

Indian Society for Surgery of the Hand

October 2010



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Dr. T. Chandraprasam

Vice President

Dr. S. Raja Sabapathy

Secretary & Treasurer

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President ISSH message



Dear Colleagues,

It is really a pleasure to interact with you through this news letter. Currently, Indian Society for Surgery of the Hand is playing a significant role in creating awareness among the younger surgeons about the Hand Surgery specialty and the importance of establishing more and more specialized hand surgery centres. Our society is more concerned with organizing CME programme in the peripheral centres to benefit the younger orthopaedic and plastic surgeons who have a special interest in Hand Surgery. The society is also taking positive steps to encourage our surgeons to produce publications in the Indian as well as international journals.

Con't..d //P2

Secretary ISSH message



Dear Colleagues,

This is an opportunity to update you with all the activities of the Society since the successful Delhi meeting in December 2009. We have 23 new applications for life membership of ISSH. Revision of membership details specially the e-mail IDs is urgently required so that the members and the executive can have frequent communication. Issues are debated only once a year during the AGM and we are always in a rush to complete routine business of the Society. Discussions through an internet platform can increase member's participation in the activities of the society. Please check your personal

Con't..d //P2

President's message continued...

We have two important events ahead. Dr. Raja Sabapathy has taken necessary steps for our effective participation in the IFSSH 2010 Congress to be held in Seoul from 31st October to 4th November 2010. I am sure this large participation will lay a strong foundation for the success of IFSSH 2013 Congress which is being organized by Indian Society for Surgery of the Hand. It is the duty of each and every member of our society to lend their support to the organizing committee of this prestigious event to make it a big success. The second important event is our 34th Annual Conference to be held in Nashik on 26th, 27th and 28th of November 2010. Dr. Vijay Kakatkar, the organizing chairman and Dr. Rajendra Nehete, the organizing secretary and their team have prepared an interesting scientific programme with stimulating debates, workshop and symposia. Let us participate in this national meeting in large numbers and take active part in the deliberations.

With Regards


Dr. T. CHANDRAPRAKASAM

Secretary's message continued...

entries in the ISSH membership directory at www.isssh.org and send corrections of address or e-mail ID to issshsecretary@gmail.com.

Dr. Rajendra Nehete has sent by post the brochure for the 34th Annual meeting of ISSH to be held in Hotel Express Inn, Nashik from 26-28th November. Dr. Nehete is an able organizer and has arranged meticulously the scientific sessions and the social events. Prof. Alain Gilbert from Paris will deliver the Prof. R Venkataswami Oration and Dr. Lim Beng Hai from Singapore will deliver the Prof. BB Joshi Oration. In addition we have Dr. Zulfikar Rahimtoolla, Hand Surgeon from Reading, UK and Dr. Alex Muset from Barcelona, Spain as overseas faculty. Dr. Nehete has made great efforts to invite Ms. Margareta Persson, Hand Therapist from Sweden to Nashik. Margareta is a committed teacher and is the immediate past President of International

Federation of Societies of Hand Therapists (IFSHT). She will conduct the therapist programme during the meeting. I request you to sponsor your therapist in large numbers to attend the meeting in Nashik.

In addition to the scientific sessions, participants will enjoy the beauty of the city and its surrounding and is a must for those desiring to visit the holy shrines. The vineyards will be an attraction for those seeking rejuvenation. Please send your registrations and abstracts early so that necessary arrangements can be made.

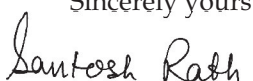
As discussed last year, promising papers presented at the meeting from this year onwards will be provided support till publication. These presentations can also be a potential paper for the International Federation of Societies for Surgery of Hand (IFSSH) 2013 meeting. I request you to submit good abstracts so that we have enough time to work on it for the next 2 years, in time for the abstracts submission for the 2013 IFSSH meeting.

Dr. Raja Sabapathy has written a detailed report regarding the IFSSH Delhi meeting in 2013. He went to Orlando during IFSHT meeting to encourage Hand Therapists to attend the Delhi meeting in large numbers. We need strong participation of IFSHT members to make the combined meeting a success. I request ISSH members to encourage their therapists to enroll into ISHT so that we have a presentable Indian Hand Therapists' presence during the combined meeting in 2013.

The editor of Indian Journal of Orthopedics, Prof. Anil Jain has agreed to publish a Hand Surgery supplement, provided sufficient numbers of original articles are submitted. All submissions will be peer reviewed. The theme of the first supplement will be Brachial Plexus injuries. Members are requested to write about their experience on adult and pediatric brachial plexus injuries. The supplement will also include articles on other aspects of Hand.

I look forward to receiving you all in Nashik. Wish you all a pleasant and safe journey.

Sincerely yours


Dr. SANTOSH RATH

Minutes of ISSH Executive Committee Meeting in New Delhi on 03/12/2009

The second ISSH Executive committee (EC) meeting was held in New Delhi on 03/12/2009. The following members were present

Dr. T Chandraprakasam, President ISSH

Dr. S Raja Sabapathy, Vice President ISSH

Prof. G Balakrishnan, ISSH Trust Managing Trustee

Dr. Santosh Rath, Secretary & Treasurer ISSH

Dr. Bharath K Kadadi EC member

The President ISSH presided over the meeting and the following issues were discussed

1. Renewal of ISSH website. The site is managed by Ganga Hospital, Coimbatore and a sum of Rs 2500/ (rupees two thousand five hundred only) was sanctioned for renewal of the site.
2. The Robert Acland - S & T Overseas Travelling Fellowship was awarded to Dr. Jagannath Kamath.
3. The fellowship amount of Rs.1,00,000/ (One Lakh only) is to be disbursed in the following manner. Rs 50,000/ (fifty thousand) is to be paid as advance before the start of travel and the remaining amount to be paid after completion of travel and on presenting the report to the Annual General Body.
4. The Ethicon Travelling fellowship. There was one application for the fellowship. Considering the difficulties of reimbursements by Johnson & Johnson, the fellowship was not awarded for the year 2010.
5. The money for the Robert Ackland - S&T Travelling Fellowship (Rs.1,00,000/- per year) will be paid by the Managing Trustee from the Trust fund. Only the medallions for the orations will be provided from the Trust fund.
6. The executive unanimously voted for Prof Balakrishnan to continue as managing trustee until 2013.
7. Members agreed to the proposal of a special supplement of Hand Surgery in Indian Journal of Orthopedics (IJO). The ISSH Secretary was authorized to hold discussion with the Editor of IJO, Prof .Anil Jain and proceed.
8. Two EC members, Dr. Bharath K. Kadadi and Dr Hari Venkatramani finished their two year term. The members thanked them both for their participation and contribution to the ISSH. Elections for the two posts were announced.
9. Dr Chandraprakasam handed a cheque of Rs.15,000/ to Treasurer as the balance of the ISSH Koidaikanal meeting in 2007.
10. The accounts from the Bangalore meeting were not received by the Secretary. Dr Anantharam, chairman Organizing Committee of the combined meeting at Bangalore was reminded to submit the same as soon as possible.

The meeting was closed with the Secretary ISSH thanking the members for participating in the meeting and for their contribution.

Minutes of Annual General Body Meeting of ISSH held on 5th November 2009 in the conference hall of the USI campus, New Delhi

The meeting was presided by ISSH president Dr. T Chandraprakasam.

Secretary & Treasure of ISSH Dr Santosh Rath presented his report and accounts and expenses for the year 2009. The accounts were passed by the members of the AGM.

The Secretary also read the ISSH Trustees report and the minutes of the EC.

The President ISSH announced the award of Robert Ackland - S&T Travelling Fellowship to Dr. Jagannth

Kamath. The criteria for selection were debated by the members. Guidelines for selection to be developed and the decision of EC will be final.

The Ethicon Fellowship: The funds for the fellowship had been discontinued due to delay/ non submission of previous year's fellows. Dr Ravi Gupta Ethicon fellow for 2009 was informed about the situation. No further Ethicon fellowship awards from 2010.

Honorary Member of ISSH: New category created. Criteria to be defined.

Overseas Members: Govt. Of India Regulation regarding overseas members was discussed and Past President Dr. Anantharam suggested review of FERA regulation prior to receiving foreign exchange.

To develop guidelines for conducting Annual ISSH meetings.

Secretary ISSH reported his discussions with Editor of Indian Journal of Orthopedics regarding an annual Hand Surgery Supplement of IJO. The house agreed to the idea and advised the Secretary to proceed with the publication with no financial support of ISSH.

Dr. Raja Sabapathy gave an update of the IFSSH meeting in Seoul and encouraged members to attend in large numbers. He also read a detailed report on the developments of IFSSH meeting in New Delhi in 2013.

Dr.Krishnamoorthy spoke at length regarding the need for MCI recognition of Hand Surgery as a specialty. Prof. P. Kotwal offered to look into the matter in Delhi.

Dr.Hari Venkatramani and Dr Bharat Kadadi finished their 2 year term in the EC. The house thanked them for their contribution as EC members of ISSH.

Dr.Vikas Gupta and Dr. Prem Bhandari were elected to the ISSH executive council for 2 years.

Dr.Rajendra Nehete presented the arrangements for the 2010 ISSH meeting in Nashik.

The meeting was adjourned with thanks for the organizers of the ISSH meeting in Delhi.

ISSH ORATIONS 2010

Prof R.Venkataswami Oration "Achievements, difficulties and perspectives of the treatment of congenital hand anomalies"



Professor Alain Gilbert

Director University Diploma of Hand Surgery Saint-Antoine, Paris

Director, University Diploma of Microsurgery

Professor Gilbert has commendable contribution to Hand & Microsurgery, especially his work on Obstetric palsies. He has written innumerable papers and books on the management of Brachial Plexus injuries.

Prof. B. B. Joshi Oration "Role of toe transfer in the Hand Reconstruction"



Dr Lim Beng Hai

Adjunct Associate Professor

Department of Orthopaedic Surgery (National University of Singapore)

Director and Senior Consultant Hand Surgeon (Centre for Hand and Reconstructive Microsurgery (CHARMS), Mount Elizabeth Medical Centre Singapore)

Dr Lim Beng Hai has research interests in Distal Radial Ulnar Joint, flexor tendon repairs and training and certification in microsurgery. His publications include some of his innovative surgical techniques are recognized by the international hand surgery community.

35th ISSH Meeting 2011 : Manipal

Dr. Bhaskarand Kumar will be the Organizing Chairman

Members are requested to send their bids to host 2012 and 2013 ISSH annual meetings.

Hand Therapist Programme



Our commitment to develop Hand Therapy in India is on track. Through collaboration with IFSHT, Pragaya Singh & Hemant Nandgaonkar attended the IFSHT meeting in Orlando and presented a Poster. As a part of our endeavour to have combined meeting of ISSH and Hand therapists this year Dr. Nehete has offered a subsidized Registration fee of Rs 1000/ for the entire meeting. We have invited Margareta Persson a leading Hand Therapist from Sweden to conduct workshops and lecture to the therapists. There will be a day long workshop on the 26th and separate sessions for the therapists during the meeting. I request all the ISSH members to sponsor at least one therapist to the meeting so that we have a strong Indian Hand Therapists' presence during the combined 2013 IFFSH-IFSHT meeting.

Dr Robert Acland - S & T Overseas Travelling Fellowship

The Robert Acland-S&T overseas traveling fellowship is intended for senior ISSH members who have shown a commitment to Hand surgery and are will be capable of projecting Indian Hand Surgery in an international forum. The ISSH thanks Dr Acland

and Mr. Markus Spingler of S & T for making it possible. The condition of the award is given below.

Fellowship Guidelines

1. Each year one candidate will be chosen for the Fellowship and it carries an award of Rs. One Lakh
2. The awardee must have done considerable work in Hand Surgery and must serve as an ambassador for Indian Hand Surgery.
3. The applicant must have been a member of the ISSH for at least 7 years
4. He must have attended at least 3 annual meetings of the Indian Society for Surgery of the Hand in the past 7 years.
5. The fund could be utilized by the Fellow for attending an International Hand & Microsurgery meeting to present a paper and / or spend a few weeks in a reputed centre with prior concurrence of the Executive Committee of the Indian Society for Surgery of the Hand
6. 50 % of the sum would be made available for the candidate before the departure. On completion of the Fellowship, the Fellow must send in a report to the Secretary, ISSH to become eligible for the disbursement of the remaining amount.
7. The Overseas Traveling Fellow will make a presentation about his experience in the subsequent annual meeting when the award will be given during the Inaugural Ceremony.
8. The selection of the fellow will be done by the Executive Committee of the Indian Society for Surgery of the Hand.

The second Dr Robert Acland - S & T Overseas Travelling Fellowship award will be available in 2011 and the applications should be sent to the Secretary, ISSH by e-mail by 15th November 2010

Basic Hand Courses of the Indian Society for Surgery of the Hand

The Bureau of Indian Society of Surgery for Hand for Medical Education (BISSHME), which is the academic wing of Indian Society of Surgery for Hand (ISSH) under the chairmanship of Dr. Bhaskarananda Kumar, has been conducting hand courses at various parts of our

country. This is to encourage young surgeons to develop interest in the specialty of hand surgery and deliver acceptable levels of care to hand injury patients.

The total programme involves basic courses followed by advanced and super speciality courses. 10 basic

courses have already been conducted at various places in the country and about 850 people have been benefited from this course until 2009. The following 3 courses were conducted in 2010

1. Gangaram hospital, New Delhi in April.
2. Bangladesh in May for their Hand society and
3. For College of Surgeons, Sri Lanka in August.

Those doctors who have diploma or masters degree in General Surgery, Orthopedics or Plastic Surgery are eligible to attend the course. This is basically for the young surgeons who are likely to take up this specialty as their future. Senior postgraduates may also be allowed to attend. However to attend the future advanced courses, they need to complete their degree or diploma. The organizers need to gather about 50 - 80 delegates. The course is for 2 days

Hand Surgery Supplement of Indian Journal of Orthopedics

Call for original Papers for publication

Members are requested to submit their original research articles, clinical experience, case reports to the Secretary ISSH by 31st December 2010. All submissions will be peer reviewed as per the norms of IJO. The supplement will have a theme on Brachial plexus Injuries and their management in India. Papers and case reports on other aspects of hand, peripheral nerve injuries, microsurgery related to hand will also be accepted. I request participants presenting papers at Nashik to begin writing a full length paper for this supplement. The secretariat will provide assistance for promising papers.

Subscription to JHS (European & British vol)

We have a special subscription rate for the members Rs 5000 (compared to normal individual subscription fees of around Rs 17000). Only 10 members availed this offer in 2010. Unless there is an increase in the subscription numbers, it will not be feasible to continue this arrangement. Please send the amount by a draft drawn in favor of 'Indian Society for Surgery of the Hand' payable at Coimbatore to Dr S Raja Sabapathy, Ganga Hospital, 313, Mettupalayam Road, Coimbatore - 641043. If you are sending a cheque please make the value to Rs 5100. Please send the request early, at least by 31st December so that we can send all the requests together in the first week of Jan 2011.

(preferable Saturday and Sunday) and includes lectures, video demonstrations and a lot of interactive sessions. The course topic list will be sent in advance with faculty names for printing a course brochure. The delegates need to be given a working lunch. There is no need to spend on compliments. Just a writing pad and pen would suffice.

About four faculties will be selected by the BISSHME and their travel and accommodation needs has to be looked after by the organizers. A good audiovisual system is a pre requisite for conducting the course smoothly. The organizers are also requested to arrange if possible, for a local neurologist to talk on electro-diagnostic studies. Standard feedback forms will be distributed at the end of the course along with course certificates.

Message from the Organizing Secretary of 34th ISSH Meeting Nashik

Dear Colleagues,

It is a privilege to invite you to participate in the 34th Annual Conference of Indian Society for Surgery of the Hand, in one of the most happening city of the Maharashtra State, Nashik. The meeting is planned in the last weekend of November when the winter falls and Nashik is like a hill station.

Nashik, a holy city situated on the banks of river Godavari, also called as Ganges of south, is sought after destination for the pilgrimage. It is one of the industrial hubs in this region and famous for its grapes & wines all over India and abroad.

We will have live operative workshop on first day followed by conference. We have meticulously planned the academic programme aimed at reinforcing basic knowledge & skills with the recent advances as well. The renowned International and the National faculty will enable you to stay at the cutting edge of the research and go get even with the long pending updates. The scientific sessions are planned to benefit the Plastic Surgeons as well as Orthopaedic Surgeons.

Alongwith academics you will definitely enjoy the warm hospitality, delicious food and enviable ambience of Nashik. We are looking forward to welcome you at Nashik. We will see to it that all of you are comfortable and enjoy every moment of the conference.

Sincerely yours

Dr. Rajendra Nehete

Organising Secretary, ISSH 2010



**IFSSH &
IFSHT**
INDIA 2013

Preparations for the Combined 12th Triennial Congress of International Federation of Societies for Surgery of the Hand (IFSSH) and 9th Triennial Congress of the International Federation of Societies for Hand Therapists (IFSHT). - New Delhi - 4th to 8th March, 2013.

I am very happy to inform you that considerable and satisfactory progress has been made towards hosting the grand event of Hand Surgery in our country. As announced earlier this will be a combined congress of surgeons and therapists. This year the Triennial Congress of IFSHT was held at Hotel Caribe Royale Resort, Orlando, USA from 24th to 26th June, 2010. We put up a welcome booth on behalf of the ISSH. Dr. S. Raja Sabapathy gave a presentation at their Executive Council, welcoming the delegates and visitors and a 6 minutes DVD prepared exclusively for the occasion was played at the closing ceremony. Many therapists evinced keen interest to come to our meeting and I am sure it would be a great meeting.

Plan it Division of M/s. Creative Travels have been chosen as the Event Managers for the Congress. Mr. Rohit Kohli and Mr. Rajeev Kohli, Managing Directors and Ms. Raji Gomber, Deputy General Manager - Sales did a considerable ground work for setting up of the booth at Orlando. Ms. Raji Gomber was personally present at the booth throughout the meeting. With the courtesy of the Organizing Committee, we had a full page advertisement in the Programme book and the copy of which can be seen at the website.

Now, we need to concentrate on welcoming and putting up a good show at the Triennial Congress of IFSSH at Seoul from 31st Oct to 4th Nov. 2010. As hosts of the next congress we need to be present in good numbers.

The logo for the congress has been finalized. The hand is in a posture which in Indian mythology is called Chin Mudra, which would symbolize mentoring, learning teaching and has got wider and deep meaning, it is placed on lotus, the national flower of India and it also symbolizes peace and happiness. We wish every delegate lot of learning, peace and happiness. We have both the IFSSH and IFSHT in a bold format and it says INDIA 2013. We did not want more information like New Delhi and the dates to cloud the logo. We want people to register India and 2013 in the mind

Let all of us join together and make this grand event of Hand Surgery an event to be remembered. Let us welcome the delegates to our Incredible India.

Dr S Raja Sabapathy
Organizing Chairman,
Combined Congress - IFSSH & IFSHT 2013.



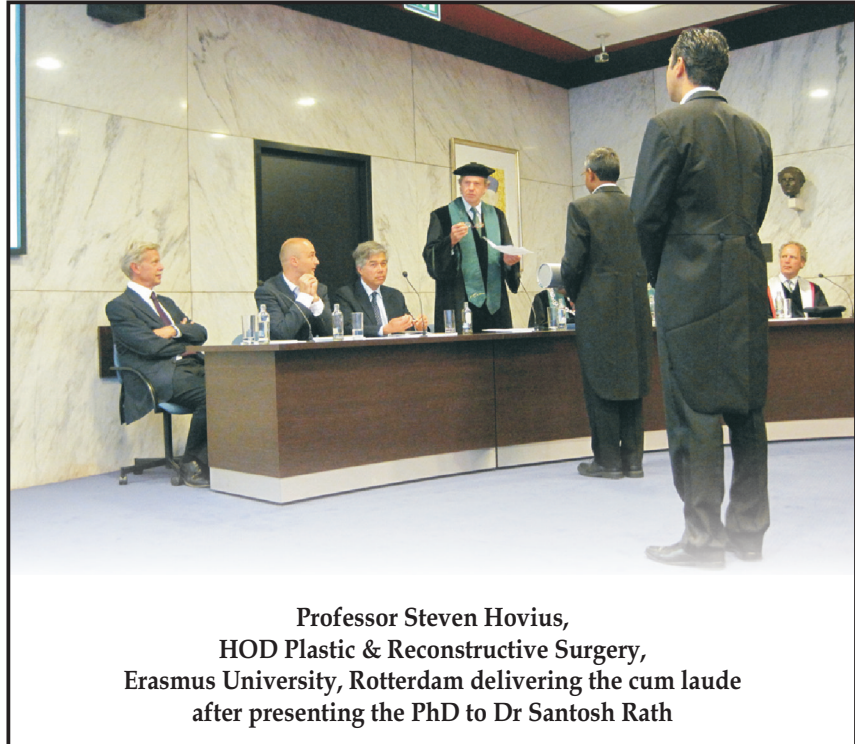
Promotion stall for Combined IFSSH & IFSHT meeting New Delhi 2013 at the IFSHT Meeting in June 2010, Orlando, USA. Dr Raja Sabapathy and Ms. Raji Gomber Deputy General Manager - Sales, Plan it Division of M/s. Creative Travels (event managers for 2013 meeting)

Achievements

Dr Santosh Rath was awarded a PhD by the Erasmus University, Rotterdam on 4th June 2010 after a successful public defense of his Doctoral thesis on "Early Active Mobilization of Tendon Transfers." The research consisted of developing the concept of Early Mobilization of Tendon transfer, application for common tendon transfers to the hands and feet and Randomized Clinical Trials (RCT) comparing Early Mobilization to Immobilization of tendon transfers. The research established that Early Mobilization of Tendon Transfers reduces treatment time by 40% with no added risk of tendon insertion pullout. The RCT demonstrated that the final results

of Early Mobilization were similar to immobilization of tendon transfers. Professor Steven Hovius, HOD Department of Plastic & Reconstructive Surgery, Erasmus University and Professor H. J. Stam HOD Department of Physical Rehabilitation, Erasmus University were the promoters.

The full thesis, a monograph consisting of the five published papers including the RCT is available through this open access portal of Erasmus University, Rotterdam. <http://hdl.handle.net/1765/20520>



**Professor Steven Hovius,
HOD Plastic & Reconstructive Surgery,
Erasmus University, Rotterdam delivering the cum laude
after presenting the PhD to Dr Santosh Rath**

Executive Council Meeting

The EC meeting will be held on the Thursday 25th of November at 7 pm in the Seminar Hall of Nehete Hospital.

Annual General Body Meeting

Annual General Body Meeting of ISSH will be held at the Conference Hall of the Express Inn Hotel on the Saturday the 27th of November from 6.30 pm. Members are requested to inform the secretary in advance of any issues that they want to be included in the Agenda

Notice for Elections

Members are informed that there will be elections for the following posts

1. Vice-president of ISSH
2. Two posts for Executive Committee.

Please send your nominations to the secretary ISSH before 15th of November

This is an official newsletter of

Indian Society for Surgery of the Hand

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