

Indian Society for Surgery of the Hand

November 2011



ISSH

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Dr. Santosh Rath

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President ISSH message



Dear Colleagues,

I find it great to be the President of our society during this 'much happening period'. In just 14 months we will host the combined congress of the IFSSH and the IFSHT in Delhi. Please mark the dates 4th to 8th March 2013 in your calendar. We should make it the best congress that has ever been held. It should not be difficult if every one of us put in our might and personally be there. Being the president of both the Hand and Plastic Surgery societies at the same time has given me tremendous opportunities for travel. Travel teaches you lot of things. You experience the wisdom of the senior people; feel the hopes, fears and aspirations of young surgeons, look with pride the progress made by some centres and the individual achievement of our surgeons and at the same time get astonished at the yawning gaps between

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Secretary ISSH message



Dear Colleagues,

Preparing the annual news letter is a pleasant exercise. This provides an opportunity to recall all the happy memories of the Nashik conference and reconnecting with you all and your families. Over the years ISSH membership has grown. Most of our members are Orthopaedics and Plastic surgeons, practicing Hand Surgery as a passion and a challenge. The goal of ISSH is to provide comprehensive hand rehabilitation service in India. The main obstacle is the paucity of trained personnel to provide care for hand surgery and rehabilitation. Majority of our members are proving HandCare services do so with great amount innovation by utilising expertise of local therapists and orthotists.

The annual meeting is a

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President's message continued...

need and the availability in many places. But one thing clearly emerged from all this. That is, we have to find the solutions to our problems and that we can do it.

Make your work visible

The main problem as I see it is the need for increased awareness among the public and the peers as to what a hand and micro surgeon does and can do. We can say that a Hand surgeon does all these things, but that campaign will have meaning if only there are sufficiently well trained people who will deliver the goods to the people. We need to do two things. One is to train more hand surgeons who would provide quality care. Second is to attract talent into the specialty. Our association is taking effort to progress on both fronts. ISSH sponsored courses are being conducted. Two candidates have gone through the Robert Acland – S & T International Fellowship. I am sure that experience will help them to emerge as future leaders inspiring others. Each one of us must make it a point to address at least one local doctors meeting and regularly present your work in hospital clinical meetings. It is simple but that will go a long way.

Making Indian Hand Surgery visible on the world

This can be done only by good presentations both in the national and international meetings. It is encouraging to find that the number of Indian registrants is on the increase as seen in the participation both at the Sydney and the Seoul congresses. Next is to publish. Though it is on the increase it has to be more. Further we need to support the Hand Surgery journals. There exists a scheme for the subsidized subscription for the Journal of Hand Surgery (European) but the takers are surprisingly few. Further we have an embarrassingly poor subscription history for the Asian Pacific volume of Hand Surgery. We need to participate in the efforts of our colleagues in the region to strengthen the journal.

Take your therapists along

I think the need of the hour is to have a greater collaboration between the surgeons and the hand therapists. The relationship has to grow in a healthy way for the benefit of the patients. Therapists from many areas would benefit from the exposure to the advances that have taken place in the field and I do appeal to you to bring them along with you for the 2013 congress.

A note of thanks

I take this opportunity to thank our Secretary Santosh who has put in a lot of work for the past three years. He deserves our appreciation not only for his services to the ISSH but also for his research on the mobilization schedule after tendon transfers which led to the award of the Ph D. I look forward to meeting all of you at Manipal, where a veteran team headed at by Prof Bhaskaranand Kumar and Dr Anil Bhat is working. I am sure it will be a great meeting and Please do come with Your family.

Till we meet again, wishes for the festival season.

P. Raja Sabapathy

Secretary's message continued...

platform to share these experiences of success, obstacles and failures. The responsibility of the ISSH is to support

these enterprising surgeons with continuing education and a forum for cross fertilization of ideas. The packed auditoriums during the scientific sessions and the participation of large numbers of therapist in Nashik was heartening and I strongly believe we are on track to achieve our goal.

Our society is internationally eminent for the contributions made by our teachers and mentors. These pioneers responded to challenges of providing care to the injured and paralyzed hands in young independent India and established concepts that are practiced worldwide. Prof. A J Selvapandian, one of ISSH founding members belonged to this club of enterprising surgeons and its President. We all mourn his passing away on 1st of April at the age of 88. Our condolences to the bereaved family. The members of ISSH revere Prof. Selvapandian as a teacher and for his contributions to the society.

Preparations for our mega event of IFSSH conference are being handled professionally and Dr Raja Sabapathy, the Organizing chairman has a detailed report in this news letter. Members should avail of the concessional rates of registration at the earliest and participate in large number. The scientific sessions in collaboration with IFSSH is being meticulously planned. I attended the IFSSH meeting in OSLO in June to promote the IFSSH conference. There is a great enthusiasm among the European Surgeons to participate in Delhi. It is a great opportunity for ISSH members to present their work in a IFSSH meeting. Please begin organizing your scientific material at the earliest. The 35th ISSH meeting in Manipal will be an excellent forum to present your best material and then improve for them for the 2013 meeting in Delhi. Dr Anil Bhat and Prof. Bhaskaranand Kumar are experienced organizers and I can assure you this conference will be packed with high quality lectures and debates. The west coast has many exciting holiday destinations, so please come with your family.

My term as Secretary ISSH ends this year and I thank all the members for their confidence bestowed on me. There are few recommendations for constitutional changes for the AGM to consider to improve the functioning of the society. I look forward to receiving you all in Manipal and continuing these deliberations. Wish you all a pleasant and safe journey.

Santosh Rath

Minutes of ISSH Executive Committee Meeting in Nashik on 25/11/2010

The ISSH Executive Committee Meeting was held on 25/11/2010 in Nashik. The following members were present

Dr. T.Chandraprakasam, President ISSH
Dr. Raja Sabapathy, Vice President ISSH
Prof. G Balakrishnan, ISSH Trust Managing Trustee
Dr. B.Anantharam, Past President ISSH
Dr. Santosh Rath, Secretary & Treasurer, ISSH
Dr. P. Ravichandran EC Member
Dr. Ayappan Nair, EC Member
Dr. Anirban Chatterjee, EC Member

The President ISSH presided over the meeting and the following issues were discussed

1. The accounts for the year 2010 was presented by the Treasurer.
2. Ethicon Inland traveling fellowship: Funding stopped since 2007 and Dr. Sabapathy was requested to follow-up with the company for funds
3. Pending fellowship payments to Dr Ravi Gupta and Dr. Praveen Bharadwaj to be made from ISSH secretary account after ratification by AGM.
4. Start one Annual ISSH Inland fellowship Rs.15.000/ per year
5. It was resolved to create a corpus of Rs. 2, 50,000 for ISSH inland fellowship and the interest from this to fund the fellowship. Any deficit to be paid from the Secretary account.
6. Resolved to have hand therapists (physio & Occupation) as associate members of ISSH
7. Acland and S&T fellowship: One application only of Dr Bharat Kadadi. The application was in order, fulfilled all the criteria and was awarded the fellowship for the year 2011.
8. Best paper award: Rs. 5000/ to be paid by ISSH. The results to be announced during the valedictory function and the award to be presented then.
9. Resolved that Rs. 20052 to be transferred from the ISSH trust funds to adjust the deficit for the Acland & S&T fellowship.
10. Dr B Anatharam handed over a cheque of Rs. 25494/ as savings from the combined meeting in Bangalore in 2008.
11. Funding for the oration medallion: Interest from the oration corpus inadequate to meet cost of medallion. Deficit to be funded from Secretary Account.
12. Election for VP and 2 EC members.
13. IFSSH 2013: Dr Sabapathy briefed the Seoul meeting;
14. Delegate fee: USD 900 for surgeons and 450 for therapist
15. 10% of therapist fee to IFSHT
16. Privileged registration: Rs 20,000/ for 1 year ending 31st December 2011.
17. Seed money received from IFSSH for 2013 meeting. This has to be returned to IFSSH 3 weeks before the conference.
18. The meeting was adjourned by Dr Chandraprakasam.

Minutes of Annual General Body Meeting of ISSH held on 27th November 2010 in the conference hall of Express Inn Hotel, Nashik

The meeting was presided by ISSH President Dr.T Chandraprakasam. There were 45 members present at the meeting.

Secretary & treasurer of ISSH Dr. Santosh Rath presented his report and accounts for the year 2010. The accounts were passed by the members.

The Secretary also read the ISSH Trustees report and the minutes of the EC.

The Secretary announced the 21 new life membership applications. The applications of Dr Likes Martha,

N.K. Deep, Amitabh Singh, Sanjay Jain, V.S.N Raju, Anil Ramesh Gumasekara, SR Nijemanne, MK Parakrama karunadas, GNS Ekanayaka, Mahesh Mangal, Kalyan Dadireddy, Abhijit Sarkar, Chiman Chode Gunarat, Bhagwan Deshpande, Nabeen Bansal, Pankaj Gujar, Abhijit Wahengaonkar, Bipin Ganggurde, PS Binoy, Oommen V Oommen, Amit Vyas and Gautam Biswas were approved by the Members.

The Secretary announced the ISSH Inland Fellowship of Rs. 15,000/, to be funded by ISSH funds. There will be one fellowship for 2011 and depending on the

finances these will be increased in the following years. Details of application and selection to be uploaded at ISSH web site and ISSH News letter.

The President announced the award of Robert Acland - S&T travelling fellowship to Dr. Bharat Kadadi. The recipient is required to submit one page report to the EC and present at the ISSH annual meeting before being awarded the remaining 50% of the award. Members expressed the need to define the process of selection. It was agreed that the decision of the EC would be final regarding award of both the fellowships.

Dr. Ananthram presented a cheque of Rs.25, 000/ from the ISSH Bangalore meeting and Dr.Vikas Gupta presented a cheque of Rs.59, 371/ from the ISSH Delhi meeting. Members appreciated these contributions from these past organizers. It was agreed by the AGM that ISSH conference organizers must submit audited accounts within one year of the meeting.

Members were requested to subscribe for the European Journal of Hand Surgery at the subsidized rates. The publishers are reluctant to continue their offer of this concession unless the subscription increases.

The Secretary informed that 24 ISSH members attended the IFSSH meeting in Seoul and presented over 50 papers, invited lectures and posters. Dr Sudhir Warrior was invited to make a brief

presentation on the meeting, facilities and difficulties faced by the delegates. These issues are to be addressed by the organizing committee of 2013 IFSSH meeting. Dr Raja Sabapathy organizing chairman of the IFSSH meeting presented a detailed report on the progress of the meeting and requested ISSH members to register early and take advantage of the concessional rates.

Dr Ravi Mahajan was awarded the ISSH 2012 meeting at Amritsar.

Dr Anil Bhat, Organizing secretary of 2011 ISSH meeting in Manipal presented on the facilities and arrangements for the meeting to be held from 25-27th of November.

Dr. Ayappan Nair and Dr.P.Ravichandran completed their 2 year term as EC members. The members conveyed thanks to Dr .Ayappan Nair and Dr. Ravichandran for their contribution to ISSH.

Dr. V.S.Patil was elected unanimously as Vice-President for a period of 2 years. Dr.Viswa Prakash gracefully withdrew his nomination to facilitate unanimous elections of Dr. Patil, one of our senior most members.

Dr. Binu Thomas and Dr. Shailesh Gupta were elected as new EC members.

The meeting was adjourned with thanks for the Organizers of the ISSH meeting in Nashik.

Dr Robert Acland – S & T Overseas Travelling Fellowship 2012

The Robert Acland-S&T overseas traveling fellowship is intended for senior ISSH members who have shown a commitment to Hand surgery and are capable of projecting Indian Hand Surgery in an international forum. The ISSH thanks Dr Acland and Mr. Markus Springler of S & T for making it possible. The condition of the award is given below.

Fellowship Guidelines :

1. Each year one candidate will be chosen for the Fellowship and it carries an award of Rs. One Lakh
2. The awardee must have done considerable work in Hand Surgery and must serve as an ambassador for Indian Hand Surgery.
3. The applicant must have been a member of the ISSH for at least 7 years
4. He must have attended at least 3 annual meetings of the Indian Society for Surgery of the Hand in the past 7 years.
5. The fund could be utilized by the Fellow for attending an International Hand & Microsurgery meeting to present a paper and / or spend a few weeks in a reputed centre with prior concurrence of the Executive Committee of the Indian Society for Surgery of the Hand
6. 50 % of the sum would be made available for the candidate before the departure. On completion of the Fellowship, the Fellow must send in a report to the Secretary, ISSH to become eligible for the disbursement of the remaining amount.
7. The Overseas Traveling Fellow will make a presentation about his experience in the subsequent annual meeting when the award will be given during the Inaugural Ceremony.
8. The selection of the fellow will be done by the Executive Committee of the Indian Society for Surgery of the Hand

ISSH ORATORS FOR 2011

Prof R.Venkataswami Oration 2011. 'Super Microsurgery of Nerves'



Dr. Ayemric Lim
Senior Consultant, Department of Hand & Reconstructive Surgery and
Chairman, Medical Board, National University Hospital, Singapore
Associate Professor,
Department of Orthopedic Surgery,
National University of Singapore (NUS)

A/Prof Lim completed his medical training at the National University of Singapore in 1990. He obtained his FRCS (Glasgow) in General Surgery in 1995 and went on to complete his advanced Fellowship training in Hand surgery in France, Bordeaux and Nancy, in 2000.

A/Prof Lim's research interests include free flaps, nerve and brachial plexus surgery as well as tendon transfers. His research on the intra-muscular innervation of the muscles of the forearm has led to pioneering clinical work in the field of tendon transfers, where a single muscle unit was split and used for two separate tendon transfers. Such techniques are especially useful for patients with severe crush or nerve injuries to the forearm. In addition, A/Prof Lim has authored numerous research papers in international journals, written two book chapters and participated as an invited speaker at local and international meetings.

Dr BB Joshi Oration 2011

'Carpal instabilities with emphasis on Scapho-lunate injuries'



Dr. Wolfgang Huber
Consultant Trauma & Hand Surgeon, UKH Linz Trauma Centre, Austria
Educational Qualifications :
Basic Medical degree 1990
Post Graduate Qualification in Trauma Surgery 2003
Current Position :
Consultant Trauma, Hand and Microsurgery UKH Linz Trauma Centre, Linz, Austria
Special focus on acute hand injuries and replantations
Microsurgery, reconstructive trauma surgery in lower extremity injuries
He has numerous publications in International and German literature

The third Dr Robert Acland – S & T Overseas Travelling Fellowship award
will be available in 2012 and the applications could be sent
to the Secretary, ISSH by e-mail by 15th November 2011

Members are requested to send their bids to host 2013 ISSH annual meetings

Dr Acland's Microsurgery training DVD

Dr Acland has kindly consented to provide his classic DVDs to be distributed through the Indian Society for Surgery of the Hand. The sale proceeds will go to augment the Dr. Acland - S & T Overseas Traveling Fellowship. Each DVD is priced at Rs 5000 and can be obtained by sending a demand draft drawn in favor of the Indian Society for Surgery of the Hand payable at Coimbatore. The request can be sent to S Raja Sabapathy, Ganga Hospital, 313, Mettupalayam Road, Coimbatore - 641 043. The society thanks Dr. Robert Acland for this gesture.

ISSH Inland Fellowship 2012

Selection criteria for ISSH inland fellowship

1. Life member of ISSH
2. should have attended at least 2 annual ISSH meetings after full membership
3. Identified the institution for attachment during the fellowship
4. Minimum duration of 3 weeks
5. Submission of utilization report
6. Report to be presented at the annual ISSH meeting
7. Fellowship award will be presented to the applicant following submission of report
8. The EC can waive this requirement in exceptional circumstance if the member submits in writing to the Secretary the reasons for not attending the ISSH annual meeting.

Basic Hand Courses of the Indian Society for Surgery of the Hand

The Bureau of Indian Society of Surgery for Hand for Medical Education (BISSHME), which is the academic wing of Indian Society of Surgery for Hand (ISSH) under the chairmanship of Dr. Bhaskarananda Kumar, has been conducting hand courses at various

parts of our country. This is to encourage young surgeons to develop interest in the specialty of hand surgery and deliver acceptable levels of care to hand injury patients.

For details visit : www.isssh.org.

Message from the Organizing Secretary of 35th ISSH Annual Meeting Manipal



The Department of Orthopaedics, Kasturba Medical College, Manipal is conducting the 35th Annual Conference of the Indian Society for the surgery of the hand, 'ISSHCON 2011' at Manipal, Karnataka from November 25th to 27th, 2011.

After conducting the annual conferences of ISSH on two earlier occasions (1989 at Manipal and 2004 at Sikkim) we are again arranging an academic feast which will have an innovative format aimed at keeping the scientific sessions more interactive and at acquiring principles of best practices in Hand Surgery. We look forward to your active participation and hope you will take back sweet memories of the conference.

The organising Chairman of the conference is Dr. Bhaskaranand Kumar and the organising secretary is Dr. Anil K. Bhat.

We look forward to your active participation and support for this event.

Sincerely yours
Dr. Anil Bhat
Organising Secretary, ISSH 2011



**IFSSH &
IFSHT**
INDIA 2013

Preparations are going on for the Combined 12th Triennial Congress of International Federation of societies for Surgery of the Hand (IFSSH) and 9th Triennial Congress of the International Federation of Societies for Hand Therapists (IFSHT). - New Delhi - 4th to 8th March, 2013

MESSAGE FROM IFSHT PRESIDENT

IFSHT Program Planning for the Combined IFSSH / IFSHT Triennial Meeting in New Delhi, March 2013.

By Lynne Feehan, PhD, PT and Joy MacDermid, PhD, PT (Canada). Co-Chairs, IFSHT 2013 Program Committee.

It is hard to believe that we are only 15 months away from this exciting event. As the co-chairs of the IFSHT International program committee for the IFSHT New Delhi meeting in March of 2013 we are pleased to have had the opportunity to working collaboratively with Drs Raja Sabapathy and Santosh Rath over the past few months in the planning of this meeting. Of course, integral for the planning of such an event is utilizing the experience and expertise provided by our committee members, who are Roma Bhopal (UK), Cecilia Li (Hong Kong), Rosemary Prosser (Australia), Birgitta Rosén (Sweden), Stacey Doyon (USA), Sue Michlovitz (USA), Terri Skirven (USA) and Hemant Nandgaonkar (India) the current IFSHT Delegate for India who is acting as the in-country liaison on this committee.

To date we have be able to define the overall program structure and likely themes and faculty for the meeting; with the plan to have the final program plan and themes in place by January 2012. The 3-day therapist program plan will include one day of combined programming with the surgeons. However, as with all joint IFSSH / IFSHT meetings all sessions will be open to all participants. The structure for the therapist programming will be larger plenary sessions in the morning with presentations and panel discussions on selected topics, with the afternoons having more focused concurrent smaller group interactive sessions and 'hands on' workshops. Scientific papers will be integrated into the sessions and there will also be interactive poster sessions during the breaks with

guided tours and informal discussions of the posters with the authors present.

In our travels to various countries over the past few months, it is very clear that many therapists from all over the world are looking forward to coming to New Delhi in March of 2013 for the joint IFSSH / IFSHT triennial meeting. We are sure this meeting will prove to be an exceptional shared learning experience for hand surgeons and hand therapist alike, but equally important, this will be a unique opportunity for us all to come and experience the wonderful hospitality offered by ISSH in a culturally diverse and historical country such as India . . . this will definitely be a meeting to remember.



Joy MacDermid,
Co-Chair IFSHT 2013 Programme Committee and
Santosh Rath,
Chairman IFSSH 2013 Scientific Committee
met in Oslo during the FESSH meeting, May 2011 .

OBITUARY

Professor Ambrose James Selvapandian (Dr A J Selvapandian or Prof AJS as he was called) passed away on the morning of 01 April 2011. He was 88 years old at the time. Dr Selvapandian was the founder member of ISSH.

He was a colleague of Dr Paul Brand since joining CMC Vellore in 1951. He was engaged in Dr Brand's pioneering work of reconstructive surgery and rehabilitation of the leprosy disabled at CMC Hospital Vellore and several centers in the country. He took over as Professor & Head of the Department of Orthopedics and Leprosy Reconstructive surgery after Dr Paul Brand left to NHDC Carville, Louisiana, and USA. Prof AJS retired from CMC Vellore on 14 February 1982 after service of 31 years. He was awarded the prestigious BC Roy award.

Besides his engagement with trauma, infections and spine in general Orthopedics he was avidly interested in Hand surgery, largely in reconstructive surgery for leprosy disabled and post poliomyelitis residual deformity. He conducted Annual Refresher courses in Leprosy Reconstructive surgery at CMCH Vellore for medical graduates and technical staff. He pioneered the Mobile Surgical Programme wherein he periodically took teams to far lying and remote centers and performed reconstructive surgery. He was a Member of the Working group on Poliomyelitis deformity and correction set up by the DHGS. He was appointed by WHO in the late 1970's and visited several Institutions in India, to teach and demonstrate surgery and rehabilitation. He had a healthy respect for all his contemporaries in India during his time at CMC Vellore. The earliest orthopedic postgraduates of CMC Vellore remember him for his patience, skill, and compassion towards patients besides his common sense approach to the most complex problems of that time.

The ISSH and IOA has lost a remarkable man and a highly regarded surgeon in the country who pioneered and propagated reconstructive surgery and rehabilitation.

Contributed by Prof. George Anderson

Executive Council Meeting

The EC meeting will be held on the Thursday 24th of November at 9 pm
in the Board Room of The Express Inn Hotel.

Annual General Body Meeting

The Annual General Body Meeting of ISSH will be held at the main hall of the conference
at 6 pm on 26.11.2011

Suggestions for addition in present ISSH constitution to improve functioning of ISSH

1. Introduction of Secretary elect.
2. Ganga Hospital to function as permanent secretariat office and hold all documents of ISSH.
3. Secretary elect and past secretary to be part of EC.

Notice for Elections

Members are informed that there will be elections for the following posts

1. Secretary and treasurer
2. Two posts for Executive Committee.

Please send your nominations to the secretary ISSH before 20th of November.
handsurgery.rath@gmail.com

This is an official newsletter of
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