLOWSHIPS

A) ISSH Inland traveling fellowship (2019):

1. Dr. Rohan Habbu, Mumbai
Visited KMC, Manipal for 2 weeks.



2. Dr. Sanjay Kumar Giri, Bhubaneswar
Visited Ganga Hospital, Coimbatore for 4 weeks.



ISSH FELLOWSHIPS

- B) ISSH Robert Acland Overseas Travelling Fellowship (2019):
Was awarded to Dr Anant Sinha, Ranchi

He visited Dr Gunter Germann, Plastic surgeon at Ethianium Hospital, Heidelberg Germany for 3 weeks (4th to 23rd August 2019).





ISSH



FELLOWSHIP REPORT

ASSH International Travelling Fellow 2019 Terrence Jose Jerome

The first stop was Charlotte (North Carolina). Dr Glen Gaston met me few seconds short to 6am in my hotel and drove to Ortho Carolina Hospital. I could feel the pulse of all in one with Dr Glen Gaston.

“Hand surgery and its Indian contribution” was my ten minutes talk on that day before we moved to the operating room. The technique of flexor carpi ulnaris motor branch transfer to triceps branch in addition to the radial nerve palsy tendon transfer learnt in operating room remained in my pulse entrenched. Steriod injections, Xiaflex and knock, knock!! were still buzzing in my ears and thoughts. What was more fascinating, was our trip to Hendriks Motorsports (HMS). Thanks to Glen for his gleaning effort to make us entry to HMS center for experiencing their fabulous workshop, car making process, pit training and overall enrooting his impressive Hendriks car and guitar museum.

Next stop was Massachusetts General Hospital (MGH) Boston. A tall in stature and tender-hearted Dr. Chaitanya S Mudgal who ventured during Boston’s heavy rainy day to welcome us at the hotel. Next day was with Dr Neal Chan at Yawkey building, who, grin like a Cheshire cat, self-styled and modest surgeon, took us to the Operating room 66. It was untold about innumerable operating rooms in the same building accounting for one of the largest centers in US. Distal radius fracture fixation with Miami Hand plate and instrumentation and the technical tips were practically efficacious and proficient. Anti-claw surgery was too advantageous learning mutually.

The next day was with Dr Chaitanya Mudgal (CSM) at the Waltham building operating room. The proximal phalanx fracture fixation of the thumb was quite complex and difficult but when compared to his knowledge and teaching skills to the fellows surrounding him made all fall in-line. His noble profession of teaching shapes the character, caliber and future of his fellows and to my knowledge I met a best teacher of the recent. Dr Lee's swift art of wrist arthroscopy was too amazing there.

Next stop was at Las Vegas for the ASSH Annual meeting 2019. I presented 'Role of 3D power high frequency doppler study in post-operative scaphoid non-union' during the fellows "Meet and Greet". The technical prowess masterly organized ASSH annual meeting in a systematic manner became eternal thoughts of tomorrow and the bench mark for any Hand Conference.

My next stop was at Ohio, Columbus. Dr Sonu Jain, Dr Awan, Dr Amy and Dr Kanu Goyal welcomed us at The Ohio State University Wexner Medical Centre. My presentation about "Hand and Reconstructive microsurgery and its Indian perspectives" was acknowledged perceptibly during their regular Hand conference along with their interactive case discussions.

My final destination was Mayo Clinic, Rochester, MN. Steve L Moran who was the chair, International Traveling Fellows Committee received us. This dream became a true reality when you get along with a wonderful occasion of presenting at the Mayo Clinic "Things which really worked with me-The nerve" with stalwarts and doyens of Hand surgery in front of you. It was the best moment to cherish.

This travelling fellowship definitely had taught me forward planning, prudent care and precision despite surgical skills and technical nuances in Hand surgery.



ISSH



FELLOWSHIP AWARDEES

The Fellowship awardees for 2020 are

A) Inland fellowship:

1. Bipin Ghanghurde, Mumbai
2. Biswajit Mishra, Bhubaneswar

B) ISSH Robert Acland Overseas Travelling Fellowship

Dr. Nilesh G. Satbhai, Mumbai

ISSH - Venkata Bodavula Microsurgery Training Fellowship - 2020

ISSH is pleased to announce the starting of the following fellowship from the year 2020.

The association of Dr Venkata Bodavula, Hand and Microsurgeon, St Louis, MI, USA, and our trustee Dr S Raja Sabapathy, has resulted in the initiation of the above named fellowship.

This would allow trainees who have shown a commitment to Hand and Microsurgery to undertake the one week long Microsurgery Lab Course at Ganga Hospital, Coimbatore.

There will be 5 fellowships awarded every year.

The fellowship will sponsor the course fee of Rs. 30000/- and the individual will bear the cost of travel and stay.

As per Dr. Bodavula's request the five fellowships will be named after his mentors.

- Late Dr Vedula Satyanaryana
- Dr. Prof C Raghuram
- Dr. Shaw Wilgis
- Prof. Michael Hausman
- Prof. David Chiu

The application needs to be only one. The candidates will each be given a certificate with the name of a surgeon in the order in which they come for the course.

The course runs from Monday to Friday and runs throughout the year.

The awardees can take the course in a mutually convenient time after fixing up with Dr. S Raja Sabapathy at rajahand@gmail.com

It is not necessary that all the selected candidates should come at the same time.

Eligibility

Any trainee undergoing a course in Hand Surgery, or Orthopaedics/ Plastic Surgery with a demonstrated interest in Hand Surgery is eligible for the fellowship. For the purpose of clarity, the candidate must be undergoing any one of the following courses:

FNB or M.Ch in Hand and Microsurgery

DNB or M.Ch in Plastic Surgery

DNB or M.S. in Orthopaedics

Method of Application

We request ISSH members to identify suitable candidates and sponsor the nomination for the award. Since most of the trainees may not be members of the ISSH, we request ISSH members to identify deserving candidates and propose them by sending their CV with a letter of recommendation to Hon. Secretary, ISSH at secretary@isssh.org

Selection of the candidate will be made by the committee consisting of -

The President, ISSH, Hon. Secretary of ISSH and one trustee of the ISSH Trust.

The fellowship is to be utilized within 1 year of the announcement of the results.

** The trainee need not be an ISSH member. However the application must be made by an ISSH member recommending the trainee for the fellowship.*

** All the five awardees will be chosen at once, but each one can complete the training Fellowship any time in next one year.*

The awardees for 2020 are:

1. C. Sravya, Hyderabad
2. Dattatreya Sitaram, Manipal
3. Kommu Vijay Babu, Hyderabad
4. Maneesh Sharma, Amritsar
5. Muthu Kishore M., Bengaluru

ISSH Academics

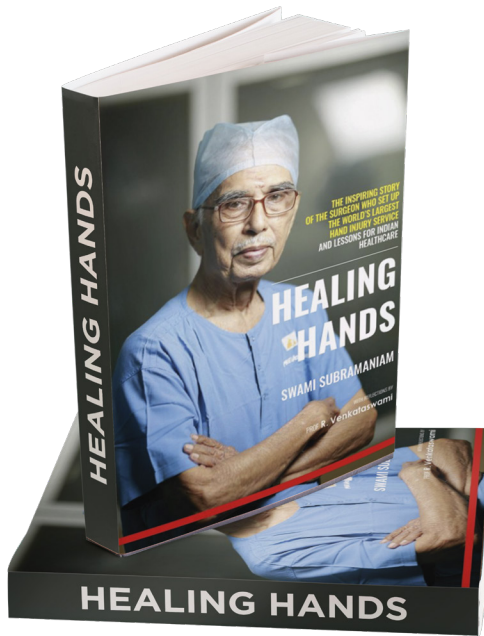


ISSH ACADEMICS

ISSH has been focussing on regular academic inputs for all its members. This has been the most important value addition for ISSH members.

1. The Sunday reads was started an year back. All the ISSH members receive an interesting/landmark article on different aspects of Hand Surgery. We are thankful to our Secretary Dr. Pankaj Ahire for initiating and pursuing this activity continuously over the last one year.
2. ISSH Academics now comprises of a dedicated team which releases a new article every month. All these articles are available for the ISSH members on our website
3. We also introduced a Hand Surgery Picture of the month, since November 2019.
4. From the new year 2020, we also plan to add 'Case of the month'.

(ISSH Academics logo - designed by Dr. Latheesh Latheef and Mr. Anoop K. (Brand & Mark, Mangalore)



A biography of Prof. R. Venkataswami

BOOK RELEASE: HEALING HANDS

The book is the story of a great surgeon; but more than that it is an attempt to put together a framework for delivering affordable, high-quality, affordable, tertiary healthcare for all Indians that is inspired by the what Prof. Venkataswami accomplished at Government Stanley Hospital in Chennai over 3 decades ago.



**The book was released on 23 Dec 2019,
at Beverly Hotel, Chennai, TN.**

ABOUT THE BOOK



1971: a young plastic surgeon stepped into Stanley Medical College and Hospital, a State Government institution in Madras, India. He had a singular purpose - to create a world-class service for patients. By 1991, not only had that dream been realised, but the Stanley Hand Injury Service emerged as the world's largest centre for the management of hand injuries, earning a reputation for excellence that spread far beyond the shores of India. The surgeon was R Venkataswami, and this is his story. A story that has greater meaning and relevance for us today, as we face the enormous challenge of delivering high-quality, affordable, compassionate healthcare for all Indians

ABOUT THE AUTHOR

Dr. Swami Subramaniam is a Stanleyan and belongs to the batch that joined the MBBS course in 1976. He is a physician, pharmacologist, neuroscientist, corporate R&D executive and most recently an entrepreneur.



ISSH has been steadily growing in strength in terms of membership. With more members joining ISSH each year, it is our responsibility to bring value to ISSH membership.

The value brought by academic privileges like Journal Subscriptions, Publication assistance, Fellowships, will strengthen our society with a large number of members enjoying these benefits.

Supporting education of young hand surgeons is a need which cuts across all national hand societies. All these activities need steady supply of funds.

ISSH requests its members to donate for this cause. Out of donations received, a corpus fund will be created from where funds would be spent on providing quality academic services to all members of ISSH. This could include, but need not be limited to subscription to journals of high repute.

Following are the categories of donation:

Platinum	Rs. 10,00,000
Gold	Rs. 5,00,000
Silver	Rs. 2,00,000
Bronze	Rs. 1,00,000

Members can make a recurring donation of small amounts which will be counted towards recognising their donation in above categories.

Non-members, Corporates, Business houses may also donate to ISSH and their contributions above Rs.5 lakhs will be suitably recognized in the ISSH records.

All donations made to ISSH trust are eligible for income tax deduction under section 80G of income tax law of Government of India.



Indian Society for Surgery of the Hand Estd. 1973

Benefits of ISSH Membership

Academics



- Access to ISSH website and app
- Academic updates
- Weekly articles
- Recorded videos
- ISSH International traveling

Fellowships

- ISSH Inland traveling fellowship
- ISSH International traveling fellowship
- ASSH International traveling fellowship for ISSH member

Conferences

Discounted registration fee for

- ISSHCON
- ISSH endorsed events
- ASSH

Contact Us

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Dr. Pankaj Nagesh Ahire
+91 9821467936/secretary@issh.org

Central Office of ISSH

Dr. S. Raja Sabapathy
+91 422 2485000, 499.
rajahand@gmail.com

UPCOMING CONFERENCES AND MEETINGS



Forthcoming Educational Initiatives from
Ganga Hospital, Coimbatore

ISPNSCON 2020



9th Annual Conference of Indian Society of Peripheral Nerve Surgery
27th - 29th February 2020

Venue : Ganga Hospital Auditorium, Coimbatore

Why should you attend?

- One day live course included in the registration fees
- Excellent experienced faculty
- Everything you want to know about Nerve Surgery is presented by doyens in the field
- A focused course on a niche field which provides value for your time.

For Registration Login to :
<https://ispnscon2020.com>

International Faculty

Dr. Bruno Battiston, Italy
Ms. Suzanne Caraglanis, Australia
Dr. Jorge Francisco Clifton Correa, Mexico
Dr. Philip Griffin, Australia
Dr. Birgitta Rosen, Sweden
Prof. Mariano Socolovsky, Argentina
Dr. Niels Thomsen, Denmark

Dr. S Raja Sabapathy
Course Chairman

Dr. Hari Venkatramani
Organising Secretary

Dr. Ravindra Bharathi
Treasurer

Dr. Praveen Bhardwaj
Scientific Chair

Ganga Hand Operative Course 2020

Date : 10th July - 12th July 2020 / Venue : Ganga Hospital, Coimbatore

International
Faculty



Dr Jeff Ecker

Hand, Wrist, Elbow Microsurgery Specialist
Perth, Australia



Dr Baubak Safa

Plastic Surgeon, The Benckiser Clinic
San Francisco, California

Mark the
Dates in
your
calendar

We will be
demonstrating
25 to 30 surgeries
during the course



**MAEER'S
MIMER MEDICAL COLLEGE &
Dr. BSTR HOSPITAL**
Department of Orthopaedics



Talegaon Dabhade, Pune 410 507.

Organizes

ISSH BASIC HAND SURGERY COURSE 2020

Hand Surgery: Back to Basics!

22nd - 23rd February 2020



Under the aegis of
**Pune Orthopaedic Society (POS),
Pimpri Chinchwad Orthopaedic Association (PCOA)**



Venue

Sushrut Hall, 1st floor, OPD Building,
MIMER Medical College & Dr. BSTR Hospital, Talegaon Dabhade, Pune 410 507.

www.mitmimer.com

3rd Annual Indo-US Hand Surgery Conference
Manipal , India
28th and 29th February 2020

**Theme: “ Repair of the injured Hand and Wrist
When to operate and How I do it”**
**Venue: Dr. TMA Pai Hall, Kasturba Medical College, Manipal
Manipal Academy of Higher Education**

**Under the aegis of Deshpande educational trust,
Karnataka Orthopaedic Association, Canara orthopaedic
association and Indian Society for Surgery of the Hand**

International Faculty

Local Convener



Dr Chaitanya Mudgal
Course Chairman
MGH, Boston

Dr Marco Rizzo
Mayo Clinic
Rochester

Dr Ruby Grewal
University of Western
Ontario

Dr Anil K Bhat
KMC, Manipal

- **Short crisp talks towards understanding clinical practice in Hand surgery**
- **Small group sessions**
- **Video based teaching**

National Faculty

Abhijeet Wahegaonkar
Anil Bhat
Ashwath Acharya
Binu Thomas
Dinesh Kadam

Khushboo Pilani
Pankaj Ahire
Shailesh Gupta
Sudhir Warriar
Vamsi Krishna

Patrons: Dr Ashok Kalmadani, Dr Sachin Revankar

**Applications are invited for 3 month observership program with
Dr Chaitanya Mudgal at Hand surgery service,
Department of Orthopaedics, Massachusetts General Hospital,
Boston, USA**

**Details of Scientific program, Registration , Accommodation and
Website access will follow soon**

12th Meeting of the Asian Pacific Federation of Societies for Surgery of the Hand will be held in Melbourne, Australia from 11th to 14th March, 2020.

It will be a proud moment for ISSH as Dr S Raja Sabapathy assumes the office of the President of APFSSH.

ISSH members can register at special rates.
Click on the image below for further information.



11-14 March 2020 | Melbourne Australia
Hand Surgery and the Digital Revolution

For the international events in Hand Surgery, ISSH is trying to facilitate the travel, stay & visa processes for the attending members. Following is the contact information for our Travel partner:



Accredited
Agent

◆ AIR TICKETS ◆ HOTELS ◆ HOLIDAY PACKAGES ◆ CRUISES
◆ VISAS ◆ TRAVEL INSURANCE ◆ PASSPORT ASSISTANCE

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Plot 410, 14th Road, Khar (West),
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9987870055 | 9372042097

www.cozyairlinks.com

ISRM 2020

15th BIENNIAL CONFERENCE OF THE INDIAN SOCIETY
FOR RECONSTRUCTIVE MICROSURGERY

20-22 MARCH, 2020



Venue:-
Hotel Radisson Blu
Opp. Airport, Amritsar

THEME:- EXPANDING HORIZONS

Organised by

Department of Plastic, Reconstructive, Microvascular and Aesthetic Surgery



AMANDEEP HOSPITAL

Model Town, G.T. Road, Amritsar.

Ph.: 09888106272, 09417394400

E-mail:- isrm2020amritsar@gmail.com, Website:- www.isrm2020.com



HAND & WRIST SURGERY
IN
DAY TO DAY PRACTICE

Block your dates
11th & 12th April,
2020

Jupiter Hospital

6th Mid-Term CME of
Indian Society for Surgery of the Hand



ISSH

Hotel Fortune Park Lake City
Jupiter Hospital Campus
Thane (W)



Online
registration
will open
soon!!!

Applied for MMC credit points!!

Dr. Parag B. Lad
Organizing Secretary
Mob: 8879100395
paraglad00@gmail.com



www.isssh.org



www.bssh.org



BSSH

ISSHCON 2020

**44th Annual Conference of the Indian Society for
Surgery of the Hand
(ISSH)**

**Guest Society: British Society for
Surgery of the Hand
(BSSH)**

11th - 13th September 2020



**Welcom Hotel Kences Palm Beach
Mahabalipuram, Chennai, Tamilnadu**



Contact Numbers

Dr. G. Karthikeyan: 98411 20538
Dr. R. S. Jilka: 98402 74842
Dr. P. Jayakumar: 98448 83199
Dr. Pravinraj Rajuwal: 87941 93000

Conference Secretariat

ISSHCON 2020

Department of Hand and Wrist Surgery, Mizoram, Jodhpur
Tamil Nadu Government Medical Super Specialty Hospital
K. J. Somaiya Institute of Postgraduate Medical Education and Research
Tamil Nadu, India. Ph: 944-25892000 Ext. 5335
Web: www.issshcon2020.com Email: issshcon2020@gmail.com
Twitter: <https://twitter.com/issshcon2020> for both ISSH and BSSH
A special thanks to all our sponsors and exhibitors





ISSH



**75th Annual Meeting of the American
Society for Surgery of the Hand
1-3 October 2020
San Antonio, Texas, USA**

The American Society for Surgery of the Hand is proud to welcome the Indian Society for Surgery of the Hand as the 2020 international Guest Society.



SAN ANTONIO
—◆—
TEXAS



55th Annual Conference of
**Association of Plastic Surgeons
of India**

APSICON 2020

October 28 - November 1
New Delhi, NCR | India

Quality & Safety Through Best Practices

www.apsicon2020.in



The Leela Ambience Hotel, Gurugram

IMPORTANT DATES

Announcement of Elections: **1 July, 2020**

Deadlines for election to various posts of ISSH Executive Council:

Application: **31 July, 2020**

Withdrawal: **15 August, 2020**

Fellowship Announcement: **1 July, 2020**

Application: **31 July, 2020**

Completion of Fellowships: **Before ISSHCON 2021, Jaipur**

Expression of interest for ISSHCON 2022: **31 July, 2020**

Expression of interest for Mid-Term CME 2021: **31 July, 2020**

Expression of interest for ISSH Basic Courses 2021: **3 months before the proposed dates of the course**

ISSHCON 2020, Chennai, Tamil Nadu: **11 - 13 September, 2020**

APFSSH 2020, Melbourne, Australia: **11 - 14 March, 2020**

ASSH 2020, San Antonio, Texas, USA: **1 - 3 October, 2020**

ISSH Phone Number

+91 98278 91234

Please save in your Contacts

- *Receive important updates from ISSH*
- *Send a WhatsApp message to ISSH*
- *Call ISSH for queries*

Find a Hand Surgeon!

ISSH website now features
a search option for those
seeking to find a hand surgeon
in their city



ISSH

Contact Details

Secretary General

Dr. Pankaj Nagesh Ahire
10/404, Teak, The Orchard Residency, LBS Marg,
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Mobile: +91 9821467936
Email: secretary@isssh.org

Central Office of ISSH

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Phone No: +91 422 2485000, 499.
Email: rajahand@gmail.com

HAPPY

2020



NEW YEAR